

National Centre for Education and Training on Addiction (NCETA) and Family Drug Support (FDS)

Walking a Tightrope

Alcohol and other drug use and violence:
A guide for families



Alcohol- and Other Drug-related Violence

Alcohol and other drug use and family violence often occur together. Families already coping with a family member who uses alcohol and drugs can also be exposed to violent behaviours.

Living with a family member who uses alcohol or other drugs and who is violent can be frightening. It can feel like walking a tightrope. Specialist support and medical attention may be helpful.

This guide may also help you develop strategies to take care of yourself and your family.

Invite you to FREE Workshop on Walking a Tightrope

Walking a Tightrope is a comprehensive resource for people who have a family member who uses both alcohol and other drugs (AOD) and violence in their relationships.

Fiona McCormack, CEO, Domestic Violence Victoria will give the opening address at the workshop which commences at:

1.30pm, Tuesday 15 April, 2014

**Victoria Room, 4th Floor Queen Victoria Women's Centre
210 Lonsdale St, Melbourne, 3000**

This interactive FREE workshop will cover:

- why the resource was developed
- the prevalence of co-occurring AOD use and family violence
- the challenges of working with AOD and family violence
- how the resource can be used in a range of situations
- strategies and guidance on working with clients with co-occurring AOD and family violence issues.

To book please RSVP by email to nceta@flinders.edu.au indicating attendance at the Melbourne workshop by 7 April, 2014.

Please include the name, organisation and phone number of all attendees.

Walking a Tightrope Workshop Presenters:

Tony Trimmingham OAM, CEO, Family Drug Support. Tony is the CEO of FDS an organisation he founded to assist families after the fatal overdose of his son Damien. FDS is primarily a volunteer organisation that supports families affected by AOD problems.

Michael White, Senior Project Manager - Workforce Development, NCETA. Michael has more than 20 years' experience in the community sector implementing workforce development strategies.

Electronic copies of the resource may be downloaded from the NCETA website: www.nceta.flinders.edu.au

Order hard copies by email from nceta@flinders.edu.au, by phone on 08 8201 7535, or fax 08 8201 7550, or on the web at nceta.flinders.edu.au/nceta/publications-and-presentations/order-publications/ or through Family Drug Support at www.fds.org.au

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