



Indigenous Worker Wellbeing

Case Studies

Instructions

Please read the case study below, and then in your group, look at the questions at the end and record the group's thoughts on butcher's paper, so your group can then share their ideas with the rest of the workshop participants.

Case Study 1

A male Aboriginal Health Worker (AHW) in a remote community had recently been to 2 after-hour callouts in which several community members had been seriously injured. Two of his non-Indigenous colleagues had complained to management that the worker had been rude to them when they had asked him why some of his administration work hadn't been done.

When management spoke to the AHW they heard the following concerns from him:

He feels that all of his daily work revolves around dealing with trauma and crisis or administrative tasks, and that he has little opportunity to sit with community to talk to them about how things are going, or to organise community events.

He also felt that the non-Indigenous workers had been unsupportive and disrespectful to him. In particular, he believes that they lack an understanding of his links to community and how events in the community can impact on him both personally and professionally.

The worker further stated that he felt burnt out and thinks that he should leave the organisation and health work altogether.

Questions

Thinking about what steps could be taken to help improve the situation so that the male AHW does not leave his job, please discuss the following questions:

1. What could his colleagues do?
2. What could management do?
3. What could the organisation do?
4. What else could be done?

**Feeling
Deadly,**
*Working
Deadly*



