

# AOD worker health and wellbeing

Australia's Alcohol and Other Drug (AOD) Workforce Survey 2019 – 2020

NCETA was contracted by the Australian Government Department of Health to undertake a national survey of the AOD workforce, the first national survey for over 10 years. The 2019-2020 National AOD Workforce Survey addressed key workforce planning and development issues. Data was collected from 1506 workers in the AOD workforce from August 2019 to February 2020. This infographic summarises key findings on AOD worker health and wellbeing. Other infographics in this series address the AOD workforce profile and working conditions, opportunities and challenges in the AOD sector.

Infographic citation: Skinner, N., McEntee, A. & Roche, A. (2020). 'AOD worker health and wellbeing' Infographic. Australia's Alcohol and Other Drug (AOD) Workforce Survey 2019 – 2020. Adelaide, South Australia: National Centre for Education and Training on Addiction (NCETA), Flinders University.

## Satisfaction: with job & AOD sector

81%

of workers were **satisfied** with their **job**

74%

of workers were **satisfied** with working in the **AOD sector**



## Work demands & support

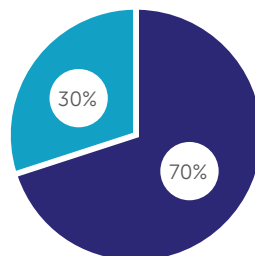
58%

felt **constant time pressure** due to heavy workloads



70%

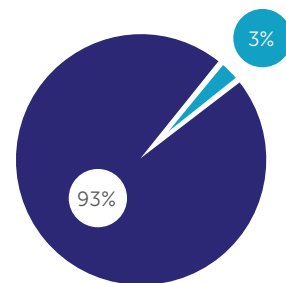
received **adequate support** in difficult situations



● Adequate ● Inadequate

93%

found their **work meaningful**



● Meaningful ● Not meaningful

The full National Survey Report and summary infographics can be accessed at <http://nceta.flinders.edu.au/index.php?cid=702>, containing summaries of broad trends and themes, pending full publication of data comprising in-depth analyses.

Report citation: Skinner, N., McEntee, A. & Roche, A. (2020). Australia's Alcohol and Other Drug Workforce: National Survey Results 2019-2020. Adelaide, South Australia: National Centre for Education and Training on Addiction (NCETA), Flinders University.

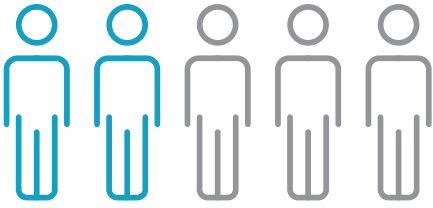
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# Working time

2 in 5

worked **overtime** at least **weekly** (41%)



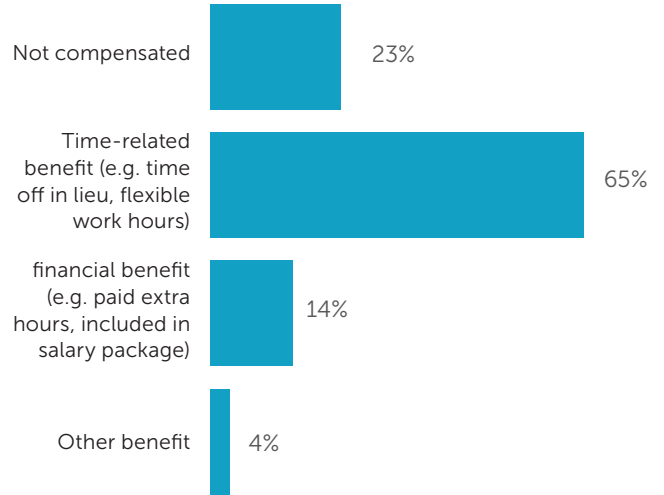
2 in 3

had access to **flexible work time** to meet their needs (63%)



23%

were **not compensated** for their overtime in any way



# Mental health at work

93%

were **confident in their capacity** to do their job

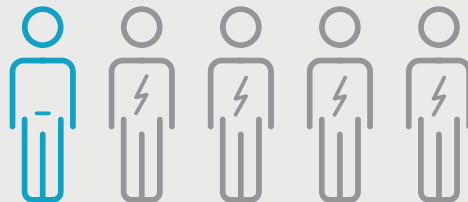
3 in 4

were **enthusiastic about their job** (74%)



1 in 5

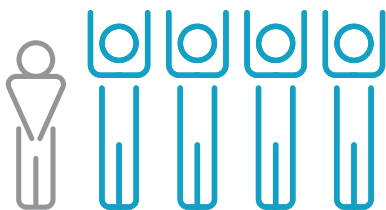
usually felt **exhausted at the start of a work day** (21%)



# General health

4 in 5

reported good, very good or excellent **general health** (82%)



81%

reported good or very good **quality of life**

