NCETA was contracted by the Australian Government Department of Health to undertake a national survey of the AOD workforce, the first national survey for over 10 years. The 2019-2020 National AOD Workforce Survey addressed key workforce planning and development issues. Data was collected from 1506 workers in the AOD workforce from August 2019 to February 2020. This infographic summarises key findings on AOD worker health and wellbeing. Other infographics in this series address the AOD workforce profile and working conditions, opportunities and challenges in the AOD sector.


Satisfaction: with job & AOD sector

81% of workers were satisfied with their job
74% of workers were satisfied with working in the AOD sector

Work demands & support

58% felt constant time pressure due to heavy workloads
70% received adequate support in difficult situations
93% found their work meaningful


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Working time

2 in 5 worked overtime at least weekly (41%)

23% were not compensated for their overtime in any way

2 in 3 had access to flexible work time to meet their needs (63%)

Mental health at work

93% were confident in their capacity to do their job

1 in 5 usually felt exhausted at the start of a work day (21%)

3 in 4 were enthusiastic about their job (74%)

General health

4 in 5 reported good, very good or excellent general health (82%)

81% reported good or very good quality of life