

Websites of Interest

Indigenous Alcohol and Other Drug (AOD) Workers' Wellbeing, Stress and Burnout

This flyer is designed to provide workers with a *starting point** for accessing information about Indigenous health and/or the alcohol and other drug field. The websites listed are nationally based organisations or services and provide a rich source of information to assist both new and experienced workers. Some websites offer free health promotion resources such as pamphlets and DVD's to share with clients, others list professional development opportunities such as workshops, TAFE and university courses, whilst others provide opportunities for sharing knowledge and experience with others via internet newsletters and discussion groups.

* This is not intended to be a comprehensive list of websites.

Website of interest

Help that these websites can provide

Australian Indigenous HealthInfoNet
www.healthinfolnet.ecu.edu.au

- Subscribe to email 'e-message stick' or topic 'yarning places'
- Search for current Indigenous health courses and training opportunities
- Access resources on substance misuse, chronic conditions, road safety, workforce development and other topics
- Search the HealthBibliography database for Aboriginal and Torres Strait Islander health books, fact sheets, conference papers, government reports and more
- Free access to the peer-reviewed journal *Australian Indigenous HealthBulletin*

National Indigenous Drug and Alcohol Committee (NIDAC)
www.nidac.org.au

- Subscribe to NIDAC Weekly News email
- Link to useful websites including state and territory drug and alcohol services, national research centres, etc.
- Download NIDAC reports and publications

Australian Government Department of Health and Ageing
Alcohol: www.alcohol.gov.au
Tobacco: www.quitnow.info.au
Illicit Drugs: www.drugs.health.gov.au

- Search for government publications
- Download research documents
- Order free health promotion resources
- Find out further information about alcohol, tobacco and illicit drugs

Auseinet
www.auseinet.com

- Free access to the *Australian e-Journal for the Advancement of Mental Health*
- Link to mental health websites
- Access suicide prevention resources
- Subscribe to fortnightly email news alert

Cooperative Research Centre for Aboriginal Health (CRCAH)
www.crcah.org.au

- Subscribe to *Gwalwa-Gai* (every 2 months) and *CRCAH Bulletin* (fortnightly) e-newsletters
- Search for Indigenous research projects being undertaken
- Download or order CRCAH publications
- Search for information about undertaking Aboriginal research and sharing knowledge



www.nceta.flinders.edu.au

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