



NCETA

Australia's National Research Centre
on AOD Workforce Development

Alcohol &
Other Drugs,
Mental Health &
Comorbidity:

AUSTRALIAN TRAINING COURSES DATABASE 2008



Sorted by State

Non-Accredited Courses

Content Area: All

Provider Type: All

Delivery Mode: All

Award Level: All

Indigenous: All

State: All

Australian College of Applied Psychology

Telephone 02 9964 6300
Fax 02 9964 6383
Email <mailto:info@acap.edu.au>
Website www.acap.edu.au

Strawberry Hills

Locked Bag 11, Strawberry Hills
NSW 2012

Alcohol and Other Drugs Counselling

Other

Content Area AOD

Description This module provides students with an introduction to contemporary substance misuse theory and its application in practice. Students learn to: appropriately assess clients with issues involving alcohol and other drugs use; establish effective counselling role limits in such situations; understand the physical and psychological effects of alcohol and other drugs dependency; client referral; and the study of contemporary approaches and methodologies in the treatment and management of alcohol and other drugs issues.

Delivery Mode Internal, External

Duration 2 days

Indigenous

Entry Requirement

Fees \$1385, FEE-HELP is available

Black Dog Institute

Telephone 02 9382 4530
 Fax 02 9382 8208
 Email <mailto:blackdog@unsw.edu.au>
 Website www.blackdoginstitute.org.au

Black Dog Institute, Randwick

Hospital Road, Prince of Wales Hospital, Randwick
 NSW 2031

Bumps in the Road: Recognising and Diagnosing Mood Disorders in Young People

Other

Content Area MH

Description The workshop covers the following topics: The Diagnosis of Mood Disorders aims to empower counsellors and clinicians with a greater appreciation of the complexities of the depression subtypes and a clearer understanding of treatment approaches. The Impact of Stress and Personality Styles in Non-melancholic Depression aims to provide participants with an understanding of the contributions of stress and personality styles to the development of non-melancholic depression. Bipolar Disorder in Young People introduces participants to the current understanding of Bipolar Disorder in children and adolescents. It aims to assist counsellors and clinicians recognising differences between Bipolar Disorder and other conditions. The Role of Medication and Psychological Treatments is designed to educate school counsellors and clinicians about the range of medications used in the treatment and management of mood disorders in adolescents. It also aims to help participants understand differing medications' mode of action, side-effect profiles and possible drug-drug interactions.

Delivery Mode Internal

Duration 1 day

Indigenous

Entry Requirement

Fees \$110

Black Dog Institute

Telephone 02 9382 4530
Fax 02 9382 8208
Email <mailto:blackdog@unsw.edu.au>
Website www.blackdoginstitute.org.au

Black Dog Institute, Randwick

Hospital Road, Prince of Wales Hospital, Randwick
NSW 2031

Demystifying Depression: Managing Depression in General Practice

Other

Content Area MH

Description The program aims to provide general practitioners and GP registrars with an understanding of the Black Dog Institute's model of depression, as well as the necessary tools to manage consultation with patients who present with depression, and the skills to create a Mental Health Care Plan and use item numbers 2710, 2712 and 2713).

Delivery Mode Internal

Duration 1 day

Indigenous

Entry Requirement

Fees Free

Black Dog Institute

Telephone 02 9382 4530
Fax 02 9382 8208
Email <mailto:blackdog@unsw.edu.au>
Website www.blackdoginstitute.org.au

Research and Education Centre, Kogarah

Hospital Road, Prince of Wales Hospital, Randwick
NSW 2271

Troubled Teens: Managing Adolescent Mood Disorders in General Practice

Other

Content Area MH

Description This program consists of an interactive workshop, examining mood disorders in the 12-18 year old age group, and introducing methods of identification and treatment of adolescents with depression within a general practice setting. The workshop will cover: normal adolescent development and strategies for engaging, assessment and diagnosis of unipolar and bipolar depression, appropriate use of medications and psychological interventions, and long term strategies. Participants will be presented with materials relating specifically to the management of adolescent depression, which will be discussed in the context of case management within general practice. Discussion will include analysis of complex factors such as co-morbidity, treatment options and risk taking behaviours.

Delivery Mode Internal

Duration 1 day

Indigenous

Entry Requirement

Fees Free

Central West Community College

Telephone 02 6334 5120
Fax
Email <mailto:training@cwcc.nsw.edu.au>
Website www.cwcc.nsw.edu.au

Bathurst

PO Box 1481, Bathurst
NSW 2795

Mental Health First Aid

Other

Content Area MH

Description This 2 day course will increase your knowledge, skills and your confidence in being able to provide help to both work colleagues and the general community. It is delivered by accredited Mental Health First Aid Instructors. The Mental Health First Aid Program (www.mhfa.com.au) has been found to be effective in improving mental health literacy, reducing stigma and increasing helping behaviours. Through a partnership initiative of the Mental Health and Drug and Alcohol Service of Greater Western Area Health Service and the Central West Community College, it is offered at a considerably subsidised cost. Course participants will receive a manual and certificate of attendance. Morning, afternoon tea and lunch are included.

Delivery Mode Internal

Duration 2 days

Indigenous

Entry Requirement

Fees \$100 GST free

Central West Community College

Telephone 02 6334 5120
Fax
Email <mailto:training@cwcc.nsw.edu.au>
Website www.cwcc.nsw.edu.au

Cowra

PO Box 1481, Bathurst
NSW 2795

Mental Health First Aid

Other

Content Area MH

Description This 2 day course will increase your knowledge, skills and your confidence in being able to provide help to both work colleagues and the general community. It is delivered by accredited Mental Health First Aid Instructors. The Mental Health First Aid Program (www.mhfa.com.au) has been found to be effective in improving mental health literacy, reducing stigma and increasing helping behaviours. Through a partnership initiative of the Mental Health and Drug and Alcohol Service of Greater Western Area Health Service and the Central West Community College, it is offered at a considerably subsidised cost. Course participants will receive a manual and certificate of attendance. Morning, afternoon tea and lunch are included.

Delivery Mode Internal

Duration 2 days

Indigenous

Entry Requirement

Fees \$100 GST free

Central West Community College

Telephone 02 6334 5120
 Fax
 Email <mailto:training@cwcc.nsw.edu.au>
 Website www.cwcc.nsw.edu.au

Orange

PO Box 1481, Bathurst
 NSW 2795

Mental Health First Aid

Other

Content Area MH

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Delivery Mode Internal

Duration 2 days

Indigenous

Entry Requirement

Fees \$100 GST free

Basic Medical Terminology for Mental Health

Statement of Attainment

Content Area MH

Description This course addresses the different medical terms used in a medical environment, with a particular emphasis on mental health terminology.

Delivery Mode External

Duration 2 days

Indigenous

Entry Requirement

Fees \$180 GST free

Centre for Community Welfare Training

Telephone 02 9281 8822
 Fax 02 9281 8827
 Email <mailto:ccwt@acwa.asn.au>
 Website www.acwa.asn.au

Association of Children's Welfare Agencies, Sydney

Locked Bag 13, Haymarket
 NSW 1240

Narrative Therapy and Substance Use

Other

Content Area AOD

Description Participants will experience narrative questioning and externalizing conversations and will have the chance to practice reframing the problem narrative and looking for exceptions to the problem view. Other topics include: a brief overview of narrative theory, understanding the clients lived experience, and the impact of identity and beliefs on the problem narrative.

Delivery Mode Internal

Duration 1 day

Indigenous

Entry Requirement

Fees Cost: \$155, Cost to Members: \$135.

Working with Hectic Street Drug Users

Other

Content Area AOD

Description This two day workshop will enhance the understanding and skills of workers in working effectively with people whose drug use is high intensity and whose presentations can be very challenging. Areas covered include: current street drugs (legal and illegal), their effects and harms; pharmacotherapeutic (drug substitution) treatments; common and uncommon physical and psychological health problems; effective engagement, assessment and psychosocial intervention / counselling strategies; and sub-cultural and lived experience perspectives. During the workshop participants will: Identify relevant forms and types of high intensity drug use, explore windows of opportunity and strategies for engagement, develop practical assessment and counselling strategies, explore the complexities of hectic drug use and the reasons people engage in it and identify strategies to maximise client and worker health and safety.

Delivery Mode Internal

Duration 2 days

Indigenous

Entry Requirement

Fees Cost: \$310, Cost to Members: \$270

Centre for Community Welfare Training

Telephone 02 9281 8822
Fax 02 9281 8827
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Website www.acwa.asn.au

Association of Children's Welfare Agencies, Sydney

Locked Bag 13, Haymarket
NSW 1240

Pharmacology of Substance Abuse

Other

Content Area AOD

Description A basic understanding of pharmacology is essential for working with clients who are using alcohol and other drugs. This course offers an overview of drug classification, overdose and withdrawal, polydrug use and the current forms of pharmacotherapy such as methadone. Individual drug effects are briefly explored as well as how long each drug's effect might be expected to last when used as a 'one of' occasion. Urinalysis results are also briefly explained.

Delivery Mode Internal

Duration 1 day

Indigenous

Entry Requirement

Fees Cost: \$155, Cost to Members: \$135

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 NSW 1240

Working with Coerced Clients

Other

Content Area AOD

Description This 2 day workshop aims to provide an opportunity for participants to identify and practice skills for working effectively with clients involved in diversional programs due to illicit drug related crimes and it focus on principles and techniques for application with clients in both individual and group settings. The training will cover principles of effective interventions, ethics of working with coerced clients, change processes, working with ambivalence, preventing and minimising client aggression and working effectively with clients who relapse. Participants will have the opportunity to: Demonstrate an understanding of the concepts of motivation and ambivalence, identify the stages of change, define the principles of motivational interviewing, identify and practice the skills and strategies involved in motivational interviewing, demonstrate strategies for "Rolling with Resistance", explore strategies for preventing and managing aggressive behaviour, identify principles of relapse prevention, demonstrate techniques for managing lapses and preventing relapses.

Delivery Mode Internal

Duration 2 day

Indigenous

Entry Requirement

Fees Cost: \$310, Cost to Members: \$270

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NSW 1240

Solution Focused Approach to Substance Abuse

Other

Content Area AOD

Description The maintenance of motivation is frequently a problem in working with this population and it is easy for workers to find themselves becoming more enthusiastic than their clients about the changes in their life-style that are seen to be necessary. Using video-taped examples, including one that follows a case over one year (three interviews), this workshop will demonstrate brief and solution-focused techniques that keep the client in charge of their own goals and their own progress and that focus on strengths rather than deficits. In this course, participants will learn an interactional way to understand ambivalence, how to maintain a focus on clients' preferred futures, how to avoid a defiance / compliance struggle, how to help a client set up workable goals and deal with setbacks and a range of practical interviewing techniques.

Delivery Mode Internal

Duration 1 day

Indigenous

Entry Requirement

Fees Cost: \$155, Cost to Members: \$135

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Association of Children's Welfare Agencies, Sydney

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 NSW 1240

Motivational Interviewing (Regional)

Other

Content Area AOD

Description The aim of the workshop is to provide an overview of the theory and practice of motivational interviewing with a particular focus on its application within the clinical reality of the workshop participants. The third day of the workshop allows for the participants to consolidate their learning from the first two days and to reflect on the application of the principles and practice in their workplace. The third day also addresses the principles and practice of working with clients who have relapsed in the process of change. Participants will have the opportunity to: Demonstrate an understanding of the concepts of motivation and ambivalence, identify the stages of change, define the principles of motivational interviewing, identify and practice the skills and strategies involved in motivational interviewing, demonstrate strategies for "Rolling with Resistance", define strategies for working with clients who have relapsed.

Delivery Mode Internal

Duration 2 day

Indigenous

Entry Requirement

Fees Cost: \$310, Cost to Members: \$270.

Cognitive Behaviour Therapy Training for AOD Workers

Other

Content Area AOD

Description learn about cognitive-behavioural strategies in the context of treating clients with alcohol and drug problems.

Delivery Mode Internal

Duration 2 days

Indigenous

Entry Requirement

Fees Cost: \$155, Cost to Members: \$135.

Centre for Community Welfare Training

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 Fax 02 9281 8827
 Email <mailto:ccwt@acwa.asn.au>
 Website www.acwa.asn.au

Association of Children's Welfare Agencies, Sydney

Locked Bag 13, Haymarket
 NSW 1240

Substance Abuse and Violence

Other

Content Area AOD

Description Examine the interactions between alcohol and other drug use and interpersonal aggression. Contemporary research, and practical strategies for reducing and managing violence will be examined.

Delivery Mode Internal

Duration 1 day

Indigenous

Entry Requirement

Fees Cost: \$155, Cost to Members: \$135

Lapse and Relapse

Other

Content Area AOD

Description The workshop looks at: Change. How does human change come about? A framework of principles and practical strategies, stages of change. Borrowed from Motivational Interviewing, this very practical framework can be translated into an easily understood and youth-friendly tool for working with a young person. Expectations and goals. Both our own and those of our clients. What are we aiming for? What is realistic? How can they work for us and not be simply a cause of disappointment? Abstaining or less-harmful use? What is likely to work best for this client? Now and in the future? Therapeutic conversations. How to make use of both formal and informal opportunities to have conversations which encourage choice and being in control of life. Resilience. What does research tell us about what helps people grow strong and bounce back from the hard times? And how can we incorporate these ideas into our work? A framework of well-being as a way for both young people and workers to check on.

Delivery Mode Internal

Duration 1 day

Indigenous

Entry Requirement

Fees Cost: \$155, Cost to Members: \$135.

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 NSW 1240

Substance Abuse and Violence

Other

Content Area AOD

Description Examine the interactions between alcohol and other drug use and interpersonal aggression. Contemporary research, and practical strategies for reducing and managing violence will be examined.

Delivery Mode Internal

Duration 1 day

Indigenous

Entry Requirement

Fees Cost: \$155, Cost to Members: \$135

Personality Disorders

Other

Content Area MH

Description Therapists, counsellors and others working in the mental health and health fields come across a number of difficult clients who act out, resist treatment, harm themselves and often evoke strong feelings of resentment or failure in the therapist. This one day workshop will provide participants with an introduction to the different personality problems. Case demonstrations will highlight the different types of personality problems, such as the emotionally unstable, the dramatic, anti-social, histrionic, dependent, obsessional, paranoid and withdrawn person. Management strategies for these disorders, based on the latest research and practical experience of the presenter will be discussed. Participants will have an opportunity to: Identify the various types of personality problems, develop an understanding of the aetiology of personality problems, develop techniques for dealing with these difficult clients, gain insight into their own psychological reactions towards these clients.

Delivery Mode Internal

Duration 2 days

Indigenous

Entry Requirement

Fees Cost: \$155, Cost to Members: \$135

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Website www.acwa.asn.au

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Locked Bag 13, Haymarket
NSW 1240

Working with Depression

Other

Content Area MH

Description The aim of this two-day workshop is to equip counsellors with the necessary skills to meet these clients in their own space and to hold hope for them until they are able to do so for themselves. It is therefore a basic tenant of this approach to 'be with' clients rather than to 'do to' clients. Participants will have the opportunity to : Develop an understanding of depression from the client's viewpoint, develop knowledge regarding legal, ethical and professional responsibilities in the event of suicidal clients, develop a working understanding of Rational Emotive Therapy, Narrative Therapy, Inner Voice Dialoguing and Systemic Therapy models in the context of depressed clients, develop an understanding of pharmacological intervention and the appropriateness or inappropriateness of antidepressant therapy, develop an understanding of worker self care as a therapeutic tool and increase knowledge of strategies for burnout prevention.

Delivery Mode Internal

Duration 2 days

Indigenous

Entry Requirement

Fees Cost: \$310, Cost to Members: \$270

Centre for Community Welfare Training

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Email <mailto:ccwt@acwa.asn.au>
Website www.acwa.asn.au

Association of Children's Welfare Agencies, Sydney

Locked Bag 13, Haymarket
NSW 1240

Demystifying Mental Illness

Other

Content Area MH

Description This one day workshop is aimed at demystifying mental illness for people who haven't been trained in the area but encounter the mentally ill in their work. It aims to provide some easy to understand definitions, how to spot a mental illness and management strategies. It includes Borderline Personality Disorder, Schizophrenia, Anxiety Disorders and Depression. Participants are encouraged to bring examples of difficult situations that can be workshopped by the group. Participants will have the opportunity to: Learn how to identify when a client may be suffering from a mental illness, gain knowledge about the origins and workings of a mental illness, learn strategies to more effectively deal with people with a mental illness.

Delivery Mode Internal

Duration 1day

Indigenous

Entry Requirement

Fees Cost: \$155, Cost to Members: \$135.

Centre for Community Welfare Training

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Fax 02 9281 8827
Email <mailto:ccwt@acwa.asn.au>
Website www.acwa.asn.au

Association of Children's Welfare Agencies, Sydney

Locked Bag 13, Haymarket
NSW 1240

Applied Suicide Intervention Skills Training (ASIST)

Other

Content Area AOD

Description This training provides the confidence to ask about suicide if we are concerned about someone's safety, and the skills to respond appropriately. Participants will have an opportunity to: examine the attitudinal barriers that prevent a person at risk receiving help, receive information on the magnitude of the problem of suicide in Australia, with some statistical information, gain an understanding of the importance of early detection of suicidal behaviour, explore signs that may indicate that an individual may be having thoughts of suicide, learn how to estimate the level of risk, learn how to apply a model for suicide intervention, with opportunities to practise the skills learned, be provided with information on how to link people with community resources for long-term support.

Delivery Mode Internal

Duration 2 days

Indigenous

Entry Requirement

Fees Cost: \$310, Cost to Members: \$270.

Centre for Community Welfare Training

Telephone 02 9281 8822
 Fax 02 9281 8827
 Email <mailto:ccwt@acwa.asn.au>
 Website www.acwa.asn.au

Campbelltown Arts Centre, Campbelltown

Locked Bag 13, Haymarket
 NSW 1240

Orientation to the Alcohol and Other Drugs Field

Statement of Attainment

Content Area AOD

Description This course looks at the knowledge, attitudes and skills needed to increase your ability to work with clients who use and abuse alcohol and / or other drugs. It provides an introductory overview of definitions and key concepts necessary to make sense of this often misunderstood field. Topics include drug use policy, historical and current drug trends, models of dependence, pharmacology, treatment approaches, the role of prevention, HIV / AIDS and hepatitis issues, assessment and referral and crisis management. This course also includes information on services and practical strategies to support workers in the field. Participants who successfully undertake assessment will receive a Statement of Attainment for the following two units from the Community Services Training Package: CHCAOD2C Orientation to the alcohol and other drugs sector CHCAOD6B Work with clients who are intoxicated.

Delivery Mode Internal

Duration 1 day

Indigenous

Entry Requirement Before you can be granted a Statement of Attainment for this unit you will need to provide a certified copy of a current basic First Aid Certificate or equivalent.

Fees Cost: \$510, Training and Assessment: \$740, Assessment Only: \$250.

Centre for Community Welfare Training

Telephone 02 9281 8822
 Fax 02 9281 8827
 Email <mailto:ccwt@acwa.asn.au>
 Website www.acwa.asn.au

Campbelltown Arts Centre, Campbelltown

Locked Bag 13, Haymarket
 NSW 1240

Working with Hectic Street Drug Users

Other

Content Area AOD

Description This two day workshop will enhance the understanding and skills of workers in working effectively with people whose drug use is high intensity and whose presentations can be very challenging. Areas covered include: current street drugs (legal and illegal), their effects and harms; pharmacotherapeutic (drug substitution) treatments; common and uncommon physical and psychological health problems; effective engagement, assessment and psychosocial intervention / counselling strategies; and sub-cultural and lived experience perspectives. During the workshop participants will: Identify relevant forms and types of high intensity drug use, explore windows of opportunity and strategies for engagement, develop practical assessment and counselling strategies, explore the complexities of hectic drug use and the reasons people engage in it and identify strategies to maximise client and worker health and safety.

Delivery Mode Internal

Duration 3 days

Indigenous

Entry Requirement

Fees Cost: \$310, Cost to Members: \$270

Centre for Community Welfare Training

Telephone 02 9281 8822
 Fax 02 9281 8827
 Email <mailto:ccwt@acwa.asn.au>
 Website www.acwa.asn.au

Campbelltown Arts Centre, Campbelltown

Locked Bag 13, Haymarket
 NSW 1240

Brief Interventions when Working with Substance Using Clients

Other

Content Area AOD

Description This two-day workshop aims to introduce a variety of strategies when working with clients who use alcohol and other drugs. It will utilise motivational interviewing, cognitive behavioural and relapse prevention strategies to help clients better address their drug use and ways in which to reduce their level of use. All strategies taught can be used in a variety of settings with clients of differing 'readiness' to address their drug use. Participants will have the opportunity to: Familiarise themselves with the use of drug use diaries with clients, learn about the nature of cravings and utilise strategies to reduce them, consider how to support a client who is considering changing their drug use, learn how to teach clients several relapse prevention strategies, describe the link between thoughts, feelings and relapse, identify common unrealistic thinking patterns, utilise various strategies to counteract negative thinking.

Delivery Mode Internal

Duration 1 day

Indigenous

Entry Requirement

Fees Cost: \$310, Cost to Members: \$270.

Drug Use and Young People

Other

Content Area AOD

Description This workshop is not about drugs, and will not look at pharmacology and information about substances. It's about people. It's about three things. Firstly it's about our background thinking which informs our ways of working. Secondly its about human behaviour and understanding why people might do what they do. And thirdly, it's about looking at ways we might be helpful to someone who has got into trouble with their drug use.

Delivery Mode Internal

Duration 3 days

Indigenous

Entry Requirement

Fees Cost: \$310, Cost to Members: \$270.

Centre for Community Welfare Training

Telephone 02 9281 8822
 Fax 02 9281 8827
 Email <mailto:ccwt@acwa.asn.au>
 Website www.acwa.asn.au

Coffs Harbour Catholic Club, Coffs Harbour

Locked Bag 13, Haymarket
 NSW 1240

Narrative Therapy and Substance Use

Other

Content Area AOD

Description Participants will experience narrative questioning and externalizing conversations and will have the chance to practice reframing the problem narrative and looking for exceptions to the problem view. Other topics include: a brief overview of narrative theory, understanding the clients lived experience, and the impact of identity and beliefs on the problem narrative.

Delivery Mode Internal

Duration 3 days

Indigenous

Entry Requirement

Fees Cost: \$155, Cost to Members: \$135.

Motivational Interviewing

Other

Content Area AOD

Description The aim of the workshop is to provide an overview of the theory and practice of motivational interviewing with a particular focus on its application within the clinical reality of the workshop participants. The third day of the workshop allows for the participants to consolidate their learning from the first two days and to reflect on the application of the principles and practice in their workplace. The third day also addresses the principles and practice of working with clients who have relapsed in the process of change. Participants will have the opportunity to: Demonstrate an understanding of the concepts of motivation and ambivalence, identify the stages of change, define the principles of motivational interviewing, identify and practice the skills and strategies involved in motivational interviewing, demonstrate strategies for "Rolling with Resistance", define strategies for working with clients who have relapsed.

Delivery Mode Internal

Duration 1 day

Indigenous

Entry Requirement

Fees Cost: \$465, Cost to Members: \$405.

Centre for Community Welfare Training

Telephone 02 9281 8822
Fax 02 9281 8827
Email <mailto:ccwt@acwa.asn.au>
Website www.acwa.asn.au

Coffs Harbour Catholic Club, Coffs Harbour

Locked Bag 13, Haymarket
NSW 1240

Demystifying Mental Illness

Other

Content Area MH

Description This one day workshop is aimed at demystifying mental illness for people who haven't been trained in the area but encounter the mentally ill in their work. It aims to provide some easy to understand definitions, how to spot a mental illness and management strategies. It includes Borderline Personality Disorder, Schizophrenia, Anxiety Disorders and Depression. Participants are encouraged to bring examples of difficult situations that can be workshopped by the group. Participants will have the opportunity to: Learn how to identify when a client may be suffering from a mental illness, gain knowledge about the origins and workings of a mental illness, learn strategies to more effectively deal with people with a mental illness.

Delivery Mode Internal

Duration 1 day

Indigenous

Entry Requirement

Fees Cost: \$155, Cost to Members: \$135.

Centre for Community Welfare Training

Telephone 02 9281 8822
Fax 02 9281 8827
Email <mailto:ccwt@acwa.asn.au>
Website www.acwa.asn.au

Country Comfort Motel, Wagga Wagga

Locked Bag 13, Haymarket
NSW 1240

Motivational Interviewing (Regional)

Other

Content Area AOD

Description The aim of the workshop is to provide an overview of the theory and practice of motivational interviewing with a particular focus on its application within the clinical reality of the workshop participants. The third day of the workshop allows for the participants to consolidate their learning from the first two days and to reflect on the application of the principles and practice in their workplace. The third day also addresses the principles and practice of working with clients who have relapsed in the process of change. Participants will have the opportunity to: Demonstrate an understanding of the concepts of motivation and ambivalence, identify the stages of change, define the principles of motivational interviewing, identify and practice the skills and strategies involved in motivational interviewing, demonstrate strategies for "Rolling with Resistance", define strategies for working with clients who have relapsed.

Delivery Mode Internal

Duration 2 days

Indigenous

Entry Requirement

Fees Cost: \$465, Cost to Members: \$405.

Centre for Community Welfare Training

Telephone 02 9281 8822
 Fax 02 9281 8827
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 Website www.acwa.asn.au

Drugs and Alcohol Office, Mt Lawley, WA

Locked Bag 13, Haymarket
 NSW 1240

Introduction to Dual Diagnosis

Other

Content Area CM

Description Recent studies have indicated that 1 in 4 people with a mental illness also has a co-occurring drug dependency disorder. With this high rate of "dual diagnosis", workers dealing with either client group need to be more mindful of the potential complexity of difficulties these clients experience. This two-day course is for workers from various fields who want to increase their knowledge and skills in dealing with clients with both a substance use disorder and mental illness. It is an introductory course and will provide an overview of both substance use and mental disorders. Participants can expect to cover the following topic areas: An explanation of the term "dual diagnosis" and the complexity the term suggests, the link between substance use and psychiatric diagnosis, the use of drug and alcohol and mental health assessment techniques, the stages in the process of change, the current treatment available for clients with dual diagnosis.

Delivery Mode Internal

Duration 2 days

Indigenous

Entry Requirement

Fees Cost: \$310, Cost to Members: \$270.

Centre for Community Welfare Training

Telephone 02 9281 8822
 Fax 02 9281 8827
 Email <mailto:ccwt@acwa.asn.au>
 Website www.acwa.asn.au

Goonellabah Community Centre, Goonellabah

Locked Bag 13, Haymarket
 NSW 1240

Motivational Interviewing (Regional)

Other

Content Area AOD

Description The aim of the workshop is to provide an overview of the theory and practice of motivational interviewing with a particular focus on its application within the clinical reality of the workshop participants. The third day of the workshop allows for the participants to consolidate their learning from the first two days and to reflect on the application of the principles and practice in their workplace. The third day also addresses the principles and practice of working with clients who have relapsed in the process of change. Participants will have the opportunity to: Demonstrate an understanding of the concepts of motivation and ambivalence, identify the stages of change, define the principles of motivational interviewing, identify and practice the skills and strategies involved in motivational interviewing, demonstrate strategies for "Rolling with Resistance", define strategies for working with clients who have relapsed.

Delivery Mode Internal

Duration 3 days

Indigenous

Entry Requirement

Fees Cost: \$310, Cost to Members: \$270.

Centre for Community Welfare Training

Telephone 02 9281 8822
Fax 02 9281 8827
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Website www.acwa.asn.au

Liverpool Library, Liverpool

Locked Bag 13, Haymarket
NSW 1240

Motivational Interviewing (Regional)

Other

Content Area AOD

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Delivery Mode Internal

Duration 3 days

Indigenous

Entry Requirement

Fees Cost: \$310, Cost to Members: \$270.

Centre for Community Welfare Training

Telephone 02 9281 8822
Fax 02 9281 8827
Email <mailto:ccwt@acwa.asn.au>
Website www.acwa.asn.au

Liverpool Library, Liverpool

Locked Bag 13, Haymarket
NSW 1240

Working with Clients who Self Harm

Other

Content Area AOD

Description Self injurious behaviours are often a result of emotional, physical and sexual abuse and are frequently complicated by alcohol and other drug problems. This one-day workshop will provide an opportunity for participants to explore reasons behind self harmful behaviours and specific issues in relation to working with this client group. Participants will look at a range of strategies to prevent and control self harmful behaviours and will discuss their role in helping clients develop alternative ways of coping and expressing their feelings. Participants will have the opportunity to: Identify causes of and triggers that lead to self harm, identify the effects of self harm on the client and their significant others, discuss the impact of these behaviours on the worker, identify strategies that help clients gain greater control over self harmful behaviours, consider how their workplace can support the application of these strategies.

Delivery Mode Internal

Duration 2 days

Indigenous

Entry Requirement

Fees Cost: \$155, Cost to Members: \$135

Centre for Community Welfare Training

Telephone 02 9281 8822
Fax 02 9281 8827
Email <mailto:ccwt@acwa.asn.au>
Website www.acwa.asn.au

Liverpool Library, Liverpool

Locked Bag 13, Haymarket
NSW 1240

Anxiety Disorders

Other

Content Area MH

Description This two day workshop will provide participants with an introduction to the epidemiology, assessment and management of anxiety disorders. The anxiety disorders include: Panic Disorder with or without Agoraphobia, Social Phobia, Specific Phobia, Obsessive Compulsive Disorder, Generalised Anxiety Disorder and Post Traumatic Stress Disorder, Acute Stress Disorder, Substance-induced Anxiety Disorder, and Anxiety Disorder due to a general medical condition. Participants will have the opportunity to: learn about the latest treatment of each of these disorders, based on the latest research and practical experience of the presenter, identify the symptoms and aetiology of the various anxiety disorders, understand life style issues in the management of anxiety disorders, use relaxation strategies and breathing retraining as therapeutic tools, gain an insight into other therapeutic strategies such as cognitive restructuring and exposure therapies.

Delivery Mode Internal

Duration 1 day

Indigenous

Entry Requirement

Fees Cost: \$310, Cost to Members: \$270.

Centre for Community Welfare Training

Telephone 02 9281 8822
 Fax 02 9281 8827
 Email <mailto:ccwt@acwa.asn.au>
 Website www.acwa.asn.au

Park Haven Motor Lodge, Nowra

Locked Bag 13, Haymarket
 NSW 1240

Motivational Interviewing (Regional)

Other

Content Area AOD

Description The aim of the workshop is to provide an overview of the theory and practice of motivational interviewing with a particular focus on its application within the clinical reality of the workshop participants. The third day of the workshop allows for the participants to consolidate their learning from the first two days and to reflect on the application of the principles and practice in their workplace. The third day also addresses the principles and practice of working with clients who have relapsed in the process of change. Participants will have the opportunity to: Demonstrate an understanding of the concepts of motivation and ambivalence, identify the stages of change, define the principles of motivational interviewing, identify and practice the skills and strategies involved in motivational interviewing, demonstrate strategies for "Rolling with Resistance", define strategies for working with clients who have relapsed.

Delivery Mode Internal

Duration 2 day

Indigenous

Entry Requirement

Fees Cost: \$310, Cost to Members: \$270.

Centre for Community Welfare Training

Telephone 02 9281 8822
 Fax 02 9281 8827
 Email <mailto:ccwt@acwa.asn.au>
 Website www.acwa.asn.au

Park Haven Motor Lodge, Nowra

Locked Bag 13, Haymarket
 NSW 1240

Orientation to the Alcohol and Other Drugs Field

Statement of Attainment

Content Area AOD

Description This course looks at the knowledge, attitudes and skills needed to increase your ability to work with clients who use and abuse alcohol and / or other drugs. It provides an introductory overview of definitions and key concepts necessary to make sense of this often misunderstood field. Topics include drug use policy, historical and current drug trends, models of dependence, pharmacology, treatment approaches, the role of prevention, HIV / AIDS and hepatitis issues, assessment and referral and crisis management. This course also includes information on services and practical strategies to support workers in the field. Participants who successfully undertake assessment will receive a Statement of Attainment for the following two units from the Community Services Training Package: CHCAOD2C Orientation to the alcohol and other drugs sector and CHCAOD6B Work with clients who are intoxicated.

Delivery Mode Internal

Duration 2 days

Indigenous

Entry Requirement

Fees Cost: \$510. Training and Assessment: \$740. Assessment Only: \$250.

Centre for Community Welfare Training

Telephone 02 9281 8822
 Fax 02 9281 8827
 Email <mailto:ccwt@acwa.asn.au>
 Website www.acwa.asn.au

Penrith City Library, Penrith

Locked Bag 13, Haymarket
 NSW 1240

Caught in Depression

Other

Content Area MH

Description This one-day course offers SFBT ideas, skills-practice and case material to explore what the Solution-focused Brief Therapy (SFBT) approach offers you when working together with clients experiencing the stuckness that comes with depression. SFBT offers some potent ways of thinking and communicating with clients that go far beyond being positive, looking on the bright side, and recommending that clients do what they cannot manage, e.g. "start exercising". The course will consider the assumptions that we and our clients hold about depression, and explore how to support clients in noticing and utilising resources, including how they are stopping things from being even worse, and what it requires from them to use medication as part of a solution. You will leave the course with reflections on your current ways of working with depression, SFBT ideas and skills to add to your repertoire, and the confidence and enthusiasm to try some experiments together with your clients, especially when you seem most STUCK.

Delivery Mode Internal

Duration 1day

Indigenous

Entry Requirement

Fees Cost: \$155, Cost to Members: \$135.

Centre for Community Welfare Training

Telephone 02 9281 8822
Fax 02 9281 8827
Email <mailto:ccwt@acwa.asn.au>
Website www.acwa.asn.au

Penrith Valley Inn, Penrith

Locked Bag 13, Haymarket
NSW 1240

Harm Minimisation and Sex Workers

Other

Content Area AOD

Description This one day workshop is designed to provide health care professionals with a comprehensive introduction to the sex industry. Sex work is a very hidden and stigmatised profession and largely influenced by myth, morals, and the media. This workshop aims to demystify some of the myths to provide participants with accurate information about the sex industry. The majority of sex industry workers have little choice about the decisions affecting their lives due to the stigma attached to the very nature of sex work and the laws governing it. This lack of choice affects their physical and emotional states, as well as their ability to live in safety and dignity.

Delivery Mode Internal

Duration 1 day

Indigenous

Entry Requirement

Fees Cost: \$155, Cost to Members: \$135.

Centre for Community Welfare Training

Telephone 02 9281 8822
Fax 02 9281 8827
Email <mailto:ccwt@acwa.asn.au>
Website www.acwa.asn.au

Sydney

Locked Bag 13, Haymarket
NSW 1240

Working with Hectic Street Drug Users

Other

Content Area AOD

Description This two day workshop will enhance the understanding and skills of workers in working effectively with people whose drug use is high intensity and whose presentations can be very challenging. Areas covered include: current street drugs (legal and illegal), their effects and harms; pharmacotherapeutic (drug substitution) treatments; common and uncommon physical and psychological health problems; effective engagement, assessment and psychosocial intervention / counselling strategies; and sub-cultural and lived experience perspectives. During the workshop participants will: Identify relevant forms and types of high intensity drug use, explore windows of opportunity and strategies for engagement, develop practical assessment and counselling strategies, explore the complexities of hectic drug use and the reasons people engage in it and identify strategies to maximise client and worker health and safety.

Delivery Mode Internal

Duration 2 days

Indigenous

Entry Requirement

Fees Cost: \$310, Cost to Members: \$270

Centre for Community Welfare Training

Telephone 02 9281 8822
 Fax 02 9281 8827
 Email <mailto:ccwt@acwa.asn.au>
 Website www.acwa.asn.au

Sydney

Locked Bag 13, Haymarket
 NSW 1240

Orientation to the Alcohol and Other Drugs Field

Statement of Attainment

Content Area AOD

Description This course looks at the knowledge, attitudes and skills needed to increase your ability to work with clients who use and abuse alcohol and / or other drugs. It provides an introductory overview of definitions and key concepts necessary to make sense of this often misunderstood field. Topics include drug use policy, historical and current drug trends, models of dependence, pharmacology, treatment approaches, the role of prevention, HIV / AIDS and hepatitis issues, assessment and referral and crisis management. This course also includes information on services and practical strategies to support workers in the field. Participants who successfully undertake assessment will receive a Statement of Attainment for the following two units from the Community Services Training Package: CHCAOD2C Orientation to the alcohol and other drugs sector CHCAOD6B Work with clients who are intoxicated.

Delivery Mode Internal

Duration 2 days

Indigenous

Entry Requirement Before you can be granted a Statement of Attainment for this unit you will need to provide a certified copy of a current basic First Aid Certificate or equivalent.

Fees Cost: \$510, Training and Assessment: \$740, Assessment Only: \$250.

Centre for Community Welfare Training

Telephone 02 9281 8822
 Fax 02 9281 8827
 Email <mailto:ccwt@acwa.asn.au>
 Website www.acwa.asn.au

Sydney

Locked Bag 13, Haymarket
 NSW 1240

AOD Workers with Mental Health Clients

Other

Content Area CM

Description This two-day program focuses on personality disorders as well as providing an opportunity to consider issues regarding clients with dual diagnosis including depression and suicidal ideation. Participants will become familiar with some tools used by mental health workers. It has been developed predominantly for AOD workers, however generic workers may find the course of use. Intern psychologists will receive a certificate to further their course points for full registration if requested during enrolment. Participants can expect to cover the following topics: An overview of the personality disorders, focus on Borderline Personality Disorder and Antisocial Personality Disorder , the effects of drug use on mental illness, an introduction to some assessment tools to use with clients with mental health issues, crisis and Suicide assessment and interventions.

Delivery Mode Internal

Duration 2 days

Indigenous

Entry Requirement

Fees Cost: \$310, Cost to Members: \$270.

Complex Trauma and Mental Health

Statement of Attainment

Content Area MH

Description The training will be presented with a mixture of didactic presentation and experiential activities. It will be interactive and follow the principles of adult learning. Participants will be encouraged to take notes, although trainer's notes will be made available. The trainer will make use of power point / data projector, white board and flip chart/butcher paper.

Delivery Mode Internal

Duration 2 days

Indigenous

Entry Requirement

Fees Cost: \$310, Cost to Members: \$270.

Centre for Community Welfare Training

Telephone 02 9281 8822
Fax 02 9281 8827
Email <mailto:ccwt@acwa.asn.au>
Website www.acwa.asn.au

Sydney

Locked Bag 13, Haymarket
NSW 1240

Mental Health First Aid for Adolescents

Statement of Attainment

Content Area MH

Description This course covers the symptoms, possible causes and first aid steps for the following mental illnesses in adolescents: depression, anxiety disorders, psychosis, substance use disorders, deliberate self-harm and eating disorders.

Delivery Mode Internal

Duration 2 days

Indigenous

Entry Requirement

Fees Cost: \$310, Cost to Members: \$270.

Centre for Community Welfare Training

Telephone 02 9281 8822
Fax 02 9281 8827
Email <mailto:ccwt@acwa.asn.au>
Website www.acwa.asn.au

Western Sydney Community Forum, Parramatta

Locked Bag 13, Haymarket
NSW 1240

Methamphetamine Matters

Other

Content Area AOD

Description This course will provide an overview of methamphetamine - what is it, what does it look like, how is it used, its effects, who uses it, what are the associated health problems, what are the associated social and community consequences, what treatment interventions are available. Information on the recent rise in methamphetamine availability and use will be discussed, as well as the implications for workers in the AOD / health / welfare field. In this workshop participants will: Develop an understanding of the drug methamphetamine, identify emerging associated problems, clarify how the field is currently responding to the issues and user's needs, explore strategies for working with clients using methamphetamine.

Delivery Mode Internal

Duration 2 day

Indigenous

Entry Requirement

Fees Cost: \$155, Cost to Members: \$135.

Centre for Community Welfare Training

Telephone 02 9281 8822
Fax 02 9281 8827
Email <mailto:ccwt@acwa.asn.au>
Website www.acwa.asn.au

Western Sydney Community Forum, Parramatta

Locked Bag 13, Haymarket
NSW 1240

Harm Minimisation

Other

Content Area AOD

Description What is harm reduction? Why was this approach developed? How does harm reduction fit with zero tolerance? Doesn't a harm reduction approach just encourage people to use drugs? these are the most common questions that arise when discussion or presenting a workshop on drugs and alcohol. Harm reduction is THE fundamental principle of drug and alcohol interventions and health promotions in Australia and practitioners and health education officers with comprehensive view of harm reduction from a local, regional and international perspective. Other topics include responding to infectious diseases; four features of infectious diseases: blood borne viruses and sexually transmitted infections; the principles of transmission; responding to infectious diseases.

Delivery Mode Internal

Duration 1 day

Indigenous

Entry Requirement

Fees Cost: \$310, Cost to Members: \$270.

Mental Health Coordinating Council (MHCC)

Telephone 02 9555 8388
Fax 02 9810 8145
Email <mailto:info@mhcc.org.au>
Website www.mhcc.org.au

Bathurst

PO Box 668, Rozelle
NSW 2039

Brief Interventions in Mental Health Work

Other

Content Area MH

Description This course covers: An introduction to brief intervention in mental health; Recognise when to intervene; CBT; Motivational interviewing; Introductory skills development and practice in motivational interviewing and interpersonal communication skills; Use of the behaviour change model; Step by step process for providing intervention strategies and how to monitor and evaluate your interventions; Resources and supports available.

Delivery Mode Internal

Duration 2 days

Indigenous

Entry Requirement

Fees

Mental Health Coordinating Council (MHCC)

Telephone 02 9555 8388
Fax 02 9810 8145
Email <mailto:info@mhcc.org.au>
Website www.mhcc.org.au

Byron Bay

PO Box 668, Rozelle
NSW 2039

Mental Health and Substance Abuse

Other

Content Area CM

Description The content of this course covers: The principles of working with mental health and AOD health issues using the recovery model, The nature of substance use and context in Australia, Legal and ethical issues with substance use, Impact of use on mental health, Skills in assessing the stage of change, Content of AOD assessment, Barriers to change, Pharmacology, Resources and supports available.

Delivery Mode Internal

Duration 2 days

Indigenous

Entry Requirement

Fees

Brief Interventions in Mental Health Work

Other

Content Area MH

Description This course covers: An introduction to brief intervention in mental health; Recognise when to intervene; CBT; Motivational interviewing; Introductory skills development and practice in motivational interviewing and interpersonal communication skills; Use of the behaviour change model; Step by step process for providing intervention strategies and how to monitor and evaluate your interventions; Resources and supports available.

Delivery Mode Internal

Duration 2 days

Indigenous

Entry Requirement

Fees

Mental Health Coordinating Council (MHCC)

Telephone 02 9555 8388
Fax 02 9810 8145
Email <mailto:info@mhcc.org.au>
Website www.mhcc.org.au

Catholic Club, Coffs Harbour

PO Box 668, Rozelle
NSW 2039

Orientation to Mental Health Work

Other

Content Area MH

Description This course describes the context within which mental health work occurs. It is particularly suited to workers new to the sector and covers the following: An overview and framework to work within the sector. An understanding, underpinning values and philosophy of the sector and the service and service models that comprise the sector. The history of the sector and the service models that comprise the sector. Information on major illnesses and disorders to assist participants in understanding the different needs of consumers and carers. The information necessary to be inclusive of people from culturally and linguistically diverse backgrounds when delivering services.

Delivery Mode Internal

Duration 2 days

Indigenous

Entry Requirement

Fees

Mental Health Coordinating Council (MHCC)

Telephone 02 9555 8388
 Fax 02 9810 8145
 Email <mailto:info@mhcc.org.au>
 Website www.mhcc.org.au

Central Coast

PO Box 668, Rozelle
 NSW 2039

Orientation to Mental Health Work

Other

Content Area MH

Description This course describes the context within which mental health work occurs. It is particularly suited to workers new to the sector and covers the following: An overview and framework to work within the sector. An understanding, underpinning values and philosophy of the sector and the service and service models that comprise the sector. The history of the sector and the service models that comprise the sector. Information on major illnesses and disorders to assist participants in understanding the different needs of consumers and carers. The information necessary to be inclusive of people from culturally and linguistically diverse backgrounds when delivering services.

Delivery Mode Internal

Duration 2 days

Indigenous

Entry Requirement

Fees

Working with People with Mental Illness Part 1

Other

Content Area MH

Description This course outlines the critical skills needed for effective Mental Health Work to provide care planning / review and promote social inclusion. This course as an ideal entry point for new workers will address: Engaging with and assessing the needs of clients and in particular the needs of people with mental health problems; Goal setting and beginning to develop care plans; Conducting risk assessment (i.e. ensuring both worker and client safety); Developing and implementing strategies to promote rehabilitation and recovery; Reviewing work with clients including outcome measurement; The use of prevention and promotion approaches in mental health.

Delivery Mode Internal

Duration 2 days

Indigenous

Entry Requirement

Fees

Mental Health Coordinating Council (MHCC)

Telephone 02 9555 8388
Fax 02 9810 8145
Email <mailto:info@mhcc.org.au>
Website www.mhcc.org.au

Central Coast

PO Box 668, Rozelle
NSW 2039

Working with People with Mental Illness Part 2

Other

Content Area MH

Description This course outlines the critical skills needed for effective Mental Health Work to provide care planning / review and promote social inclusion. This course as an ideal entry point for new workers will address: Engaging with and assessing the needs of clients and in particular the needs of people with mental health problems; Goal setting and beginning to develop care plans; Conducting risk assessment (i.e. ensuring both worker and client safety); Developing and implementing strategies to promote rehabilitation and recovery; Reviewing work with clients including outcome measurement; The use of prevention and promotion approaches in mental health.

Delivery Mode Internal

Duration 2 days

Indigenous

Entry Requirement

Fees

Mental Health Coordinating Council (MHCC)

Telephone 02 9555 8388
 Fax 02 9810 8145
 Email <mailto:info@mhcc.org.au>
 Website www.mhcc.org.au

Coffs Harbour Catholic Club, Coffs Harbour

PO Box 668, Rozelle
 NSW 2039

Working with People with Mental Illness Part 1

Other

Content Area MH

Description This course outlines the critical skills needed for effective Mental Health Work to provide care planning / review and promote social inclusion. This course as an ideal entry point for new workers will address: Engaging with and assessing the needs of clients and in particular the needs of people with mental health problems; Goal setting and beginning to develop care plans; Conducting risk assessment (i.e. ensuring both worker and client safety); Developing and implementing strategies to promote rehabilitation and recovery; Reviewing work with clients including outcome measurement; The use of prevention and promotion approaches in mental health.

Delivery Mode Internal

Duration 2 days

Indigenous

Entry Requirement

Fees

Working with People with Mental Illness Part 2

Other

Content Area MH

Description This course outlines the critical skills needed for effective Mental Health Work to provide care planning / review and promote social inclusion. This course as an ideal entry point for new workers will address: Engaging with and assessing the needs of clients and in particular the needs of people with mental health problems; Goal setting and beginning to develop care plans; Conducting risk assessment (i.e. ensuring both worker and client safety); Developing and implementing strategies to promote rehabilitation and recovery; Reviewing work with clients including outcome measurement; The use of prevention and promotion approaches in mental health.

Delivery Mode Internal

Duration 2 days

Indigenous

Entry Requirement

Fees

Mental Health Coordinating Council (MHCC)

Telephone 02 9555 8388
Fax 02 9810 8145
Email <mailto:info@mhcc.org.au>
Website www.mhcc.org.au

Monet's Café, Newcastle

PO Box 668, Rozelle
NSW 2039

Mental Health and Substance Abuse

Other

Content Area CM

Description The content of this course covers: The principles of working with mental health and AOD health issues using the recovery model, The nature of substance use and context in Australia, Legal and ethical issues with substance use, Impact of use on mental health, Skills in assessing the stage of change, Content of AOD assessment, Barriers to change, Pharmacology, Resources and supports available.

Delivery Mode Internal

Duration 2 days

Indigenous

Entry Requirement

Fees

Working with People with Mental Illness Part 1

Other

Content Area MH

Description This course outlines the critical skills needed for effective Mental Health Work to provide care planning / review and promote social inclusion. This course as an ideal entry point for new workers will address: Engaging with and assessing the needs of clients and in particular the needs of people with mental health problems; Goal setting and beginning to develop care plans; Conducting risk assessment (i.e. ensuring both worker and client safety); Developing and implementing strategies to promote rehabilitation and recovery; Reviewing work with clients including outcome measurement; The use of prevention and promotion approaches in mental health.

Delivery Mode Internal

Duration 2 days

Indigenous

Entry Requirement

Fees

Mental Health Coordinating Council (MHCC)

Telephone 02 9555 8388
 Fax 02 9810 8145
 Email <mailto:info@mhcc.org.au>
 Website www.mhcc.org.au

Monet's Café, Newcastle

PO Box 668, Rozelle
 NSW 2039

Orientation to Mental Health Work

Other

Content Area MH

Description This course describes the context within which mental health work occurs. It is particularly suited to workers new to the sector and covers the following: An overview and framework to work within the sector. An understanding, underpinning values and philosophy of the sector and the service and service models that comprise the sector. The history of the sector and the service models that comprise the sector. Information on major illnesses and disorders to assist participants in understanding the different needs of consumers and carers. The information necessary to be inclusive of people from culturally and linguistically diverse backgrounds when delivering services.

Delivery Mode Internal

Duration 2 days

Indigenous

Entry Requirement

Fees

Working with People with Mental Illness Part 2

Other

Content Area MH

Description This course outlines the critical skills needed for effective Mental Health Work to provide care planning / review and promote social inclusion. This course as an ideal entry point for new workers will address: Engaging with and assessing the needs of clients and in particular the needs of people with mental health problems; Goal setting and beginning to develop care plans; Conducting risk assessment (i.e. ensuring both worker and client safety); Developing and implementing strategies to promote rehabilitation and recovery; Reviewing work with clients including outcome measurement; The use of prevention and promotion approaches in mental health.

Delivery Mode Internal

Duration 2 days

Indigenous

Entry Requirement

Fees

Mental Health Coordinating Council (MHCC)

Telephone 02 9555 8388
Fax 02 9810 8145
Email <mailto:info@mhcc.org.au>
Website www.mhcc.org.au

Narrabri

PO Box 668, Rozelle
NSW 2039

Working with Consumers and Carers

Other

Content Area MH

Description This course encompasses: The competence required to work collaboratively with people with mental health issues in their rehabilitation; Working with consumer networks; The ability to apply principles of prevention, health promotion and early intervention when supporting people with mental health issues; The ability to work with people who have complex needs; Skills in working with carers and families, including children of people with mental illness

Delivery Mode Internal

Duration 2 days

Indigenous

Entry Requirement

Fees

Responding to Suicide and Self Harm

Other

Content Area MH

Description This course is valuable to anyone who works with people at risk of self harm or suicide and encompasses: Definitions of suicide in everyday workplace situations; Warning signs that an individual is at increased risk of self-harm or suicide and assess the level of risk; How to recognise and respond to cues, triggers and risk factors which may indicate an individual is considering suicide or self-harm; How to gain information about an individual's thoughts of suicide or self-harm and undertake action required to promote safety for individuals at risk of self-harm and suicide; Recognise where and when to arrange assistance from available local resources.

Delivery Mode Internal

Duration 2 days

Indigenous

Entry Requirement

Fees

Mental Health Coordinating Council (MHCC)

Telephone 02 9555 8388
Fax 02 9810 8145
Email <mailto:info@mhcc.org.au>
Website www.mhcc.org.au

Narrabri

PO Box 668, Rozelle
NSW 2039

Law, Ethics and Boundaries in Mental Health Work

Other

Content Area MH

Description This course covers: The legal and organisational requirements in carrying out a work role in the Mental Health sector, The knowledge and skills to understand and work in a manner consistent with an individual's role and responsibilities. The ability to work in an ethical manner.

Delivery Mode Internal

Duration 1 day

Indigenous

Entry Requirement

Fees

Medication Matters

Other

Content Area MH

Description This course encompasses: Knowledge of legislative and agency requirements relating to assisting a person to self medicate, Knowledge of own role and responsibilities in assisting with self medication, Ability to encourage the person to participate in self medication and Ability to maintain the safety of a person when assisting with self medication.

Delivery Mode Internal

Duration 2 days

Indigenous

Entry Requirement

Fees

Mental Health Coordinating Council (MHCC)

Telephone 02 9555 8388
Fax 02 9810 8145
Email <mailto:info@mhcc.org.au>
Website www.mhcc.org.au

Newcastle

PO Box 668, Rozelle
NSW 2039

Brief Interventions in Mental Health Work

Other

Content Area MH

Description This course covers: An introduction to brief intervention in mental health; Recognise when to intervene; CBT; Motivational interviewing; Introductory skills development and practice in motivational interviewing and interpersonal communication skills; Use of the behaviour change model; Step by step process for providing intervention strategies and how to monitor and evaluate your interventions; Resources and supports available.

Delivery Mode Internal

Duration 2 days

Indigenous

Entry Requirement

Fees

Mental Health Coordinating Council (MHCC)

Telephone 02 9555 8388
Fax 02 9810 8145
Email <mailto:info@mhcc.org.au>
Website www.mhcc.org.au

Norooma

PO Box 668, Rozelle
NSW 2039

Medication Matters

Other

Content Area MH

Description This course encompasses: Knowledge of legislative and agency requirements relating to assisting a person to self medicate, Knowledge of own role and responsibilities in assisting with self medication, Ability to encourage the person to participate in self medication and Ability to maintain the safety of a person when assisting with self medication.

Delivery Mode Internal

Duration 2 days

Indigenous

Entry Requirement

Fees

Working with Consumers and Carers

Other

Content Area MH

Description This course encompasses: The competence required to work collaboratively with people with mental health issues in their rehabilitation; Working with consumer networks; The ability to apply principles of prevention, health promotion and early intervention when supporting people with mental health issues; The ability to work with people who have complex needs; Skills in working with carers and families, including children of people with mental illness.

Delivery Mode Internal

Duration 2 days

Indigenous

Entry Requirement

Fees

Mental Health Coordinating Council (MHCC)

Telephone 02 9555 8388
Fax 02 9810 8145
Email <mailto:info@mhcc.org.au>
Website www.mhcc.org.au

Norooma

PO Box 668, Rozelle
NSW 2039

Responding to Suicide and Self Harm

Other

Content Area MH

Description This course is valuable to anyone who works with people at risk of self harm or suicide and encompasses: Definitions of suicide in everyday workplace situations; Warning signs that an individual is at increased risk of self-harm or suicide and assess the level of risk; How to recognise and respond to cues, triggers and risk factors which may indicate an individual is considering suicide or self-harm; How to gain information about an individual's thoughts of suicide or self-harm and undertake action required to promote safety for individuals at risk of self-harm and suicide; Recognise where and when to arrange assistance from available local resources.

Delivery Mode Internal

Duration 2 days

Indigenous

Entry Requirement

Fees

Law, Ethics and Boundaries in Mental Health Work

Other

Content Area MH

Description This course covers: The legal and organisational requirements in carrying out a work role in the Mental Health sector, The knowledge and skills to understand and work in a manner consistent with an individual's role and responsibilities. The ability to work in an ethical manner.

Delivery Mode Internal

Duration 1 day

Indigenous

Entry Requirement

Fees

Mental Health Coordinating Council (MHCC)

Telephone 02 9555 8388
 Fax 02 9810 8145
 Email <mailto:info@mhcc.org.au>
 Website www.mhcc.org.au

Richmond Fellowship NSW, Dubbo

PO Box 668, Rozelle
 NSW 2039

Working with People with Mental Illness Part 1

Other

Content Area MH

Description This course outlines the critical skills needed for effective Mental Health Work to provide care planning / review and promote social inclusion. This course as an ideal entry point for new workers will address: Engaging with and assessing the needs of clients and in particular the needs of people with mental health problems; Goal setting and beginning to develop care plans; Conducting risk assessment (i.e. ensuring both worker and client safety); Developing and implementing strategies to promote rehabilitation and recovery; Reviewing work with clients including outcome measurement; The use of prevention and promotion approaches in mental health.

Delivery Mode Internal

Duration 2 days

Indigenous

Entry Requirement

Fees

Orientation to Mental Health Work

Other

Content Area MH

Description This course describes the context within which mental health work occurs. It is particularly suited to workers new to the sector and covers the following: An overview and framework to work within the sector. An understanding, underpinning values and philosophy of the sector and the service and service models that comprise the sector. The history of the sector and the service models that comprise the sector. Information on major illnesses and disorders to assist participants in understanding the different needs of consumers and carers. The information necessary to be inclusive of people from culturally and linguistically diverse backgrounds when delivering services.

Delivery Mode Internal

Duration 2 days

Indigenous

Entry Requirement

Fees

Mental Health Coordinating Council (MHCC)

Telephone 02 9555 8388
Fax 02 9810 8145
Email <mailto:info@mhcc.org.au>
Website www.mhcc.org.au

Richmond Fellowship NSW, Dubbo

PO Box 668, Rozelle
NSW 2039

Working with People with Mental Illness Part 2

Other

Content Area MH

Description This course outlines the critical skills needed for effective Mental Health Work to provide care planning / review and promote social inclusion. This course as an ideal entry point for new workers will address: Engaging with and assessing the needs of clients and in particular the needs of people with mental health problems; Goal setting and beginning to develop care plans; Conducting risk assessment (i.e. ensuring both worker and client safety); Developing and implementing strategies to promote rehabilitation and recovery; Reviewing work with clients including outcome measurement; The use of prevention and promotion approaches in mental health.

Delivery Mode Internal

Duration 2 days

Indigenous

Entry Requirement

Fees

Mental Health Coordinating Council (MHCC)

Telephone 02 9555 8388
Fax 02 9810 8145
Email <mailto:info@mhcc.org.au>
Website www.mhcc.org.au

RSL, Bathurst

PO Box 668, Rozelle
NSW 2039

Mental Health and Substance Abuse

Other

Content Area CM

Description The content of this course covers: The principles of working with mental health and AOD health issues using the recovery model, The nature of substance use and context in Australia, Legal and ethical issues with substance use, Impact of use on mental health, Skills in assessing the stage of change, Content of AOD assessment, Barriers to change, Pharmacology, Resources and supports available.

Delivery Mode Internal

Duration 2 days

Indigenous

Entry Requirement

Fees

Mental Health Coordinating Council (MHCC)

Telephone 02 9555 8388
Fax 02 9810 8145
Email <mailto:info@mhcc.org.au>
Website www.mhcc.org.au

Sydney

PO Box 668, Rozelle
NSW 2039

Mental Health and Substance Abuse

Other

Content Area CM

Description The content of this course covers: The principles of working with mental health and AOD health issues using the recovery model, The nature of substance use and context in Australia, Legal and ethical issues with substance use, Impact of use on mental health, Skills in assessing the stage of change, Content of AOD assessment, Barriers to change, Pharmacology, Resources and supports available.

Delivery Mode Internal

Duration 2 days

Indigenous

Entry Requirement

Fees

Brief Interventions in Mental Health Work

Other

Content Area MH

Description This course covers: An introduction to brief intervention in mental health; Recognise when to intervene; CBT; Motivational interviewing; Introductory skills development and practice in motivational interviewing and interpersonal communication skills; Use of the behaviour change model; Step by step process for providing intervention strategies and how to monitor and evaluate your interventions; Resources and supports available.

Delivery Mode Internal

Duration 2 days

Indigenous

Entry Requirement

Fees

Mental Health Coordinating Council (MHCC)

Telephone 02 9555 8388
 Fax 02 9810 8145
 Email <mailto:info@mhcc.org.au>
 Website www.mhcc.org.au

Sydney

PO Box 668, Rozelle
 NSW 2039

Orientation to Mental Health Work

Other

Content Area MH

Description This course describes the context within which mental health work occurs. It is particularly suited to workers new to the sector and covers the following: An overview and framework to work within the sector. An understanding, underpinning values and philosophy of the sector and the service and service models that comprise the sector. The history of the sector and the service models that comprise the sector. Information on major illnesses and disorders to assist participants in understanding the different needs of consumers and carers. The information necessary to be inclusive of people from culturally and linguistically diverse backgrounds when delivering services.

Delivery Mode Internal

Duration 2 days

Indigenous

Entry Requirement

Fees

Working with People with Mental Illness Part 2

Other

Content Area MH

Description This course outlines the critical skills needed for effective Mental Health Work to provide care planning / review and promote social inclusion. This course as an ideal entry point for new workers will address: Engaging with and assessing the needs of clients and in particular the needs of people with mental health problems; Goal setting and beginning to develop care plans; Conducting risk assessment (i.e. ensuring both worker and client safety); Developing and implementing strategies to promote rehabilitation and recovery; Reviewing work with clients including outcome measurement; The use of prevention and promotion approaches in mental health.

Delivery Mode Internal

Duration 2 days

Indigenous

Entry Requirement

Fees

Mental Health Coordinating Council (MHCC)

Telephone 02 9555 8388
Fax 02 9810 8145
Email <mailto:info@mhcc.org.au>
Website www.mhcc.org.au

Sydney

PO Box 668, Rozelle
NSW 2039

Working with People with Mental Illness Part 1

Other

Content Area MH

Description This course outlines the critical skills needed for effective Mental Health Work to provide care planning / review and promote social inclusion. This course as an ideal entry point for new workers will address: Engaging with and assessing the needs of clients and in particular the needs of people with mental health problems; Goal setting and beginning to develop care plans; Conducting risk assessment (i.e. ensuring both worker and client safety); Developing and implementing strategies to promote rehabilitation and recovery; Reviewing work with clients including outcome measurement; The use of prevention and promotion approaches in mental health.

Delivery Mode Internal

Duration 2 days

Indigenous

Entry Requirement

Fees

Mental Health Coordinating Council (MHCC)

Telephone 02 9555 8388
Fax 02 9810 8145
Email <mailto:info@mhcc.org.au>
Website www.mhcc.org.au

TBA, Canberra

PO Box 668, Rozelle
NSW 2039

Mental Health and Substance Abuse

Other

Content Area CM

Description The content of this course covers: The principles of working with mental health and AOD health issues using the recovery model, The nature of substance use and context in Australia, Legal and ethical issues with substance use, Impact of use on mental health, Skills in assessing the stage of change, Content of AOD assessment, Barriers to change, Pharmacology, Resources and supports available.

Delivery Mode Internal

Duration 2 days

Indigenous

Entry Requirement

Fees

Brief Interventions in Mental Health Work

Other

Content Area MH

Description This course covers: An introduction to brief intervention in mental health; Recognise when to intervene; CBT; Motivational interviewing; Introductory skills development and practice in motivational interviewing and interpersonal communication skills; Use of the behaviour change model; Step by step process for providing intervention strategies and how to monitor and evaluate your interventions; Resources and supports available.

Delivery Mode Internal

Duration 2 days

Indigenous

Entry Requirement

Fees

Mental Health Coordinating Council (MHCC)

Telephone 02 9555 8388
 Fax 02 9810 8145
 Email <mailto:info@mhcc.org.au>
 Website www.mhcc.org.au

Wagga

PO Box 668, Rozelle
 NSW 2039

Orientation to Mental Health Work

Other

Content Area MH

Description This course describes the context within which mental health work occurs. It is particularly suited to workers new to the sector and covers the following: An overview and framework to work within the sector. An understanding, underpinning values and philosophy of the sector and the service and service models that comprise the sector. The history of the sector and the service models that comprise the sector. Information on major illnesses and disorders to assist participants in understanding the different needs of consumers and carers. The information necessary to be inclusive of people from culturally and linguistically diverse backgrounds when delivering services.

Delivery Mode Internal

Duration 2 days

Indigenous

Entry Requirement

Fees

Working with People with Mental Illness Part 1

Other

Content Area MH

Description This course outlines the critical skills needed for effective Mental Health Work to provide care planning / review and promote social inclusion. This course as an ideal entry point for new workers will address: Engaging with and assessing the needs of clients and in particular the needs of people with mental health problems; Goal setting and beginning to develop care plans; Conducting risk assessment (i.e. ensuring both worker and client safety); Developing and implementing strategies to promote rehabilitation and recovery; Reviewing work with clients including outcome measurement; The use of prevention and promotion approaches in mental health.

Delivery Mode Internal

Duration 2 days

Indigenous

Entry Requirement

Fees

Mental Health Coordinating Council (MHCC)

Telephone 02 9555 8388
Fax 02 9810 8145
Email <mailto:info@mhcc.org.au>
Website www.mhcc.org.au

Wagga

PO Box 668, Rozelle
NSW 2039

Working with People with Mental Illness Part 2

Other

Content Area MH

Description This course outlines the critical skills needed for effective Mental Health Work to provide care planning / review and promote social inclusion. This course as an ideal entry point for new workers will address: Engaging with and assessing the needs of clients and in particular the needs of people with mental health problems; Goal setting and beginning to develop care plans; Conducting risk assessment (i.e. ensuring both worker and client safety); Developing and implementing strategies to promote rehabilitation and recovery; Reviewing work with clients including outcome measurement; The use of prevention and promotion approaches in mental health.

Delivery Mode Internal

Duration 2 days

Indigenous

Entry Requirement

Fees

Mental Health Coordinating Council (MHCC)

Telephone 02 9555 8388
Fax 02 9810 8145
Email <mailto:info@mhcc.org.au>
Website www.mhcc.org.au

Wollongong

PO Box 668, Rozelle
NSW 2039

Mental Health and Substance Abuse

Other

Content Area CM

Description The content of this course covers: The principles of working with mental health and AOD health issues using the recovery model, The nature of substance use and context in Australia, Legal and ethical issues with substance use, Impact of use on mental health, Skills in assessing the stage of change, Content of AOD assessment, Barriers to change, Pharmacology, Resources and supports available.

Delivery Mode Internal

Duration 2 days

Indigenous

Entry Requirement

Fees

Brief Interventions in Mental Health Work

Other

Content Area MH

Description This course covers: An introduction to brief intervention in mental health; Recognise when to intervene; CBT; Motivational interviewing; Introductory skills development and practice in motivational interviewing and interpersonal communication skills; Use of the behaviour change model; Step by step process for providing intervention strategies and how to monitor and evaluate your interventions; Resources and supports available.

Delivery Mode Internal

Duration 2 days

Indigenous

Entry Requirement

Fees

NSW Department of Community Services

Telephone 02 9209 6456
Fax 02 9209 6429
Email <mailto:ngotu@community.nsw.gov.au>
Website www.community.nsw.gov.au

Association of Children's Welfare Agencies, Sydney

4-6 Cavill Ave, Ashfield
NSW 2131

AOD: Motivational Interviewing

Other

Content Area AOD

Description On completion of this course, participants should be able to: Describe the background to Motivational Interviewing as a style for working with clients who may not be ready to change; Discuss what is meant by the term motivation and how motivation impacts on behaviour change; Explain the concept of ambivalence as used in Motivational Interviewing; Discuss the implications of ambivalence and its impact on motivation and change; Explain the process of change, drawing on the Stages of Change model and the relationship between importance, confidence and readiness for change; Identify the events / processes that may influence a person to move towards change; Identify the key components of Motivational Interviewing (style, principles, and micro skills) that can increase client motivation; List the five principles of Motivational Interviewing and explain their purpose and more.

Delivery Mode Internal

Duration 2 days

Indigenous

Entry Requirement Completion of Understanding the Impact of Alcohol and other Drugs or similar introductory AOD course.

Fees

NSW Department of Community Services

Telephone 02 9209 6456
Fax 02 9209 6429
Email <mailto:ngotu@community.nsw.gov.au>
Website www.community.nsw.gov.au

Association of Children's Welfare Agencies, Sydney

4-6 Cavill Ave, Ashfield
NSW 2131

AOD: Understanding the Impacts of Drugs and Alcohol

Other

Content Area AOD

Description The course aims to increase knowledge and understanding of AOD related concerns, as well as provide practical strategies for increasing the effective management of clients presenting to a range of welfare services. This workshop will provide a useful introduction to more advanced courses and will examine: The background to drug use in Australia; Provide an introduction to pharmacology; The assessment of alcohol and other drug use; and Special consideration for working with clients affected by alcohol and other drugs - including nts ethical, cultural and gender perspectives.

Delivery Mode Internal

Duration 4 days

Indigenous

Entry Requirement Nil

Fees

NSW Department of Community Services

Telephone 02 9209 6456
Fax 02 9209 6429
Email <mailto:ngotu@community.nsw.gov.au>
Website www.community.nsw.gov.au

Western Sydney Community Forum, Parramatta

4-6 Cavill Ave, Ashfield
NSW 2131

Dual Diagnosis

Other

Content Area CM

Description This two-day introductory course is for workers who want to increase their knowledge and skills in dealing with clients with both a substance use disorder and mental illness. The course covers: Overview of the substance use disorders; Overview of mental illness disorders; Prevalence statistics; Assessment; Understanding reluctance to participate in treatment; and Management and treatment of clients with dual diagnosis.

Delivery Mode Internal

Duration 2 days

Indigenous

Entry Requirement Completion of Working with People with a Mental Health Problem or similar introductory mental health course. Completion of Understand the Impact of Drugs and Alcohol or similar introductory course.

Fees

NSW Department of Community Services

Telephone 02 9209 6456
Fax 02 9209 6429
Email <mailto:ngotu@community.nsw.gov.au>
Website www.community.nsw.gov.au

Wollongong

4-6 Cavill Ave, Ashfield
NSW 2131

Mental Health: Working with People with a Mental Health Problem

Other

Content Area MH

Description This course is designed to assist staff from DoCS funded services to gain an understanding of mental health problems and learn effective methods for interaction with people with a mental health problem, as well as related services. The workshop is designed for those who come into occasional contact with people with a mental health problem in the course of their work.

Delivery Mode Internal

Duration 2 days

Indigenous

Entry Requirement Nil

Fees

Sydney South West Area Health Service

Telephone 02 9828 5920.
Fax 02 9828 5931
Email www.sswahs.nsw.gov.au
Website www.sswahs.nsw.gov.au

Concord Hospital, Concord

Locked Bag 7017, Liverpool BC
NSW 1871

Mental Health Outcome Measurement Training

Other

Content Area MH

Description This training provides the clinicians with the skills to complete the outcome measures and supports the recording and reporting of those outcome measures. The course will enable clinicians to: Understand the context of the collection of outcome measures in mental health. Understand the National Outcomes and Case-mix collection (NOCC) Data Collection protocol and local adaptation. Develop skills in the completion of the standard measures of Outcomes and Case-mix Provide an opportunity for clarification of the protocol and rating rules of the measures which make up the NOCC data collection Provide an opportunity to explore the clinical utility of the measures which make up NOCC including; Using the consumer self assessment to support the assessment process, the process of engagement with the consumer, along with consumer empowerment.

Delivery Mode Internal

Duration 1 day

Indigenous

Entry Requirement

Fees SSWAHS staff free. Non staff \$200.

Sydney South West Area Health Service

Telephone 02 9828 5920.
Fax 02 9828 5931
Email www.sswahs.nsw.gov.au
Website www.sswahs.nsw.gov.au

Rozelle Hospital, Rozelle

Locked Bag 7017, Liverpool BC
NSW 1871

Understanding Mental Illness

Other

Content Area MH

Description The aim of this course is to provide a useful basis for relating to and working with people with a mental illness in government departments, non-government organisations and other service agencies. This course will enable participants to: Describe basic symptomology of major mental illnesses. Identify major issues of concern for people who have psychiatric and psychological illnesses. Name various side effects and adverse reactions of psychotropic medications. Name various legal requirements that pertain to those who have mental illnesses.

Delivery Mode Internal

Duration 1 day

Indigenous

Entry Requirement

Fees Free

Uniting Care Wesley Burnside

Telephone 02 8830 0777
 Fax 02 9891 5675
 Email <mailto:info@unifamcounselling.org>
 Website www.counselling-courses.com.au

Uniting Care Wesley, Burnside

PO Box 3156, Parramatta
 NSW 2124

Addictions

Other

Content Area AOD

Description At the end of this subject students will be able to: Demonstrate an understanding of the different theories of addiction; Develop skills to give a thorough drug and alcohol assessment; Recognise ways of conceptualising addictions and develop systemic hypotheses; Explore the meaning of addiction for each client and their family; Understand and explore the continuum of recreational, problematic and addictive drug use; Explore various clinical interventions and the models underlying these approaches to addiction; Understand the different drugs most commonly used and learn to recognise the signs and symptoms of each. Become aware of the research into addiction from within the medical field regarding Pharmacotherapy and other Treatment Models i.e. Harm Minimisation versus abstinence. Utilise Cognitive Behavioural Techniques such as Motivational Interviewing from within the systemic framework of therapy.

Delivery Mode Internal

Duration 2 days

Indigenous

Entry Requirement Professional / Welfare background; working in community services.

Fees \$1023

Queensland Alliance

Telephone 07 3832 2600
Fax 07 3832 2622
Email <mailto:admin@qldalliance.org.au>
Website www.qldalliance.org.au

Brisbane

PO Box 919, Spring Hill
QLD 4000

Key Worker 3: Goal Setting Skills

Other

Content Area MH

Description This workshop covers the following content:; Defining goal setting in relation to psychosocial rehabilitation; Learnings from research; The nature and dimensions of goals; The process and stages of goal setting with consumers; Challenges in goal setting

Delivery Mode Internal

Duration 2 days

Indigenous

Entry Requirement

Fees

Key Worker 4: Assessing Clients' Strengths and Needs

Other

Content Area MH

Description This workshop covers the following content:; Defining goal setting in relation to psychosocial rehabilitation; Learnings from research; The nature and dimensions of goals; The process and stages of goal setting with consumers; Challenges in goal setting

Delivery Mode Internal

Duration 2 days

Indigenous

Entry Requirement

Fees

Queensland Alliance

Telephone 07 3832 2600
Fax 07 3832 2622
Email <mailto:admin@qldalliance.org.au>
Website www.qldalliance.org.au

Cairns

PO Box 919, Spring Hill
QLD 4000

Key Worker 3: Goal Setting Skills

Other

Content Area MH

Description This workshop covers the following content:; Defining goal setting in relation to psychosocial rehabilitation; Learnings from research; The nature and dimensions of goals; The process and stages of goal setting with consumers; Challenges in goal setting

Delivery Mode Internal

Duration 2 days

Indigenous

Entry Requirement

Fees

Key Worker 2: The Rehabilitation Journey

Other

Content Area MH

Description This workshop is aimed at workers with at least 6 months experience who wish to further explore the complexities of rehabilitation and recovery, and covers the following content: A definition of empowerment; Phases of change and growth; Barriers to recovery; Readiness for rehabilitation; Externalising conversations; Your support style in being a key worker.

Delivery Mode Internal

Duration 2 days

Indigenous

Entry Requirement

Fees

Queensland Alliance

Telephone 07 3832 2600
Fax 07 3832 2622
Email <mailto:admin@qldalliance.org.au>
Website www.qldalliance.org.au

Sunshine Coast

PO Box 919, Spring Hill
QLD 4000

Key Worker 3: Goal Setting Skills

Other

Content Area MH

Description This workshop covers the following content:; Defining goal setting in relation to psychosocial rehabilitation; Learnings from research; The nature and dimensions of goals; The process and stages of goal setting with consumers; Challenges in goal setting.

Delivery Mode Internal

Duration 2 days

Indigenous

Entry Requirement

Fees

Queensland Alliance

Telephone 07 3832 2600
Fax 07 3832 2622
Email <mailto:admin@qldalliance.org.au>
Website www.qldalliance.org.au

Townsville

PO Box 919, Spring Hill
QLD 4000

Key Worker 3: Goal Setting Skills

Other

Content Area MH

Description This workshop covers the following content:; Defining goal setting in relation to psychosocial rehabilitation; Learnings from research; The nature and dimensions of goals; The process and stages of goal setting with consumers; Challenges in goal setting

Delivery Mode Internal

Duration 2 days

Indigenous

Entry Requirement

Fees

Key Worker 2: The Rehabilitation Journey

Other

Content Area MH

Description This workshop is aimed at workers with at least 6 months experience who wish to further explore the complexities of rehabilitation and recovery, and covers the following content: A definition of empowerment; Phases of change and growth; Barriers to recovery; Readiness for rehabilitation; Externalising conversations; Your support style in being a key worker.

Delivery Mode Internal

Duration 2 days

Indigenous

Entry Requirement

Fees

Auseinet

Telephone 08 8201 7670
Fax 08 8201 7673
Email <mailto:auseinet@flinders.edu.au>
Website www.auseinet.com

Bedford Park

Auseinet, C/- Flinders University GPO Box 2100, Adelaide
SA 5001

Understanding Mental Health and Wellbeing

Other

Content Area MH

Description An Introduction to Mental Health, Mental Health Promotion, Prevention of Mental Ill-Health and Early Intervention.

Delivery Mode Internal

Duration 2 days

Indigenous

Entry Requirement

Fees

Centre for Nursing and Midwifery Education and Research

Telephone 08 8204 4341
 Fax 08 8204 5907
 Email <mailto:nursingmidwiferyeducation@fmc.sa.gov.au>
 Website www.cnmer.net

Flinders Medical Centre, Bedford Park

CNMER, Level 7, Flinders Medical Centre, Bedford Park
 SA 5042

Alcohol, Tobacco and Other Drug Use in Pregnancy, Birth and Breastfeeding - Clinical Focus

Other

Content Area AOD

Description To provide up-to-date education for health professional and other workers who care for women during their antenatal, birth and postnatal experiences

Delivery Mode Internal

Duration 1 day

Indigenous Yes

Entry Requirement For all health professionals, nurses, midwives, doctors, ambulance officers and Aboriginal health workers.

Fees \$100

Advanced Alcohol, Drugs and Mental Health Comorbidity 2 day workshop

Other

Content Area CM

Description To update and extend participants' understanding of effective clinical and practical Interventions for client / patients with Co-morbidity based on evidenced based practice and research.

Delivery Mode Internal

Duration 30 hours

Indigenous Yes

Entry Requirement Relevant government and non-government mental health, drug and alcohol and other relevant health services including: hospital and community based mental health and drug and alcohol nurses, doctors and social workers; community mental health workers, GPs and specialist GP nurse, Aboriginal drug and alcohol and mental health workers, specialist migrant mental health and drug and alcohol workers.

Fees \$100 (GST included)

Centre for Nursing and Midwifery Education and Research

Telephone 08 8204 4341
 Fax 08 8204 5907
 Email <mailto:nursingmidwiferyeducation@fmc.sa.gov.au>
 Website www.cnmer.net

Flinders Medical Centre, Bedford Park

CNMER, Level 7, Flinders Medical Centre, Bedford Park
 SA 5042

Mental Health, Alcohol and Other Drugs in Acute Care

Other

Content Area CM

Description To update and further develop awareness, knowledge and skills in the assessment and management of Acute Care patients experiencing mental health and / or alcohol, tobacco and other drug problems and apply current practice guidelines to clinical practice.

Delivery Mode Internal

Duration 1 night

Indigenous

Entry Requirement

Fees \$250

Emergency Mental Health, Alcohol and Drugs (EMHAD)

Other

Content Area CM

Description This course was developed by Mental Health and Emergency staff from Flinders Medical Centre and the School of Nursing and Midwifery Flinders University, supported by The Centre for Nursing and Midwifery Education and Research and funded by the SA Department of Health. The course covers emergency issues relating to the assessment and management of clients with Mental Health / Alcohol / Drugs / Co-morbidity issues who present to emergency services in crisis and participants include a mixture of staff disciplines and services. The course has a practical and interactive focus with scenario-based teaching, role-plays and discussion. All participants receive a CD-ROM or hardcopy of pre-course readings and an interactive CD with workbook for flexible learning. Further resources and relevant articles and information are provided each day.

Delivery Mode Internal

Duration 30 hours

Indigenous

Entry Requirement Computer access available FMC May 5th - prior booking is required, Places are strictly limited to 30 per course, Registrations close 5 weeks prior to course start.

Fees Course Cost for Materials and refreshments is \$100.00 (inclusive of GST).

Centre for Nursing and Midwifery Education and Research

Telephone 08 8204 4341
Fax 08 8204 5907
Email <mailto:nursingmidwiferyeducation@fmc.sa.gov.au>
Website www.cnmer.net

Flinders Medical Centre, Bedford Park

CNMER, Level 7, Flinders Medical Centre, Bedford Park
SA 5042

Introduction to Alcohol, Drugs and Mental Health Comorbidity

Other

Content Area CM

Description To promote awareness and increase understanding of mental health and alcohol and other drug Co-morbidity, and foster networking and collaboration amongst a diverse workforce.

Delivery Mode Internal

Duration 5 days

Indigenous Yes

Entry Requirement Government and non-government health, welfare and other relevant services including: hospital and community based nurses, doctors, social works, community workers, GPs and GP nurses, Aboriginal health and community works, mental health and alcohol and drug workers, criminal justice and other interested groups.

Fees \$50 (GST included)

Centre for Nursing and Midwifery Education and Research

Telephone 08 8204 4341
Fax 08 8204 5907
Email <mailto:nursingmidwiferyeducation@fmc.sa.gov.au>
Website www.cnmer.net

Murray Bridge

CNMER, Level 7, Flinders Medical Centre, Bedford Park
SA 5042

Emergency Mental Health, Alcohol and Drugs (EMHAD)

Other

Content Area CM

Description This course was developed by Mental Health and Emergency staff from Flinders Medical Centre and the School of Nursing and Midwifery Flinders University, supported by The Centre for Nursing and Midwifery Education and Research and funded by the SA Department of Health. The course covers emergency issues relating to the assessment and management of clients with Mental Health / Alcohol / Drugs / Co-morbidity issues who present to emergency services in crisis and participants include a mixture of staff disciplines and services. The course has a practical and interactive focus with scenario-based teaching, role-plays and discussion. All participants receive a CD-ROM or hardcopy of pre-course readings and an interactive CD with workbook for flexible learning. Further resources and relevant articles and information are provided each day.

Delivery Mode Internal

Duration 1 day

Indigenous

Entry Requirement Computer access available FMC May 5th - prior booking is required, Places are strictly limited to 30 per course, Registrations close 5 weeks prior to course start.

Fees Course Cost for Materials and refreshments is \$100.00 (inclusive of GST).

Centre for Nursing and Midwifery Education and Research

Telephone 08 8204 4341
Fax 08 8204 5907
Email <mailto:nursingmidwiferyeducation@fmc.sa.gov.au>
Website www.cnmer.net

Whyalla

CNMER, Level 7, Flinders Medical Centre, Bedford Park
SA 5042

Emergency Mental Health, Alcohol and Drugs (EMHAD)

Other

Content Area CM

Description This course was developed by Mental Health and Emergency staff from Flinders Medical Centre and the School of Nursing and Midwifery Flinders University, supported by The Centre for Nursing and Midwifery Education and Research and funded by the SA Department of Health. The course covers emergency issues relating to the assessment and management of clients with Mental Health / Alcohol / Drugs / Co-morbidity issues who present to emergency services in crisis and participants include a mixture of staff disciplines and services. The course has a practical and interactive focus with scenario-based teaching, role-plays and discussion. All participants receive a CD-ROM or hardcopy of pre-course readings and an interactive CD with workbook for flexible learning. Further resources and relevant articles and information are provided each day.

Delivery Mode Internal

Duration 1 day

Indigenous

Entry Requirement Computer access available FMC May 5th - prior booking is required, Places are strictly limited to 30 per course, Registrations close 5 weeks prior to course start.

Fees Course Cost for Materials and refreshments is \$100.00 (inclusive of GST).

Flinders University

Telephone 08 8204 3930
Fax 08 8404 2101
Email <mailto:admissions@flinders.edu.au>
Website www.flinders.edu.au

Bedford Park

PO Box 2100, Adelaide
SA 5001

Managing Comorbid Mental Health and Substance Use Disorders

Other

Content Area CM

Description This 5 day intensive workshop provides knowledge and practical skills in the assessment and cognitive-behavioural treatment of comorbid mental health and substance use disorders. This clinically-relevant workshop is designed for service providers from a variety of health backgrounds who see clients with comorbid disorders. Participants will: Gain a working knowledge of the principles and issues relevant to comorbid mental health and substance use disorders, gain knowledge and skills in the assessment of comorbid disorders, learn motivational interviewing techniques for substance use disorders, gain knowledge and skills in the cognitive-behavioural treatment of comorbid disorders Workshop

Delivery Mode Internal

Duration 5 days

Indigenous

Entry Requirement

Fees \$800.00

Mental Health Coalition of SA

Telephone 08 8212 8873
Fax 08 8212 8874
Email <mailto:administration@mhcsa.org.au>
Website www.mhcsa.org.au

Adelaide Country

Level 1, 408 King William St., Adelaide
SA 5000

Support Worker 1 Establishing the Relationship

Other

Content Area MH

Description This topic will revisit and reframe the foundation skills of the “helper role” within the specific context for consumers in psychiatric disability rehabilitation and support services. Participants also receive the VICSERV Practice Text Volume 4, To Be a Support Worker.

Delivery Mode Internal

Duration 2 days

Indigenous

Entry Requirement

Fees Members: \$100 per day, non-members: \$175 per day. In-house training: members: \$1300 per day, non-members: \$2275 per day

Support Worker 3 Goal Setting

Other

Content Area MH

Description The process of assisting a client to set a goal involves a number of stages as part of the development of the rehabilitation relationship. This topic looks thoroughly at those stages, recognising that the process of goal setting is equally as important as the task. Participants will receive the VICSERV Practice Text Volume 5, Mapping the Journey - Goal Setting.

Delivery Mode Internal

Duration 1 day

Indigenous

Entry Requirement

Fees Members: \$100 per day, non-members: \$175 per day. In-house training: members: \$1300 per day, non-members: \$2275 per day

Mental Health Coalition of SA

Telephone 08 8212 8873
Fax 08 8212 8874
Email <mailto:administration@mhcsa.org.au>
Website www.mhcsa.org.au

Adelaide Country

Level 1, 408 King William St., Adelaide
SA 5000

Support Worker 2 The Rehabilitation Journey

Other

Content Area MH

Description This topic assists support workers in knowing when and how to proceed as they begin to work with a new client. By using rehabilitation process framework the support worker will explore how clients understand this and can participate fully in their own rehabilitation process. This understanding will assist the support worker and client relationship and reduce the likelihood of creating further barriers to recovery.

Delivery Mode Internal

Duration 2 days

Indigenous

Entry Requirement

Fees Members: \$100 per day, non-members: \$175 per day. In-house training: members: \$1300 per day, non-members: \$2275 per day

Mental Health Coalition of SA

Telephone 08 8212 8873
Fax 08 8212 8874
Email <mailto:administration@mhcsa.org.au>
Website www.mhcsa.org.au

Adelaide Country

Level 1, 408 King William St., Adelaide
SA 5000

Providing a Service to People with a Mental Illness

Other

Content Area MH

Description This program aims to provide introductory information and skill training for people who provide some services to people who have a mental illness. It acknowledges that these services require some expertise in being able to assess, provide information, communicate with these clients, and refer to appropriate services, while endeavouring to provide an accessible and supportive service. This program is designed for people who do not need to be experts in psychiatric treatment, but who need to know enough about mental illness and how it affects people's lives in order to be confident and effective in service delivery. Participants will more confidently assist a person who has a mental illness.

Delivery Mode Internal

Duration 2 days

Indigenous

Entry Requirement This program is well suited to anyone who provides a service to people with a mental illness. The program can also be customized to suit management personnel with support and supervisory responsibilities.

Fees Members: \$100 per day, non-members: \$175 per day. In-house training: members: \$1300 per day, non-members: \$2275 per day

Mental Health Coalition of SA

Telephone 08 8212 8873
Fax 08 8212 8874
Email <mailto:administration@mhcsa.org.au>
Website www.mhcsa.org.au

Adelaide Country

Level 1, 408 King William St., Adelaide
SA 5000

Context and Practice Psychosocial Rehabilitation

Other

Content Area MH

Description Revisiting the practice of Psychosocial Rehabilitation is ideally suited to new and experienced psychiatric disability support workers. This program explores the theoretical framework that underpins the work of psychosocial rehabilitation. It uses these understandings as a gauge by which to assist work practice and service delivery. Participants also receive the VICSERV Practice Text Volume 1, Towards Recovery.

Delivery Mode Internal

Duration 1 day or 0.5 day

Indigenous

Entry Requirement

Fees Members: \$100 per day, non-members: \$175 per day. In-house training: members: \$1300 per day, non-members: \$2275 per day

Mental Health Coalition of SA

Telephone 08 8212 8873
 Fax 08 8212 8874
 Email <mailto:administration@mhcsa.org.au>
 Website www.mhcsa.org.au

Adelaide Metro

Level 1, 408 King William St., Adelaide
 SA 5000

Support Worker 3 Goal Setting

Other

Content Area MH

Description The process of assisting a client to set a goal involves a number of stages as part of the development of the rehabilitation relationship. This topic looks thoroughly at those stages, recognising that the process of goal setting is equally as important as the task. Participants will receive the VICSERV Practice Text Volume 5, Mapping the Journey - Goal Setting.

Delivery Mode Internal

Duration 2 days

Indigenous

Entry Requirement

Fees Members: \$100 per day, non-members: \$175 per day. In-house training: members: \$1300 per day, non-members: \$2275 per day

Support Worker 2 The Rehabilitation Journey

Other

Content Area MH

Description This topic assists support workers in knowing when and how to proceed as they begin to work with a new client. By using rehabilitation process framework the support worker will explore how clients understand this and can participate fully in their own rehabilitation process. This understanding will assist the support worker and client relationship and reduce the likelihood of creating further barriers to recovery.

Delivery Mode Internal

Duration 2 days

Indigenous

Entry Requirement

Fees Members: \$100 per day, non-members: \$175 per day. In-house training: members: \$1300 per day, non-members: \$2275 per day

Mental Health Coalition of SA

Telephone 08 8212 8873
 Fax 08 8212 8874
 Email <mailto:administration@mhcsa.org.au>
 Website www.mhcsa.org.au

Adelaide Metro

Level 1, 408 King William St., Adelaide
 SA 5000

Support Worker 1 Establishing the Relationship

Other

Content Area MH

Description This topic will revisit and reframe the foundation skills of the “helper role” within the specific context for consumers in psychiatric disability rehabilitation and support services. Participants also receive the VICSERV Practice Text Volume 4, To Be a Support Worker.

Delivery Mode Internal

Duration 2 days

Indigenous

Entry Requirement

Fees Members: \$100 per day, non-members: \$175 per day. In-house training: members: \$1300 per day, non-members: \$2275 per day

Providing a Service to People with a Mental Illness

Other

Content Area MH

Description This program aims to provide introductory information and skill training for people who provide some services to people who have a mental illness. It acknowledges that these services require some expertise in being able to assess, provide information, communicate with these clients, and refer to appropriate services, while endeavouring to provide an accessible and supportive service. This program is designed for people who do not need to be experts in psychiatric treatment, but who need to know enough about mental illness and how it affects people’s lives in order to be confident and effective in service delivery. Participants will more confidently assist a person who has a mental illness.

Delivery Mode Internal

Duration 1 day or 0.5 day

Indigenous

Entry Requirement This program is well suited to anyone who provides a service to people with a mental illness. The program can also be customized to suit management personnel with support and supervisory responsibilities.

Fees Members: \$100 per day, non-members: \$175 per day. In-house training: members: \$1300 per day, non-members: \$2275 per day

Mental Health Coalition of SA

Telephone 08 8212 8873
Fax 08 8212 8874
Email <mailto:administration@mhcsa.org.au>
Website www.mhcsa.org.au

Adelaide Metro

Level 1, 408 King William St., Adelaide
SA 5000

Context and Practice Psychosocial Rehabilitation

Other

Content Area MH

Description Revisiting the practice of Psychosocial Rehabilitation is ideally suited to new and experienced psychiatric disability support workers. This program explores the theoretical framework that underpins the work of psychosocial rehabilitation. It uses these understandings as a gauge by which to assist work practice and service delivery. Participants also receive the VICSERV Practice Text Volume 1, Towards Recovery.

Delivery Mode Internal

Duration 2 days

Indigenous

Entry Requirement

Fees Members: \$100 per day, non-members: \$175 per day. In-house training: members: \$1300 per day, non-members: \$2275 per day

South Australian Mental Health Training Centre

Telephone 1800 789 410
Fax 02 9840 3822
Email <mailto:institute@nswiop.nsw.edu.au>
Website www.nswiop.nsw.edu.au

Cooinda Club, Pt Augusta

Glenside Hospital, Administration Building 1, First Floor, Rm F16 - F19, 226 Fullerton Road, Eastwood
SA 5063

Legal Issues in Mental Health

Other

Content Area MH

Description The seminar will address the concept of rights in the mental health context, duty of care, including what is expected of organisations and workers, apologies and case notes and duty of confidentiality and privacy, including when it is appropriate to disclose information, and barriers real and otherwise to disclosure. SA mental health and guardianship laws will also be summarised. There will also be group discussion on case studies. Those attending will have a clearer understanding of the law and its practical application in the mental health area. This in turn can only assist decision making for clients and their families.

Delivery Mode Internal

Duration 1 day

Indigenous

Entry Requirement

Fees Public Mental Health Services and CAMHS - no cost. Mental Health Rehabilitation NGOs and other services - \$150 + GST.

South Australian Mental Health Training Centre

Telephone 1800 789 410
Fax 02 9840 3822
Email <mailto:institute@nswiop.nsw.edu.au>
Website www.nswiop.nsw.edu.au

Education Development Centre, Hindmarsh

Glenside Hospital, Administration Building 1, First Floor, Rm F16 - F19, 226 Fullerton Road, Eastwood
SA 5063

Mental Health Emergency Services Memorandum of Understanding

Other

Content Area MH

Description This program aims to assist participants to gain clearer understanding of the roles and responsibilities of the different organisations involved, relevant legislation and associated legal considerations, Memorandum of Understanding processes and procedures, and how to seek assistance including in regard to dispute resolution. The program will also provide information on the functions of Local Liaison Groups and the Steering Committee. The Program is aimed at Department of Health and Mental Health Services staff, and signatory parties to the MOU such as SAAS, SAPOL and RFDS.

Delivery Mode Internal

Duration 3 days

Indigenous

Entry Requirement

Fees Public MH Services, SAPOL, SAAS, RFDS - no cost. MH Rehab NGOs and other services - no cost.

South Australian Mental Health Training Centre

Telephone 1800 789 410
Fax 02 9840 3822
Email <mailto:institute@nswiop.nsw.edu.au>
Website www.nswiop.nsw.edu.au

Red Cross Training Centre, Marleston

Glenside Hospital, Administration Building 1, First Floor, Rm F16 - F19, 226 Fullerton Road, Eastwood
SA 5063

Physical and Mental Health Comorbidities in Older Adults

Other

Content Area MH

Description As our population ages and life expectancy increases, we are faced with the need to understand, identify and manage issues that arise with the combination of physical and mental health problems, and the connection between the two in this age group. It will explore the physical health issues facing older people, and the impact of these on the mental health of older people. The clinical presentation of disorders and the manifestation of these in older people will be discussed, along with strategies for managing physical and mental health comorbidities in the elderly.

Delivery Mode Internal

Duration 1 day

Indigenous

Entry Requirement

Fees Public Mental Health Services - No cost. Mental Health Rehabilitation NGO's - no cost.
Other services - \$150 + GST

South Australian Mental Health Training Centre

Telephone 1800 789 410
Fax 02 9840 3822
Email <mailto:institute@nswiop.nsw.edu.au>
Website www.nswiop.nsw.edu.au

Red Cross Training Centre, Marleston

Glenside Hospital, Administration Building 1, First Floor, Rm F16 - F19, 226 Fullerton Road, Eastwood
SA 5063

Motivational Interviewing in Mental Health

Other

Content Area MH

Description This workshop is designed for mental health practitioners working in Public Mental Health Services. Motivation is the reason why people do the things they do. Motivational interviewing is a counselling approach based on the principle that all human behaviour is motivated. It acknowledges that many people experience ambivalence when deciding to make changes - they both want and don't want to change. It also acknowledges that people can perceive both the advantages and disadvantages of changing, or continuing, with their current behaviour. The aim is not to immediately focus on the action of changing, but working to enhance motivation to change. You will learn; What underlies the power of the motivational interviewing technique; How to encourage the client to talk him or herself into changing their behaviour, rather than suggesting or advising.

Delivery Mode Internal

Duration 1 day

Indigenous

Entry Requirement

Fees Public Mental Health Services - no cost.

South Australian Mental Health Training Centre

Telephone 1800 789 410
 Fax 02 9840 3822
 Email <mailto:institute@nswiop.nsw.edu.au>
 Website www.nswiop.nsw.edu.au

Red Cross Training Centre, Marleston

Glenside Hospital, Administration Building 1, First Floor, Rm F16 - F19, 226 Fullerton Road, Eastwood
 SA 5063

Mental Health, Recovery and Law (Advanced Module)

Other

Content Area MH

Description This program builds on its prerequisite "Legal Issues in Mental Health" in both philosophical and practical areas. Topics will include: Values and the Law; Discrimination; Duty of Care and Recovery; The Mental Impairment defence in criminal proceedings; The new Mental Health Legislation; There will also be a greater emphasis on case studies in practical settings in response to those attending the first course. It is recommended that participants attend the "Legal Issues in Mental Health" before they enrol to this Advanced Module.

Delivery Mode Internal

Duration 1 day

Indigenous

Entry Requirement

Fees Public Mental Health Services and CAMHS - no cost. Mental Health Rehabilitation NGOs and other services - \$150 + GST.

Legal Issues in Mental Health

Other

Content Area MH

Description The seminar will address the concept of rights in the mental health context, duty of care, including what is expected of organisations and workers, apologies and case notes and duty of confidentiality and privacy, including when it is appropriate to disclose information, and barriers real and otherwise to disclosure. SA mental health and guardianship laws will also be summarised. There will also be group discussion on case studies. Those attending will have a clearer understanding of the law and its practical application in the mental health area. This in turn can only assist decision making for clients and their families.

Delivery Mode Internal

Duration 1 day

Indigenous

Entry Requirement

Fees Public Mental Health Services and CAMHS - no cost. Mental Health Rehabilitation NGOs and other services - \$150 + GST.

South Australian Mental Health Training Centre

Telephone 1800 789 410
 Fax 02 9840 3822
 Email <mailto:institute@nswiop.nsw.edu.au>
 Website www.nswiop.nsw.edu.au

Red Cross Training Centre, Marleston

Glenside Hospital, Administration Building 1, First Floor, Rm F16 - F19, 226 Fullerton Road, Eastwood
 SA 5063

Introduction to Mental Health Issues

Other

Content Area MH

Description This workshop will provide you with an overview of core competencies required to working effectively in mental health services. It is a 3-day course covering topics such as: Understanding Mental Health and Mental Illness; Mental Health Strategy and relevant policies; Bio-psycho-social Assessment including Mental State Exam; Classification of Disorders; An overview of Thought Disorders, Mood Disorders and Anxiety Disorders; Personality Disorders; Suicide Risk Assessment, and Managing Aggressive Behaviours. It is an interactive workshop with lots of case studies and video illustrations. Consumer perspective is also included. It is a must course for every worker providing rehabilitation services within the mental health system.

Delivery Mode Internal

Duration 1 day

Indigenous

Entry Requirement

Fees Public Mental Health Services and CAMHS - no cost. Mental Health Rehabilitation NGOs - no cost. Other services \$450 (GST included).

Introduction to Mental Health Issues in Older Adults

Other

Content Area MH

Description This one day interactive workshop will explore a range of issues pertinent to working with older adults. It will include common mental health presentations; physical and mental health co-morbidities, and assessment and management strategies.

Delivery Mode Internal

Duration 1 day

Indigenous

Entry Requirement This course is for new and current workers in Mental Health Services for Older People.

Fees Public Mental Health Services - no cost.

South Australian Mental Health Training Centre

Telephone 1800 789 410
Fax 02 9840 3822
Email <mailto:institute@nswiop.nsw.edu.au>
Website www.nswiop.nsw.edu.au

Whyalla Community Health, Whyalla

Glenside Hospital, Administration Building 1, First Floor, Rm F16 - F19, 226 Fullerton Road, Eastwood
SA 5063

Motivational Interviewing in Mental Health

Other

Content Area MH

Description This workshop is designed for mental health practitioners working in Public Mental Health Services. Motivation is the reason why people do the things they do. Motivational interviewing is a counselling approach based on the principle that all human behaviour is motivated. It acknowledges that many people experience ambivalence when deciding to make changes - they both want and don't want to change. It also acknowledges that people can perceive both the advantages and disadvantages of changing, or continuing, with their current behaviour. The aim is not to immediately focus on the action of changing, but working to enhance motivation to change. You will learn; What underlies the power of the motivational interviewing technique; How to encourage the client to talk him or herself into changing their behaviour, rather than suggesting or advising.

Delivery Mode Internal

Duration 1 day

Indigenous

Entry Requirement

Fees Public Mental Health Services - no cost.

TAFE Tasmania

Telephone 1300 655 307
Fax 03 6233 7830
Email <mailto:www@tafe.tas.edu.au>
Website www.tafe.tas.edu.au

Hobart

GPO Box 2015, Hobart
TAS 7001

Studies in Comorbidity

Other

Content Area CM

Description This professional development course draws on a range of models and practice technologies in current evidence based co-morbidity welfare practice.

Delivery Mode Internal

Duration 1 day

Indigenous

Entry Requirement

Fees Fees: \$990.00 per person includes all course materials and is GST inclusive. Additional Assessment Services: \$150.00.

Alpha Additions

Telephone 03 9304 7900
Fax 03 9318 1422
Email <mailto:info@alphaservices.com.au>
Website www.alphaservices.com.au

Avondale Heights

8 Centreway, Keilor East
VIC 3033

Providing Non-Clinical Services to People With Mental Health Issues

Statement of Attainment

Content Area MH

Description The Statement of Attainment of Providing Non-Clinical Services to People With Mental Health Issues is from the Community Services Training Package. It relates to collaboratively assessing needs, providing a range of services to meet needs, reviewing progress and evaluating the work undertaken with clients with mental health issues.

Delivery Mode Internal, Flexible Delivery

Duration

Indigenous

Entry Requirement No minimum education

Fees

Centre for Excellence in Child and Family Welfare

Telephone 03 9614 1577
 Fax 03 9614 1774
 Email <mailto:admin@cwav.asn.au>
 Website www.cwav.asn.au

Melbourne

5th Floor, 50 Market Street, Melbourne
 VIC 3000

Essential Skills for Working with Clients who Use Drugs

Other

Content Area AOD

Description This workshop is designed to assist workers engaged in service provision to young people to enhance understanding of adolescent drug using behaviours. The workshops will also provide an opportunity to reflect on practical strategies for working with this client group. By the end of this workshop the learner will be able to: Discuss the patterns and prevalence of adolescent substance use, identify factors that influence adolescents to engage in substance use, identify the function of substance use in adolescence, develop an understanding of behaviour change in relation to substance use in adolescence, discuss and implement practical strategies for working with adolescents who use substances, which includes understanding of the range of treatment options available for adolescents.

Delivery Mode Internal

Duration 7 days

Indigenous

Entry Requirement

Fees \$220 members, \$270 non members.

Impact of Substance Use on Families

Other

Content Area AOD

Description To develop participants' knowledge of: The impact of parental substance-use from pregnancy to adolescence, the context in which problematic parental substance-use occurs, assessment of parenting capacity and effective interventions with children and parents. Learning outcomes: Improved assessment of parenting capacity and substance-use, strategies to engage parents in a process of change, strategies to reduce worker stress and improve safety and designing and implementing child-focused interventions to reduce risk and improve children's resilience and outcomes.

Delivery Mode Internal

Duration 1 day

Indigenous

Entry Requirement

Fees \$125 members, \$150 non members.

Centre for Excellence in Child and Family Welfare

Telephone 03 9614 1577
Fax 03 9614 1774
Email <mailto:admin@cwav.asn.au>
Website www.cwav.asn.au

Melbourne

5th Floor, 50 Market Street, Melbourne
VIC 3000

Amphetamine Type Stimulants Putting Ice into Perspective

Other

Content Area MH

Description Since the late 1990's there has been a mounting concern regarding the growing prevalence of amphetamine type stimulants (ATS) within Australia. A particular concern has been the "Ice epidemic". The aim of this training is to provide evidence based information regarding Amphetamine Type Substances including crystal methamphetamine (Ice). Participants will gain knowledge regarding: Types and prevalence of ATS within Australia, symptoms of ATS intoxication, withdrawal and dependence, the implications of the rising prevalence of ATS for health and community service professionals and management of ATS associated client presentations.

Delivery Mode Internal

Duration 2 days

Indigenous

Entry Requirement

Fees \$220 members, \$270 non members.

Coonara Community House

Telephone 03 9578 7081
Fax 03 9753 6034
Email <mailto:coonarahouse@optusnet.com.au>
Website www.coonarahouse.org.au

Coonara Community House, Ferntree Gully

22 Willow Road, Upper Ferntree Gully
VIC 3156

Introduction to Alcohol and Other Drugs Work

Other

Content Area AOD

Description

Delivery Mode Internal

Duration 1 day

Indigenous

Entry Requirement

Fees \$80 Members, \$85 non Members.

Lifeline

Telephone 03 9894 1833
Fax 03 9894 4354
Email <mailto:info@livingworks.org.au>
Website www.lifeline.org.au

Living Works Office

PO Box 316, Blackburn
VIC 3130

Suicide Alertness

Other

Content Area MH

Description Moves beyond general awareness to demonstrate how people alert to suicide risk can increase suicide safety. Considers how opportunities to prevent suicide are often missed, dismissed or avoided. Learn how basic TALK steps can link persons at risk with suicide first aid and other help to increase their safety.

Delivery Mode Internal

Duration 2 - 3 hours

Indigenous

Entry Requirement

Fees See: www.livingworks.org.au.

Suicide Awareness

Other

Content Area MH

Description Explores how we can overcome stigma about suicide and play a role in preventing suicide and promoting life. Basic TALK steps are introduced - Tell, Ask, Listen and Keep safe.

Delivery Mode Internal

Duration 1 day

Indigenous

Entry Requirement

Fees See: www.livingworks.org.au.

Lifeline

Telephone 03 9894 1833
Fax 03 9894 4354
Email <mailto:info@livingworks.org.au>
Website www.lifeline.org.au

Living Works Office

PO Box 316, Blackburn
VIC 3130

Suicide Care - Helping Beyond Crisis

Other

Content Area MH
Description A clinical seminar for those working longer term with persons at risk of suicide.
Delivery Mode Internal
Duration 1 day
Indigenous
Entry Requirement Applied Suicide Intervention Skills Training - Suicide First Aid is a prerequisite.
Fees See: www.livingworks.org.au.

Applied Suicide Intervention Skills Training - Suicide First Aid

Other

Content Area MH
Description In Suicide First Aid, people learn to apply a suicide intervention model. It helps caregivers recognise when someone may be at risk of suicide. It then explores how to connect with them in ways that understand and clarify that risk, increase their immediacy.
Delivery Mode Internal
Duration 3 days
Indigenous
Entry Requirement
Fees See: www.livingworks.org.au.

ORYGEN Youth Health

Telephone 03 9342 2800
Fax 03 9342 3745
Email <mailto:info@orygen.org.au>
Website www.orygen.org.au

ORYGEN Youth Health

Locked Bag 10, Parkville
VIC 3052

Cigarette Smoking in Early Psychosis

Other

Content Area CM

Description This workshop will explore the latest epidemiological research and current treatment programs related to cigarette smoking with application to first episode psychosis. In addition opportunities for future research and program development will be discussed. At the completion of the workshop you will be able to: Describe the theoretical background linking smoking and psychopathology; Identify symptoms and demographic features involved in the development and maintenance of cigarette smoking; Identify issues arising from high levels of smoking for consumers, carers and clinicians; Demonstrate skills in assessing and treating individuals wishing to reduce or cease smoking.

Delivery Mode Internal

Duration 1 day

Indigenous

Entry Requirement

Fees \$120

ORYGEN Youth Health

Telephone 03 9342 2800
 Fax 03 9342 3745
 Email <mailto:info@orygen.org.au>
 Website www.orygen.org.au

ORYGEN Youth Health

Locked Bag 10, Parkville
 VIC 3052

Substance Use and Early Psychosis

Other

Content Area CM

Description This two day workshop aims to provide a comprehensive update on the latest research into prevalence, impact and theoretical models of substance-use in psychosis. Diagnostic and treatment issues arising from substance - induced psychosis will be explored. Recent information on drugs, drug use and effects will be presented and available resources, which are appropriate for first episode clients, will be canvassed. Treatment options, including cognitive-behaviour therapy (CBT) for substance use will be introduced. At the completion of this workshop you will be able to: Explain the relationship between mental illness and substance use; Discuss the latest research in prevalence, impact and treatment; Detail the effects of commonly used licit and illicit drugs; Apply assessment and formulation skills in your own work; Review and choose appropriate psycho-educational strategies; Describe key approaches for working effectively with this population including processes of change, motivational interviewing, harm reduction and CBT.

Delivery Mode Internal

Duration 1 day

Indigenous

Entry Requirement

Fees \$240

ORYGEN Youth Health

Telephone 03 9342 2800
 Fax 03 9342 3745
 Email <mailto:info@orygen.org.au>
 Website www.orygen.org.au

ORYGEN Youth Health

Locked Bag 10, Parkville
 VIC 3052

Substance-Induced Psychiatric Disorders

Other

Content Area CM

Description Day 1: Participants in this workshop will learn about: the epidemiology of co-occurring disorders and concepts of causality substance-induced symptoms and disorders, the diagnostic challenges of differentiating substance-induced from primary symptoms and disorders, how different diagnostic assessment tools deal with the differentiation of co-occurring substance use and other disorders and the implications of substance-induced disorders for treatment. Attendees at this workshop will build skills in the detection of mental health and substance use problems and disorders. They will also develop knowledge and basic skills in the differentiation of substance-induced psychiatric symptoms and independent disorders. Day 2/3: PRISM Training: Advanced skills in the diagnosis of primary and substance-induced disorders using the PRISM. The diagnostic concepts, structure, and conventions of the PRISM. The administration and interpretation of the PRISM. The session includes didactic and role-play components. Completion of this 2 day workshop is the first step in becoming a certified.

Delivery Mode Internal

Duration 1 month

Indigenous

Entry Requirement

Fees \$200

ORYGEN Youth Health

Telephone 03 9342 2800
 Fax 03 9342 3745
 Email <mailto:info@orygen.org.au>
 Website www.orygen.org.au

ORYGEN Youth Health

Locked Bag 10, Parkville
 VIC 3052

Suicide: Myths, Issues and Response

Other

Content Area MH

Description This workshop will explore current knowledge in relation to suicide risk and young people. It will focus on developing practical skills in assessment and crisis intervention. At the completion of this workshop you will be able to: Discuss research relating to risk of suicide and young people; Identify signs that a young person may be at risk of suicide; Complete a risk assessment; Identify strategies to support a young person at risk of suicide.

Delivery Mode Internal

Duration 1 day

Indigenous

Entry Requirement

Fees \$120

Tips for Working with the Reluctant, Resistant or Hostile Young Person

Other

Content Area MH

Description The workshop explores the challenges of engaging and working with young people. The session will focus on the importance of building a collaborative relationship and will explore useful strategies to manage difficulties in the worker-client relationship. At the completion of this workshop you will be able to: Describe potential threats and strategies to the engagement of young people; Adopt a non-blaming approach when working with challenging clients; Identify ways of managing hostile, threatening or aggressive behaviour and maintaining client / worker safety

Delivery Mode Internal

Duration 3 weeks

Indigenous

Entry Requirement

Fees \$120

ORYGEN Youth Health

Telephone 03 9342 2800
Fax 03 9342 3745
Email <mailto:info@orygen.org.au>
Website www.orygen.org.au

ORYGEN Youth Health

Locked Bag 10, Parkville
VIC 3052

Relapse Prevention in Early Psychosis

Other

Content Area MH

Description This workshop will provide an overview of individual and family approaches to relapse prevention in first episode psychosis. Research on relapse risk factors, early warnings signs and relapse prevention models will be reviewed. In addition, a range of biopsychosocial interventions will be described including assessment of relapse, early warning signs identification, formulation based relapse prevention, management of relapse and family interventions. At completion of the workshop participants will be able to: Describe the latest research, prevalence and theoretical models of relapse and relapse prevention in early psychosis; Identify factors to consider in planning for relapse prevention; Apply relapse prevention skills in their own work; Demonstrate skills.

Delivery Mode Internal

Duration 2 days

Indigenous

Entry Requirement

Fees \$65

ORYGEN Youth Health

Telephone 03 9342 2800
Fax 03 9342 3745
Email <mailto:info@orygen.org.au>
Website www.orygen.org.au

ORYGEN Youth Health

Locked Bag 10, Parkville
VIC 3052

Vocational Recovery in Early Psychosis

Other

Content Area MH

Description This workshop aims to provide participants with a theoretical introduction and overview of vocational recovery in first episode psychosis. It will include discussion of various different types of vocational interventions for people with mental illness as well as consideration of the issues that impact on the implementation of these various models. There will be discussion of the practical implementation of evidence based intervention for vocational recovery. At completion of this workshop you will be able to: Discuss the latest research and theoretical models of vocational recovery as they relate to early psychosis; Describe the relationship between vocation, health and recovery in young people; Identify practice models and strategies for facilitating vocational recovery in early psychosis; Consider the service implications of applying a vocational recovery model locally; Locate services and resources available within the community.

Delivery Mode Internal

Duration 1 day

Indigenous

Entry Requirement

Fees \$65

ORYGEN Youth Health

Telephone 03 9342 2800
 Fax 03 9342 3745
 Email <mailto:info@orygen.org.au>
 Website www.orygen.org.au

ORYGEN Youth Health

Locked Bag 10, Parkville
 VIC 3052

At Risk Mental State - Understanding the Prodrome

Other

Content Area MH

Description This workshop will review current research, literature, practical and ethical issues related to identification, assessment and intervention with people who are considered to have an “at risk mental state” (ARMS). At the completion of this workshop you will be able to: Discuss current literature and research findings in relation to ARMS; Identify and assess for symptoms of the ARMS; Outline the ethical issues related to intervention and treatment in an “at risk” population; Detail strategies and issues related to local service response.

Delivery Mode Internal

Duration 0.5 day

Indigenous

Entry Requirement

Fees \$120

Stress Reduction, Relaxation, Mindfulness

Other

Content Area MH

Description This interactive workshop provides an introduction and overview of stress reduction, relaxation and mindfulness approaches. At the completion of this workshop you will be able to: Describe the stress response and rationale for relaxation and mindfulness; Identify strategies for stress reduction, relaxation and mindfulness; Discuss special.

Delivery Mode Internal

Duration 1 day

Indigenous

Entry Requirement

Fees \$65

ORYGEN Youth Health

Telephone 03 9342 2800
 Fax 03 9342 3745
 Email <mailto:info@orygen.org.au>
 Website www.orygen.org.au

ORYGEN Youth Health

Locked Bag 10, Parkville
 VIC 3052

Assessment and Intervention in the Acute Phase

Other

Content Area MH

Description This workshop aims to equip participants with comprehensive and advanced skills in assessing people presenting with complex first presentation psychosis. The day will incorporate both didactic education styles as well as in-depth exploration of clinical case examples. At the end of the workshop, participants will have an understanding of the complex issues that can present in the assessment of early psychosis. Participants will have the opportunity to discuss strategies related to the application of these principles. At the end of this workshop you will be able to: Discuss the challenges related to assessment of complex presentations; Discuss and describe differential diagnoses in complex presentations, Practice decision making around assessment and treatment, Describe the role of the family in assessment and treatment, Discuss principles of engagement with first episode clients and their families.

Delivery Mode Internal

Duration 1 day

Indigenous

Entry Requirement

Fees \$120

ORYGEN Youth Health

Telephone 03 9342 2800
Fax 03 9342 3745
Email <mailto:info@orygen.org.au>
Website www.orygen.org.au

ORYGEN Youth Health

Locked Bag 10, Parkville
VIC 3052

Assessment and Intervention in First Episode Mania

Other

Content Area MH

Description This workshop aims to equip participants with comprehensive skills in assessing and intervening with people presenting with first presentation mania. The day will incorporate interactive education styles as well as clinical case examples. At the end of the workshop, participants will have an understanding of current research and issues that can present in the assessment and treatment of first presentation mania. Participants will have the opportunity to discuss strategies related to the application of these principles. At completion of this workshop you will be able to: Describe first episode mania and key diagnostic criteria; Discuss current research in first presentation mania; Outline the principles of biological intervention in first episode mania and Outline the principles.

Delivery Mode Internal

Duration 3 days

Indigenous

Entry Requirement

Fees \$120

ORYGEN Youth Health

Telephone 03 9342 2800
Fax 03 9342 3745
Email <mailto:info@orygen.org.au>
Website www.orygen.org.au

ORYGEN Youth Health

Locked Bag 10, Parkville
VIC 3052

Youth Consumer Participation in Your Service - What Can You Do About It?

Other

Content Area MH

Description This workshop will focus on the idea of youth participation and how youth can be involved in planning and decision making within your service. Consumers will discuss their experiences of the mental health service system, with a particular emphasis on the needs of young people with psychosis. The ORYGEN Model of youth consumer participation and peer support will be presented. At the completion of this workshop you will be able to: Identify factors to consider when introducing and developing youth participation into your program - consumers will discuss their experiences; Describe varying consumer and youth participation models, including a peer support program; Demonstrate how youth.

Delivery Mode Internal

Duration 1 day

Indigenous

Entry Requirement

Fees \$65

ORYGEN Youth Health

Telephone 03 9342 2800
 Fax 03 9342 3745
 Email <mailto:info@orygen.org.au>
 Website www.orygen.org.au

ORYGEN Youth Health

Locked Bag 10, Parkville
 VIC 3052

Rationale for Early Intervention in Psychosis and Implications for Service Development

Other

Content Area MH

Description This workshop will provide participants with comprehensive knowledge regarding the background and rationale for early intervention in psychosis. It aims to present an overview of advances in philosophy and practice for first episode psychosis and to explore implications on models of clinical service delivery such as streamed specialist programmes and integrated clinical care. Material covered will be appropriate for co-ordinators and staff involved in service development. At the end of this workshop participants will be able to: Discuss research in prevalence, outcomes and treatment in early psychosis; Explain the rationale for early intervention in early psychosis; Identify current practice models in the field of early intervention; Consider implications for clinical service delivery.

Delivery Mode Internal

Duration 0.5 day

Indigenous

Entry Requirement

Fees \$65

Helping Clients Stay On Top of Their Mental Health

Other

Content Area MH

Description This workshop will provide participants with an introduction to the principles and practice of relapse prevention. It will explore practical strategies for recognising early warning signs and enhancing coping skills. At the completion of the workshop you will be able to: Discuss a relapse prevention model, as well as its rationale. Describe relapse triggers and high-risk situations. Develop early warning signs strategies. Overview of coping skills designed to prevent relapse.

Delivery Mode Internal

Duration 1 day

Indigenous

Entry Requirement

Fees \$65

ORYGEN Youth Health

Telephone 03 9342 2800
Fax 03 9342 3745
Email <mailto:info@orygen.org.au>
Website www.orygen.org.au

ORYGEN Youth Health

Locked Bag 10, Parkville
VIC 3052

Psychological Interventions and Early Psychosis

Other

Content Area MH

Description This workshop will provide participants with an introduction to phase specific psychological assessment and intervention in first episode psychosis. It will include an overview of trauma response, theory underpinning engagement in the therapeutic relationship and treatment, models of adaptation and recovery and relapse prevention. An introduction to specialist cognitive-behaviour therapy (CBT) for persistent positive symptoms and comorbid conditions will be included: At the end of the workshop participants will be able to: Discuss issues relevant to psychological assessment and formulation of first episode psychosis; Describe models of adaptation and recovery such as attribution theory; Explain interventions for relapse prevention; Identify strategies to enhance engagement; Identify CBT strategies for persistent positive symptoms and comorbid conditions; Implement a plan for future professional development.

Delivery Mode Internal

Duration 1 day

Indigenous

Entry Requirement

Fees \$120

ORYGEN Youth Health

Telephone 03 9342 2800
 Fax 03 9342 3745
 Email <mailto:info@orygen.org.au>
 Website www.orygen.org.au

ORYGEN Youth Health

Locked Bag 10, Parkville
 VIC 3052

Harm Reduction

Other

Content Area MH

Description This workshop provides an overview of harm reduction as a treatment approach for addiction problems. It is strongly advised that attendees of the harm reduction workshop also undertake the relapse prevention module. At the completion of the workshop you will be able to: Discuss the history and basic principles of harm reduction. Demonstrate knowledge of the effects of specific drugs on physical and mental health. Utilise strategies designed to reduce harmful consequences of substance misuse with young people. Consider barriers to implementation and how to overcome them.

Delivery Mode Internal

Duration 1 day

Indigenous

Entry Requirement

Fees \$65

Helping Clients Get On Top Of Their Mental Health

Other

Content Area MH

Description This workshop offers an opportunity to learn skills that will assist young people to understand and cope more effectively with the problems they are experiencing. At the completion of the workshop you will be able to: Demonstrate skill in individualised assessment feedback. Discuss the importance of psychoeducation to treatment of anxiety, depression, substance misuse and other disorders. Utilise a wide variety of personalised psychoeducation techniques. Understand the current range of resources available to support psychoeducation.

Delivery Mode Internal

Duration 1 day

Indigenous

Entry Requirement

Fees \$65

ORYGEN Youth Health

Telephone 03 9342 2800
Fax 03 9342 3745
Email <mailto:info@orygen.org.au>
Website www.orygen.org.au

ORYGEN Youth Health

Locked Bag 10, Parkville
VIC 3052

Management of First Episode Psychosis in the Inpatient Setting

Other

Content Area MH

Description This workshop aims to equip participants with comprehensive knowledge in the effective treatment of young people with a first presentation psychosis in an inpatient facility. The day will incorporate both didactic education styles as well as in-depth exploration of clinical case examples. At the completion of this workshop you will be able to: Describe the treatment protocols for the FEP client, including emergency management protocols; Demonstrate skills in assessing and managing complex treatment issues related to trauma and co morbidity; Discuss the role of the family in treatment; Identify and apply strategies for negotiating decision making around treatment; Identify ways.

Delivery Mode Internal

Duration 1 day

Indigenous

Entry Requirement

Fees \$120

ORYGEN Youth Health

Telephone 03 9342 2800
 Fax 03 9342 3745
 Email <mailto:info@orygen.org.au>
 Website www.orygen.org.au

ORYGEN Youth Health

Locked Bag 10, Parkville
 VIC 3052

Incomplete Recovery in Early Psychosis

Other

Content Area MH

Description This workshop will look at the application of assessment, formulation and treatment strategies for use with young people experiencing a more difficult or incomplete recovery from their first psychotic episode. A range of biopsychosocial interventions will be described including family work and specialist psychological interventions such as cognitive behaviour therapy (CBT) for persistent positive symptoms. Included will be an exploration of the impact of comorbid conditions such as substance use, mood and anxiety disorders, personality disorders and family issues. At completion of the workshop participants will be able to: Identify issues in early identification, assessment and formulation of clients with incomplete recovery; Describe biopsychosocial treatment planning for incomplete recovery; Identify skills and strategies for managing persistent hallucinations and delusions, in particular specialist CBT interventions, Identify skills and strategies for managing co-morbid conditions.

Delivery Mode Internal

Duration 1 day

Indigenous

Entry Requirement

Fees \$120

ORYGEN Youth Health

Telephone 03 9342 2800
 Fax 03 9342 3745
 Email <mailto:info@orygen.org.au>
 Website www.orygen.org.au

ORYGEN Youth Health

Locked Bag 10, Parkville
 VIC 3052

Group Work In Early Psychosis

Other

Content Area MH

Description This interactive workshop provides a theoretical introduction and overview of group work in early psychosis. It will include an introduction to theories of group process, with particular emphasis upon the role of the group experience in achieving therapeutic aims. Participants will have an opportunity to share ideas and their own experiences of group work with this population. At the end of the workshop you will be able to: Describe the rationale for group work in early psychosis. Discuss group theory in relation to group work with young people. Consider the role of group work in the acute setting and also in the recovery process. Identify factors to consider when developing groups for young people. Detail the process involved in planning, developing, implementing and evaluating group modules.

Delivery Mode Internal

Duration 0.5 day

Indigenous

Entry Requirement

Fees \$120

ORYGEN Youth Health

Telephone 03 9342 2800
Fax 03 9342 3745
Email <mailto:info@orygen.org.au>
Website www.orygen.org.au

Western Melbourne Headspace, Sunshine

Locked Bag 10, Parkville
VIC 3052

Suicide: Myths, Issues and Response

Other

Content Area MH

Description This workshop will explore current knowledge in relation to suicide risk and young people. It will focus on developing practical skills in assessment and crisis intervention. At the completion of this workshop you will be able to: Discuss research relating to risk of suicide and young people; Identify signs that a young person may be at risk of suicide; Complete a risk assessment; Identify strategies to support a young person at risk of suicide.

Delivery Mode Internal

Duration 1 day

Indigenous

Entry Requirement

Fees \$120

ORYGEN Youth Health / MHFA

Telephone 03 9342 2800
Fax 03 9342 3745
Email <mailto:mhfa@mhfa.com.au>
Website www.mhfa.com.au

Various, contact school for details

Locked Bag 10, Parkville
VIC 3052

Mental Health First Aid

Other

Content Area MH

Description The Mental Health First Aid Course is designed as a 12 hour course. The delivery format is flexible. The course covers the mental health crisis situations of: Suicidal behaviour/thoughts; Panic attack / acute stress reaction; Acute psychotic behaviour. The on-going mental health problems covered are: Depression, anxiety disorder, gradual onset psychosis and substance misuse.

Delivery Mode Internal, External

Duration 2 days

Indigenous

Entry Requirement

Fees

Professional Development Centre Pty Ltd

Telephone 03 9329 3201
Fax 03 9329 0891
Email <mailto:pdcenter@pdcentre.com>
Website www.pdcentre.com

Melbourne

Suite 601, St Kilda Road Towers,1 Queens Road
VIC 3004

Orientation to Mental Health Work

Other

Content Area MH
Description Aims to describe the context within which mental health work occurs.
Delivery Mode Internal
Duration 1 day
Indigenous
Entry Requirement
Fees

Psychiatric Disability Services of Victoria (VICSERV) Inc

Telephone 03 9519 7000
 Fax 03 9519 7022
 Email <mailto:training@vicserv.org.au>
 Website www.vicserv.org.au

VICSERV, Elsternwick

PO Box 1117, Elsternwick
 VIC 3185

Introduction to Alcohol and Other Drugs (AOD) Work

Other

Content Area AOD

Description This workshop will introduce participants to the context of substance use in Australia and models of understanding within current drug treatment approaches. An overview of how drugs affect the human body will be provided and a number of interventions will be described. Participants will also learn about the AOD service system and how it can be accessed. This workshop will be presented by the Dual Diagnosis Education and Training Unit (ETU).

Delivery Mode Internal

Duration 2 days

Indigenous

Entry Requirement

Fees VICSERV Member Rate \$55.00. Non Member Rate \$68.75.

Introduction to Screening and Assessment in Dual Diagnosis

Other

Content Area CM

Description One of the "Key Directions" SDO's states that by June 2008, 100% of clients seeking to access services will be screened for a possible Dual Diagnosis. This workshop will assist participants to understand the role of screening and assessment in Dual Diagnosis and to become familiar with a range of relevant screening tools. This workshop will be presented by the Dual Diagnosis Education and Training Unit (ETU).

Delivery Mode Internal

Duration 1 day

Indigenous

Entry Requirement

Fees VICSERV Member Rate \$55.00. Non Member Rate \$68.75.

Psychiatric Disability Services of Victoria (VICSERV) Inc

Telephone 03 9519 7000
Fax 03 9519 7022
Email <mailto:training@vicserv.org.au>
Website www.vicserv.org.au

VICSERV, Elsternwick

PO Box 1117, Elsternwick
VIC 3185

Introduction to Dual Diagnosis

Other

Content Area CM

Description Participants in this workshop will receive an overview of Dual Diagnosis and implications for clients, families and service providers. The Victorian "Key Directions" document will be discussed. The workshop will provide a broad overview of the interactions between substance use and mental ill health. A range of interventions will also be described. Participants will have the opportunity to learn practical approaches with the use of a complex case presentation. This workshop will be presented by the Dual Diagnosis Education and Training Unit (ETU).

Delivery Mode Internal

Duration 1 day

Indigenous

Entry Requirement

Fees VICSERV Member Rate \$55.00. Non Member Rate \$68.75.

Reconnexion

Telephone 03 9886 9400
Fax 03 9886 0650
Email <mailto:info@reconnexion.org.au>
Website www.reconnexion.org.au

Big Hill Winery, Bendigo.

225 Burke Road, Glen Iris
VIC 3146

Cognitive Behavioural Therapy (CBT) Strategies for Anxiety and Depression.

Other

Content Area MH

Description This workshop will describe psychological strategies to assist clients with symptoms of common psychological conditions, such as anxiety, depression, stress or trauma. The presenter Cath Walker will provide general and specific strategies such as psychoeducation, arousal reduction and cognitive restructuring. The session will combine training with practice, using case studies and group discussion.

Delivery Mode Internal

Duration 1 day

Indigenous

Entry Requirement

Fees \$190

Reconnexion

Telephone 03 9886 9400
 Fax 03 9886 0650
 Email <mailto:info@reconnexion.org.au>
 Website www.reconnexion.org.au

Darebin Arts and Entertainment Centre, Preston

222 Burke Road, Glen Iris
 VIC 3146

Alleviating Anxiety and Depression with Substance Using Clients

Other

Content Area CM

Description In this workshop Tomi Redman will provide an outline of a cognitive behavioural approach to the effective treatment of anxiety and depression, with a particular focus on working with clients using drugs and / or alcohol. A description of anxiety disorders and depression will be provided, and the use of Cognitive. Behavioural Therapy as part of a broader approach will be demonstrated. Information on additional aspects of a treatment program will be included, such as breathing re-training, relaxation and medications. Participants will have the opportunity to discuss treatment plans as relevant for their substance-using clients with anxiety and depression, with case studies used to facilitate learning.

Delivery Mode Internal

Duration 2 days

Indigenous

Entry Requirement

Fees \$190

Building Self-Esteem and Confidence with Clients

Other

Content Area MH

Description This workshop is designed to demonstrate how to assist clients to build their self-esteem and confidence. A treatment program will be outlined, including a description of assertiveness training, conversation skills and anxiety management. Participants will be encouraged to practice their skills through discussion, case studies and group work.

Delivery Mode Internal

Duration 1 day

Indigenous

Entry Requirement

Fees \$190

Reconnexion

Telephone 03 9886 9400
Fax 03 9886 0650
Email <mailto:info@reconnexion.org.au>
Website www.reconnexion.org.au

Kingston Arts Centre, Moorabbin

224 Burke Road, Glen Iris
VIC 3146

Cognitive Behavioural and Solution-Focused Approaches to Working with Anxious and Depressed Young People and Their Families

Other

Content Area MH

Description In this workshop Sonja Skocic will outline two popular approaches to working with anxious and / or depressed young people and their families. Sonja will illustrate how the different psychotherapeutic approaches can benefit treatment via the incorporation of family sensitive practice and parental involvement. She will also discuss the limitations of these approaches. Case examples and discussion will be utilised to enhance participant understanding and involvement.

Delivery Mode Internal

Duration 1 day

Indigenous

Entry Requirement

Fees \$190

Turning Point Alcohol and Drug Centre

Telephone 03 8413 8700
Fax 03 9417 7960
Email <mailto:info@turningpoint.org.au>
Website www.turningpoint.org.au

Best Community Development, Ballarat

54–62 Gertrude Street, Fitzroy
VIC 3065

Psychostimulant Training Program

Other

Content Area AOD

Description The aim of the project is to assist health professionals such as medical practitioners, nurses, mental health workers and alcohol and drug workers to manage and treat users of psychostimulants (speed, base, ice, MDMA, cocaine). A series of one-day courses are being delivered across Victoria.

Delivery Mode Internal

Duration 1 day

Indigenous

Entry Requirement

Fees

Turning Point Alcohol and Drug Centre

Telephone 03 8413 8700
Fax 03 9417 7960
Email <mailto:info@turningpoint.org.au>
Website www.turningpoint.org.au

Comfort Inn Dandenong, Dandenong

54–62 Gertrude Street, Fitzroy
VIC 3065

Psychostimulant Training Program

Other

Content Area AOD

Description The aim of the project is to assist health professionals such as medical practitioners, nurses, mental health workers and alcohol and drug workers to manage and treat users of psychostimulants (speed, base, ice, MDMA, cocaine). A series of one-day courses are being delivered across Victoria.

Delivery Mode Internal

Duration 2 days

Indigenous

Entry Requirement

Fees

Turning Point Alcohol and Drug Centre

Telephone 03 8413 8700
Fax 03 9417 7960
Email <mailto:info@turningpoint.org.au>
Website www.turningpoint.org.au

Comfort Inn., Dandenong.

54–62 Gertrude Street, Fitzroy
VIC 3065

Working Together with Alcohol and Drug Issues in Culturally and Linguistically Diverse Communities

Other

Content Area AOD

Description To increase the AOD knowledge and skills of key members within CALD communities to better equip them to deal with the AOD issues within their community. To increase the understanding of AOD workers and agencies in relation to improving access to members of the CALD communities.

Delivery Mode Internal

Duration 2 days

Indigenous

Entry Requirement

Fees

Turning Point Alcohol and Drug Centre

Telephone 03 8413 8700
Fax 03 9417 7960
Email <mailto:info@turningpoint.org.au>
Website www.turningpoint.org.au

Eastbanks centre, Shepparton

54–62 Gertrude Street, Fitzroy
VIC 3065

Pharmacotherapies Training

Other

Content Area AOD

Description This course will update participants on the latest developments including new medications and guidelines. Four sessions are offered across the state. Core content includes Why are substitution therapies prescribed? What pharmacotherapies are available? What is the successful formula for treatment? What's on the horizon? Specific drugs discussed will include Clonidine, Lowfexidine, Naltrexone, Naloxone, Methadone, Buprenorphine, Suboxone, Acamprosate and Disulfiram. Key issues considered will be prescribing and administration, stabilisation issues, overdose, side effects, withdrawal and maintenance, and take away doses.

Delivery Mode Internal

Duration 1 day

Indigenous

Entry Requirement

Fees This training is free to DHS funded workers.

Turning Point Alcohol and Drug Centre

Telephone 03 8413 8700
 Fax 03 9417 7960
 Email <mailto:info@turningpoint.org.au>
 Website www.turningpoint.org.au

Education and Training Centre, Fitzroy

54–62 Gertrude Street, Fitzroy
 VIC 3065

Advanced Motivational Interviewing

Other

Content Area AOD

Description This two-day course is designed as an intensive skill based workshop focusing on advanced motivational interviewing skills. The emphasis will be building on existing skills and developing further techniques and strategies in the application of Motivational Interviewing (MI) to clients with substance use problems. There will be a focus on the efficacy of MI; MI as a brief intervention, plus its adaptations to dually diagnosed clients. This workshop provides clinicians the opportunity to reflect on current practice, looking at 'what has worked and what has been less helpful; plus exploration of useful techniques. This workshop will utilise best practice approaches to sustained learning.

Delivery Mode Internal

Duration 2 days

Indigenous

Entry Requirement

Fees This training is free to DHS funded workers.

Psychostimulant Training Program

Other

Content Area AOD

Description The aim of the project is to assist health professionals such as medical practitioners, nurses, mental health workers and alcohol and drug workers to manage and treat users of psychostimulants (speed, base, ice, MDMA, cocaine). A series of one-day courses are being delivered across Victoria.

Delivery Mode Internal

Duration 1 day

Indigenous

Entry Requirement

Fees

Turning Point Alcohol and Drug Centre

Telephone 03 8413 8700
 Fax 03 9417 7960
 Email <mailto:info@turningpoint.org.au>
 Website www.turningpoint.org.au

Education and Training Centre, Fitzroy

54–62 Gertrude Street, Fitzroy
 VIC 3065

Working with Groups

Other

Content Area AOD

Description This workshop is designed to introduce workers to the planning, coordinating and running of groups for alcohol and drug clients. The emphasis will be on developing awareness and of group dynamics and the roles of group members, and how these can be directed towards an optimal client outcome within the group setting. An introduction to the development of support groups such as problem-solving and educational groups, within the cognitive behavioural approach will be discussed. Participants will have the opportunity to practise these skills in a supervised environment. A generic national competency, "Plan and conduct group activities", informs the content of this two-day workshop. This workshop targets workers with little or no background in group interventions or prior group training, but assumes prior knowledge and skills in counselling, interviewing, assessment and core alcohol and drug issues.

Delivery Mode Internal

Duration 2 days

Indigenous

Entry Requirement

Fees This training is free to DHS funded workers

Working Together with Alcohol and Drug Issues in Culturally and Linguistically Diverse Communities

Other

Content Area AOD

Description To increase the AOD knowledge and skills of key members within CALD communities to better equip them to deal with the AOD issues within their community. To increase the understanding of AOD workers and agencies in relation to improving access to members of the CALD communities.

Delivery Mode Internal

Duration 2 days

Indigenous

Entry Requirement

Fees

Turning Point Alcohol and Drug Centre

Telephone 03 8413 8700
Fax 03 9417 7960
Email <mailto:info@turningpoint.org.au>
Website www.turningpoint.org.au

Education and Training Centre, Fitzroy

54–62 Gertrude Street, Fitzroy
VIC 3065

Pharmacotherapies Training

Other

Content Area AOD

Description This course will update participants on the latest developments including new medications and guidelines. Four sessions are offered across the state. Core content includes Why are substitution therapies prescribed? What pharmacotherapies are available? What is the successful formula for treatment? What's on the horizon? Specific drugs discussed will include Clonidine, Lowfexidine, Naltrexone, Naloxone, Methadone, Buprenorphine, Suboxone, Acamprosate and Disulfiram. Key issues considered will be prescribing and administration, stabilisation issues, overdose, side effects, withdrawal and maintenance, and take away doses.

Delivery Mode Internal

Duration 1 day

Indigenous

Entry Requirement

Fees This training is free to DHS funded workers.

Turning Point Alcohol and Drug Centre

Telephone 03 8413 8700
Fax 03 9417 7960
Email <mailto:info@turningpoint.org.au>
Website www.turningpoint.org.au

Frankston Private Hospital, Frankston

54–62 Gertrude Street, Fitzroy
VIC 3065

Psychostimulant Training Program

Other

Content Area AOD

Description The aim of the project is to assist health professionals such as medical practitioners, nurses, mental health workers and alcohol and drug workers to manage and treat users of psychostimulants (speed, base, ice, MDMA, cocaine). A series of one-day courses are being delivered across Victoria.

Delivery Mode Internal

Duration 1 day

Indigenous

Entry Requirement

Fees

Turning Point Alcohol and Drug Centre

Telephone 03 8413 8700
Fax 03 9417 7960
Email <mailto:info@turningpoint.org.au>
Website www.turningpoint.org.au

Gateway Hotel, Wangaratta

54–62 Gertrude Street, Fitzroy
VIC 3065

Working with Groups

Other

Content Area AOD

Description This workshop is designed to introduce workers to the planning, coordinating and running of groups for alcohol and drug clients. The emphasis will be on developing awareness and of group dynamics and the roles of group members, and how these can be directed towards an optimal client outcome within the group setting. An introduction to the development of support groups such as problem-solving and educational groups, within the cognitive behavioural approach will be discussed. Participants will have the opportunity to practise these skills in a supervised environment. A generic national competency, "Plan and conduct group activities", informs the content of this two-day workshop. This workshop targets workers with little or no background in group interventions or prior group training, but assumes prior knowledge and skills in counselling, interviewing, assessment and core alcohol and drug issues.

Delivery Mode Internal

Duration 2 days

Indigenous

Entry Requirement

Fees This training is free to DHS funded workers

Turning Point Alcohol and Drug Centre

Telephone 03 8413 8700
Fax 03 9417 7960
Email <mailto:info@turningpoint.org.au>
Website www.turningpoint.org.au

Grains Innovation Park, Horsham

54–62 Gertrude Street, Fitzroy
VIC 3065

Psychostimulant Training Program

Other

Content Area AOD

Description The aim of the project is to assist health professionals such as medical practitioners, nurses, mental health workers and alcohol and drug workers to manage and treat users of psychostimulants (speed, base, ice, MDMA, cocaine). A series of one-day courses are being delivered across Victoria.

Delivery Mode Internal

Duration 1 day

Indigenous

Entry Requirement

Fees

Turning Point Alcohol and Drug Centre

Telephone 03 8413 8700
Fax 03 9417 7960
Email <mailto:info@turningpoint.org.au>
Website www.turningpoint.org.au

Greater Shepparton Business Centre, Shepparton

54–62 Gertrude Street, Fitzroy
VIC 3065

Psychostimulant Training Program

Other

Content Area AOD

Description The aim of the project is to assist health professionals such as medical practitioners, nurses, mental health workers and alcohol and drug workers to manage and treat users of psychostimulants (speed, base, ice, MDMA, cocaine). A series of one-day courses are being delivered across Victoria.

Delivery Mode Internal

Duration 1 day

Indigenous

Entry Requirement

Fees

Turning Point Alcohol and Drug Centre

Telephone 03 8413 8700
Fax 03 9417 7960
Email <mailto:info@turningpoint.org.au>
Website www.turningpoint.org.au

Hacienda Motor Inn & Conference Centre, Sale

54-62 Gertrude Street, Fitzroy
VIC 3065

Advanced Motivational Interviewing

Other

Content Area AOD

Description This two-day course is designed as an intensive skill based workshop focusing on advanced motivational interviewing skills. The emphasis will be building on existing skills and developing further techniques and strategies in the application of Motivational Interviewing (MI) to clients with substance use problems. There will be a focus on the efficacy of MI; MI as a brief intervention, plus its adaptations to dually diagnosed clients. This workshop provides clinicians the opportunity to reflect on current practice, looking at 'what has worked and what has been less helpful; plus exploration of useful techniques. This workshop will utilise best practice approaches to sustained learning.

Delivery Mode Internal

Duration 1 day

Indigenous

Entry Requirement

Fees This training is free to DHS funded workers.

Turning Point Alcohol and Drug Centre

Telephone 03 8413 8700
Fax 03 9417 7960
Email <mailto:info@turningpoint.org.au>
Website www.turningpoint.org.au

La Trobe Motel & Convention Centre, Traralgon.

54–62 Gertrude Street, Fitzroy
VIC 3065

Pharmacotherapies Training

Other

Content Area AOD

Description This course will update participants on the latest developments including new medications and guidelines. Four sessions are offered across the state. Core content includes Why are substitution therapies prescribed? What pharmacotherapies are available? What is the successful formula for treatment? What's on the horizon? Specific drugs discussed will include Clonidine, Lowfexidine, Naltrexone, Naloxone, Methadone, Buprenorphine, Suboxone, Acamprosate and Disulfiram. Key issues considered will be prescribing and administration, stabilisation issues, overdose, side effects, withdrawal and maintenance, and take away doses.

Delivery Mode Internal

Duration 1 day

Indigenous

Entry Requirement

Fees This training is free to DHS funded workers.

Turning Point Alcohol and Drug Centre

Telephone 03 8413 8700
Fax 03 9417 7960
Email <mailto:info@turningpoint.org.au>
Website www.turningpoint.org.au

Nanga Gnulle, Bendigo

54–62 Gertrude Street, Fitzroy
VIC 3065

Psychostimulant Training Program

Other

Content Area AOD

Description The aim of the project is to assist health professionals such as medical practitioners, nurses, mental health workers and alcohol and drug workers to manage and treat users of psychostimulants (speed, base, ice, MDMA, cocaine). A series of one-day courses are being delivered across Victoria.

Delivery Mode Internal

Duration 1 day

Indigenous

Entry Requirement

Fees

Turning Point Alcohol and Drug Centre

Telephone 03 8413 8700
Fax 03 9417 7960
Email <mailto:info@turningpoint.org.au>
Website www.turningpoint.org.au

Quality Hotel Mildura Grand, Mildura

54–62 Gertrude Street, Fitzroy
VIC 3065

Working with Groups

Other

Content Area AOD

Description This workshop is designed to introduce workers to the planning, coordinating and running of groups for alcohol and drug clients. The emphasis will be on developing awareness and of group dynamics and the roles of group members, and how these can be directed towards an optimal client outcome within the group setting. An introduction to the development of support groups such as problem-solving and educational groups, within the cognitive behavioural approach will be discussed. Participants will have the opportunity to practise these skills in a supervised environment. A generic national competency, "Plan and conduct group activities", informs the content of this two-day workshop. This workshop targets workers with little or no background in group interventions or prior group training, but assumes prior knowledge and skills in counselling, interviewing, assessment and core alcohol and drug issues.

Delivery Mode Internal

Duration 2 days

Indigenous

Entry Requirement

Fees This training is free to DHS funded workers

Turning Point Alcohol and Drug Centre

Telephone 03 8413 8700
Fax 03 9417 7960
Email <mailto:info@turningpoint.org.au>
Website www.turningpoint.org.au

Quality Inn, Latrobe Convention Centre, Traralgon

54–62 Gertrude Street, Fitzroy
VIC 3065

Psychostimulant Training Program

Other

Content Area AOD

Description The aim of the project is to assist health professionals such as medical practitioners, nurses, mental health workers and alcohol and drug workers to manage and treat users of psychostimulants (speed, base, ice, MDMA, cocaine). A series of one-day courses are being delivered across Victoria.

Delivery Mode Internal

Duration 1 day

Indigenous

Entry Requirement

Fees

Turning Point Alcohol and Drug Centre

Telephone 03 8413 8700
Fax 03 9417 7960
Email <mailto:info@turningpoint.org.au>
Website www.turningpoint.org.au

Swan Hill Region Information Centre, Swan Hill

54–62 Gertrude Street, Fitzroy
VIC 3065

Psychostimulant Training Program

Other

Content Area AOD

Description The aim of the project is to assist health professionals such as medical practitioners, nurses, mental health workers and alcohol and drug workers to manage and treat users of psychostimulants (speed, base, ice, MDMA, cocaine). A series of one-day courses are being delivered across Victoria.

Delivery Mode Internal

Duration 1 day

Indigenous

Entry Requirement

Fees

Turning Point Alcohol and Drug Centre

Telephone 03 8413 8700
Fax 03 9417 7960
Email <mailto:info@turningpoint.org.au>
Website www.turningpoint.org.au

Tweddle Child and Family Health Service, Footscray

54–62 Gertrude Street, Fitzroy
VIC 3065

Psychostimulant Training Program

Other

Content Area AOD

Description The aim of the project is to assist health professionals such as medical practitioners, nurses, mental health workers and alcohol and drug workers to manage and treat users of psychostimulants (speed, base, ice, MDMA, cocaine). A series of one-day courses are being delivered across Victoria.

Delivery Mode Internal

Duration 1 day

Indigenous

Entry Requirement

Fees

Turning Point Alcohol and Drug Centre

Telephone 03 8413 8700
Fax 03 9417 7960
Email <mailto:info@turningpoint.org.au>
Website www.turningpoint.org.au

West Footscray Neighbourhood House, Wst Footscray

54–62 Gertrude Street, Fitzroy
VIC 3065

Working Together with Alcohol and Drug Issues in Culturally and Linguistically Diverse Communities

Other

Content Area AOD

Description To increase the AOD knowledge and skills of key members within CALD communities to better equip them to deal with the AOD issues within their community. To increase the understanding of AOD workers and agencies in relation to improving access to members of the CALD communities.

Delivery Mode Internal

Duration 1 day

Indigenous

Entry Requirement

Fees

Turning Point Alcohol and Drug Centre

Telephone 03 8413 8700
Fax 03 9417 7960
Email <mailto:info@turningpoint.org.au>
Website www.turningpoint.org.au

Yellow Gum Room, DSE, Horsham

54–62 Gertrude Street, Fitzroy
VIC 3065

Pharmacotherapies Training

Other

Content Area AOD

Description This course will update participants on the latest developments including new medications and guidelines. Four sessions are offered across the state. Core content includes Why are substitution therapies prescribed? What pharmacotherapies are available? What is the successful formula for treatment? What's on the horizon? Specific drugs discussed will include Clonidine, Lowfexidine, Naltrexone, Naloxone, Methadone, Buprenorphine, Suboxone, Acamprosate and Disulfiram. Key issues considered will be prescribing and administration, stabilisation issues, overdose, side effects, withdrawal and maintenance, and take away doses.

Delivery Mode Internal

Duration 1 day

Indigenous

Entry Requirement

Fees This training is free to DHS funded workers.

University of Melbourne / ORYGEN Youth Health

Telephone 03 9342 2800
Fax 03 9342 3745
Email <mailto:info@orygen.org.au>
Website www.orygen.org.au

Through University of Melbourne

Locked Bag 10, Parkville
VIC 3052

Depression in Young People

Other

Content Area MH

Description Young people speak about depression from personal experience. Basic concepts of Major Depressive Disorder and Dysthymia in young people in a biopsychosocial framework are introduced. Models for depression and preventative strategies are also discussed. This is an introduction to assessment of depression and diagnostic formulation, with an emphasis on risk assessment in young people. We hear public opinion on identifying depression in young people. Research findings and current opinions on the use of biological and psychological interventions for depression in young people are presented. A psychiatrist talks about the use of anti-depressant medication in young people. We also hear public opinion on accessing professional help for young people with depression. We also hear the perspective of a family on their dealings with depression as well as a young person's personal statements about living with depression.

Delivery Mode External, Flexible Delivery

Duration 3 Weeks

Indigenous

Entry Requirement

Fees \$300

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Website www.orygen.org.au

Through University of Melbourne

Locked Bag 10, Parkville
VIC 3052

Bipolar Disorder in Young People

Other

Content Area MH

Description An introduction to Bipolar Disorder (assessment, diagnosis and biological treatments): Participants are introduced to the basic concepts of bipolar disorder, diagnosis and diagnostic difficulties, with reference to major research findings. This is followed by a discussion on optimal pharmacotherapy in bipolar disorder. Early intervention in Bipolar Disorder: Young people with bipolar disorder have a negative prognosis. This discussion highlights a model of early intervention in bipolar disorder, with particular reference to the difficulty in detecting and recognising early bipolar disorder. Cognitive Behaviour Therapy (CBT) in Bipolar Disorder: Finally, participants are presented with emerging literature that suggests the efficacy of psychological treatments for Bipolar Disorder. With reference to case material, Dr Macneil takes participants through the initial psychological assessment, CBT formulation and CBT principles.

Delivery Mode External, Flexible Delivery

Duration 0.5 day

Indigenous

Entry Requirement

Fees \$300

Drug and Alcohol Office

Telephone 08 9370 0333
 Fax 08 9370 2358
 Email <mailto:DAO.Education@health.wa.gov.au>
 Website www.dao.health.wa.gov.au

Mt Lawley

PO Box 126, Mt Lawley
 WA 6929

ST202 Skills Training: Working with AOD Using Clients

Other

Content Area AOD

Description This core training is designed to build on skills sequentially. Topics include: effective AOD counselling skills and techniques; engaging and forming the 'helping' relationship; systemic concepts and approach; getting and keeping things moving - raising the issue and assessment. motivation and change; problem - what problem?; keeping on track - challenges to change; back to square one - managing relapse; where to from here; other issues including client confidentiality, duty of care, worker self-care.

Delivery Mode External

Duration 5 days

Indigenous

Entry Requirement New workers and others wanting to refresh their skills with alcohol and drug using clients.

Fees Free

ST222 Induction Training for New AOD Workers

Other

Content Area AOD

Description This training aims to equip new alcohol and other drug workers with the foundation knowledge and skills required to work effectively with clients presenting with AOD problems. Topics include: models and frameworks for understanding drug using behaviour; drug information and strategies for reducing drug-related harm; AOD specific communication skills, including engaging and raising the issue; the change process including motivational interviewing, problem solving, goal setting and relapse prevention and management; strategies for working with clients either voluntary or mandated; other issues including client confidentiality and duty of care.

Delivery Mode External

Duration 5 months

Indigenous

Entry Requirement New workers in the AOD sector who have a role in responding to AOD issues with clients.

Fees Free

Drug and Alcohol Office

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Mt Lawley

PO Box 126, Mt Lawley
WA 6929

Volunteer Addiction Counsellors' Training Program

Other

Content Area	AOD
Description	There are two major components of the program:(1) an intensive training program comprising 18 x 3.5 hour workshops per week in both general and addition counselling skills. At the conclusion of training a weekend training workshop is held. (2) A 12-month work period, in which volunteer counsellors provide a counselling service to one of the agencies taking part in the program.
Delivery Mode	External
Duration	0.5 day
Indigenous	
Entry Requirement	Applicants should possess: A commitment to working with adults and young people with drug related problems. A non-judgmental and open minded attitude towards drug use. An ability to work with people from widely diverse backgrounds. A knowledge of, and interest in, the alcohol and drug field. Good interpersonal skills.
Fees	Free

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Website www.dao.health.wa.gov.au

West Footscray Neighbourhood House, West Footscray

PO Box 126, Mt Lawley
WA 6929

KA001 Nuts and Bolts: AOD Concepts and Frameworks

Other

Content Area AOD

Description This workshop will introduce the key concepts, frameworks and perspectives underpinning alcohol and other drug-using behaviour. This event provides a foundation for further skill-based events offered on the Training@DAO calendar.

Delivery Mode External

Duration 3 days

Indigenous

Entry Requirement For workers (new to the field and others wishing to refresh their knowledge base in responding to AOD issues with clients).

Fees Free

Drug and Alcohol Office (Next Step Specialist Drug and Alcohol Ser

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Fax
Email <mailto:DAO.Education@health.wa.gov.au>
Website www.dao.health.wa.gov.au

Mt Lawley

PO Box 126, Mt Lawley
WA 6150

Making Clinical Supervision Work!

Other

Content Area AOD

Description This two-day course is for supervisors and senior workers who provide clinical supervision for staff working with drug using clients. This training will have a theoretical and practical focus and will include: key components of supervision and guiding models; integrating supervision into workplace culture; and practice sessions using skills rehearsal and feedback techniques.

Delivery Mode Internal

Duration 1 day

Indigenous

Entry Requirement

Fees Free

Nuts and Bolts: AOD Concepts and Frameworks

Other

Content Area AOD

Description This one-day workshop will introduce the key concepts, frameworks and perspectives underpinning alcohol and other drug-using behaviour.

Delivery Mode Internal

Duration 0.5 day

Indigenous

Entry Requirement

Fees Free

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Mt Lawley

PO Box 126, Mt Lawley
 WA 6150

Cannabis: All You Need To Know (Part 1) and Brief Intervention for Cannabis Users (Part 2)

Other

Content Area AOD

Description The National Cannabis Prevention and Information Centre (NCPIC) are conducting a two-part session. Part 1 (Cannabis: All you need to know) will assist in the acquisition of knowledge and skills which promote awareness of cannabis related harms and how to assess and advise clients. It is particularly suitable for workers from drug and alcohol agencies, youth, mental health, corrections, allied health, teachers, and school counsellors. Part 2 (Brief intervention for cannabis users) provides a comprehensive intervention that may be delivered by clinicians over 1-6 sessions. It is particularly suited to clinicians providing face-to-face counselling who wish to acquire new skills and add the intervention to their already existing range of strategies. Participants of Part 2 are expected to have a good understanding of Motivational Interviewing, Cognitive Behavioural theory and sound counselling skills.

Delivery Mode Internal

Duration 1 day

Indigenous

Entry Requirement

Fees Free

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Culture, Change and Conflict - Working with Culturally and Linguistically Diverse (CALD) Families and Young People Around AOD Issues

Other

Content Area AOD

Description WA is a culturally diverse state with people from more than 200 countries speaking as many as 270 languages. This workshop aims to increase participant's responsiveness to our CaLD families and young people by beginning to think outside the dominant 'cultural square'. Topics will include: understanding the migration experience and intergenerational conflict; what would 'cultural competence' look like in an AOD agency and is it needed to work effectively with CaLD families; exploring the barriers and creating opportunities for CaLD families in AOD assessment, treatment and referral.

Delivery Mode Internal

Duration 2 days

Indigenous

Entry Requirement

Fees Free

Do I Want to Work with Couples in Strife? Not Really...

Other

Content Area AOD

Description The prospect of being drawn into the tangle of collisions and blaming of a distressed couple can be daunting, perhaps even more so when one party has problems with AOD use. If we see them as simply deprived and trapped in awkward ways of getting normal and universal needs met, the work becomes more interesting, moving and rewarding for everyone in the process. This two-day workshop covers ways of framing and responding to couples' difficulties - working with both parties - or just one, if only one is willing to come.

Delivery Mode Internal

Duration 0.5 day

Indigenous

Entry Requirement

Fees Free

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Mt Lawley

PO Box 126, Mt Lawley
 WA 6150

Engaging Young People in Drug and Alcohol Treatment

Other

Content Area AOD

Description This session will aim to increase participant's knowledge of factors involved in maximising the engagement of young people in drug and alcohol treatment. Specific topics covered will include: characteristics of young people that affect engagement; involvement of the family in treatment; identifying agency factors which may impact on engagement; and exploring clinical strategies and skills to maximise engagement. The session will also aim to develop participant's practical skills in engaging this population through a number of interactive exercises.

Delivery Mode Internal

Duration 2 days

Indigenous

Entry Requirement

Fees Free

From Go to Whoa! Psychostimulants Training Program for Health Professionals

Other

Content Area AOD

Description The from Go to WHOA training package incorporates an interactive training session on psychostimulants. It was commissioned by the Australian Government Department of Health and Ageing and developed by Turning Point with substantial input from a number of specialist clinicians, researchers and educators across Australia. This training will increase workers knowledge and skills in assessing and responding appropriately to psychostimulant users.

Delivery Mode Internal

Duration 1 day

Indigenous

Entry Requirement

Fees Free

Drug and Alcohol Office (Next Step Specialist Drug and Alcohol Ser

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Mt Lawley

PO Box 126, Mt Lawley
 WA 6150

How to Better Support Parenting Skills with Drug Using Clients

Other

Content Area AOD

Description The impact of an alcohol or other drug problem on the parenting role can be significant. This one-day event will provide workers with the information and tools to better explore the issues, understand and support parent clients. The session will also offer strategies for the clinician aimed at enhancing confidence, and improving clinical effectiveness when engaging these families.

Delivery Mode Internal

Duration 1 day

Indigenous

Entry Requirement

Fees Free

Induction Training for New AOD Workers

Other

Content Area AOD

Description This training program aims to equip new alcohol and other drug (AOD) workers with the foundation knowledge and skills required to work effectively with clients presenting with AOD problems. The five-day course will comprise: Models and frameworks for understanding drug using behaviour, drug information and strategies for reducing drug-related harm, AOD specific, communication skills, including engaging and raising the issue, the change process including motivational interviewing, problem solving, goal setting and relapse prevention and management, strategies for working with clients either voluntary or mandated and other issues, including client confidentiality and duty of care.

Delivery Mode Internal

Duration 2 days

Indigenous

Entry Requirement

Fees Free

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Ways of Working with Aboriginal People Part 2

Other

Content Area AOD

Description This skills training is a follow on from Part 1. The session also forms part of the Strong Spirit Strong Mind series and builds on culturally secure models and concepts, and resources to respond to Aboriginal alcohol and other drug use. To attend Part 2 training, participants are required to have attended Ways of working with Aboriginal people - Part 1. Target audience: Workers who have Aboriginal clients: individuals and families. Aboriginal workers are encouraged to attend.

Delivery Mode Internal

Duration 2 days

Indigenous Yes

Entry Requirement

Fees Free

Analysing Child Risk Within the AOD Sector - Introduction to Models of Assessment for Workers Engaging with Substance Using Parents

Other

Content Area AOD

Description Sound risk assessment is an essential component in assisting practitioners to explore more explicitly with families what needs to change if children are to be kept safe and healthy. It enables workers and families to identify help and services needed to support family strengths and welfare needs, and assists in the development and maintenance of supportive parenting plans. This session will provide an introduction to various models of family assessment to support improved assessment of child risk and potential for harm.

Delivery Mode Internal

Duration 1 day

Indigenous

Entry Requirement

Fees Free

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Ways of Working with Aboriginal People Part 1

Other

Content Area AOD

Description This knowledge-based training forms part of the Strong Spirit Strong Mind series. This training introduces models and concepts that provide an overview of the history of Aboriginal people including traditional life and family systems, colonisation and Aboriginal realities today. It explores the impact that history has had on alcohol and other drug use in the community and provides broad intervention frameworks based on empowerment principles.

Delivery Mode Internal

Duration 1 day

Indigenous Yes

Entry Requirement

Fees Free

Talking About Alcohol Use with Women Before and During Pregnancy

Other

Content Area AOD

Description Alcohol use before and during pregnancy can have permanent major physical, intellectual and psychosocial effects on children and families. It is preventable and there is a clear opportunity for the health and social services workforce to make a difference. The evidence consistently supports the role of health professionals in providing information, advice and support to assist women to reduce risk. Raising the issue with all women including Aboriginal women, brief intervention and brief motivational interviewing techniques will be explored in this workshop.

Delivery Mode Internal

Duration 0.5 day

Indigenous Yes

Entry Requirement

Fees Free

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 WA 6150

Single Session Therapy for Mandated Clients ... and Others

Other

Content Area AOD

Description The single session therapy model is an effective intervention for mandated clients and those individuals, families and couples experiencing alcohol and other drug use problems. This workshop will provide a theoretical overview and practice model of single session therapy. In conducting the single session, presenters will draw on their experience, some practical skills training and case study examples.

Delivery Mode Internal

Duration 0.5 day

Indigenous

Entry Requirement

Fees Free

Skills Training: Working with AOD Using Clients

Other

Content Area AOD

Description This core training is presented over three days and each session is designed to build on skills sequentially. Topics include: effective AOD counselling skills and techniques, engaging and forming the 'helping' relationship, systemic concepts and approach, getting and keeping things moving - raising the issue and assessment, motivation and change problem - what problem? keeping on track - challenges to change, back to square one - managing relapse where to from here? other issues including client confidentiality, duty of care, worker self-care.

Delivery Mode Internal

Duration 1 day

Indigenous

Entry Requirement

Fees Free

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 WA 6150

Traumatised Drug Users with Attention Deficit Disorder ... Or is it Posttraumatic Stress Disorder? Relationship Between These Disorders and Implications for Treatment

Other

Content Area CM

Description This half-day workshop examines the relationship between childhood trauma, posttraumatic stress disorder and attention deficit disorder in people with problem drug use. Topics include: examination of what is known from the research, discussion of clinical impressions, and consideration of the implications of the relationship between these issues for treatment. The workshop will consist of a lecture, small group discussion and whole group discussion.

Delivery Mode Internal

Duration 1 day

Indigenous

Entry Requirement

Fees Free

PsyCheck Training for AOD Workers

Other

Content Area CM

Description It is generally acknowledged that 80% of AOD clients have co-occurring mental health problems and an even greater number have 'sub clinical' symptoms that can cause significant distress and impact on relapse. The general aim of this two-day training is to equip alcohol and other drug workers with knowledge and skills to manage clients who present with comorbidity issues and problems. Training includes the use of screening tools and assessment, using a CBT framework to formulate the intervention and a four stage intervention including managing relapse.

Delivery Mode Internal

Duration 0.5 day

Indigenous

Entry Requirement

Fees Free

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 WA 6150

Mindfulness and Comorbidity

Other

Content Area CM

Description This workshop will explore the use of therapeutic approaches known as 'mindfulness' to help people with co-occurring substance use and psychological problems. People with substance use problems tend to avoid rather than face problematic issues, often by using alcohol and drugs. Mindfulness approaches encourage people to face their issues, build their tolerance to distressing emotions, and change their relationship to distressing thoughts so they feel more in control. Please note: Skills practice will be a central component of the workshop.

Delivery Mode Internal

Duration 1 day

Indigenous

Entry Requirement

Fees Free

Orientation to PsyCheck for Managers and Senior Workers

Other

Content Area CM

Description This half-day session aims to provide managers and senior workers with background information on the PsyCheck package and assist in the development of protocols for management of clients with comorbid issues. The PsyCheck model of integrated care offers clients simultaneous treatment for both AOD and mental health issues. This can assist clinicians to work more effectively with comorbidity. The session comprises: Review of the background factors involved in the development of the PsyCheck package, overview of the PsyCheck content covered in the two-day training for AOD workers, feedback from the AOD field regarding the implementation of the process, and an opportunity to discuss with peers, the advantages of the program and any obstacles in implementing it.

Delivery Mode Internal

Duration 5 days

Indigenous

Entry Requirement

Fees Free

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 WA 6150

Models of Collaborative Care and Shared Case Management

Other

Content Area CM

Description This workshop aims to share with practicing clinicians the barriers, practical strategies and rewards of the alcohol and other drug services working collaboratively with mental health services. Participants will be able to hear the working experiences of the Kimberley Community Drug Service Team and the South West Mental Health Service with reference to case examples of clients with amphetamines and psychosis related problems and how different case management approaches can bring about very different client outcomes.

Delivery Mode Internal

Duration 3 days

Indigenous

Entry Requirement

Fees Free

Pills, Pot and Psychosis: An Introductory Workshop

Other

Content Area CM

Description The aim of this workshop will be to: Understand the relationship between drugs and psychosis in young people, provide an overview of current clinical approaches (pharmacological and psychological) to this population, and develop skills in the assessment and management of psychotic presentations.

Delivery Mode Internal

Duration 1 day

Indigenous

Entry Requirement

Fees Free