

Incorporating the Cooperative Research Centre for Aboriginal and Torres Strait Islander Health

Workforce Roundtable Notes

Thursday, 15 September 2011

10:00am - 4:00pm

Chifley Hotel at Lennons

Brisbane, Queensland

Australia

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Welcome to Country

Auntie Carol Currie

Auntie Carol is a Pooneeba and Mununjali Elder from South-east Queensland. She was born in Fingal and now resides in Brisbane.

Facilitator

Ms Leilani Pearce

Presenters

Professor Cindy Shannon Director, Centre for Indigenous Health; Pro Vice Chancellor, The

University of Queensland

Mr Romlie Mokak Chief Executive Officer, Australian Indigenous Doctors Association

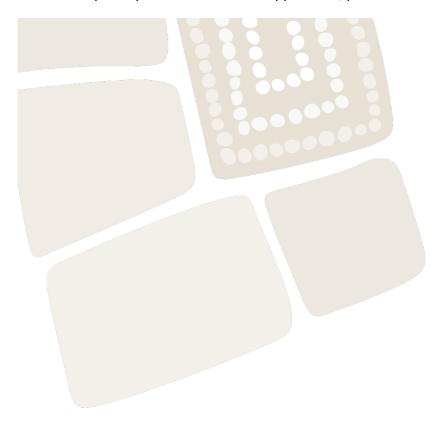
Mr Tom Brideson Statewide Coordinator, NSW Aboriginal Mental Health Workforce

Program

Mr Alwin Chong Program Leader, The Lowitja Institute

Professor Judith Dwyer Program Leader, The Lowitja Institute

A full list of participants is available in Appendix 2, p.43.



Workshop Aims

An overview of the expectations from the Roundtable Professor Judith Dwyer

Judith outlined the purpose of the Roundtable, which is to gather ideas and knowledge from the participants that will enable the Institute to commission one or two workforce research projects that address high priority areas. We hope that at the end of the day we will have a few clear proposals for areas of research focus that we can take away and develop further. Ultimately, we will commission research teams to conduct projects based on the thinking from today, and we aim to commence the commissioning process with a call for Expressions of Interest before the end of 2011.

Judith also outlined the context of the Roundtable including the following:

- Program 3 aims to make a contribution towards the development of a good body of knowledge that will enable government and the community health sector to plan and implement better systems;
- to get below the 'business as usual' idea and discover levers for change;
- to understand what workforce resources are needed for good practice in recruitment and retention;
- to develop policy instruments for improving capacity with the health industry; and



• to use previous research such as Better Hospital Care project currently implemented at St Vincent's hospital in Melbourne to demonstrate and improve effectiveness and capacity within the health workforce.

Targeted workforce research has the potential to contribute on several levels to knowledge, resources and models and or tools to assist both the Aboriginal community controlled health sector (ACCHOs) and the health industry in general.

Presentation Abstracts

Presentation slides are available in Appendix 1, p.10

What do we need to know about workforce? Professor Cindy Shannon

The current political context of 'Close the Gap' is really building on 1989 Health Strategy work. At the Institute for Urban Indigenous Health, based in Brisbane, the focus is the entire health workforce. The 2004 Australian Medical Association (AMA) report card estimated that there was a need for 880 additional health professionals—the education pipeline into Indigenous health is not growing. The Council of Australian Governments (COAG) committed \$171m over four years to workforce but we need models that deliver good outcomes, address clinical and non-clinical roles, and address urban/remote issues. There is concern about the role of Aboriginal Health Worker (AHW) training and recognition. The Department of Health has 300 employees.



Size and Impact

There are approximately 950 remote communities with less than 100 people each across the Northern Territory, Western Australia and Queensland. South-east Queensland has a population of about 50,000 Aboriginal and Torres Strait Islander people, more than the whole of Victoria.

The workforce stream at the Indigenous Urban Health Institute starts early, at least undergraduate—and perhaps secondary school. There is a need to develop multi-campus clinical networks, to have clinical guidelines for decision-making in Aboriginal and Torres Strait Islander health. We need to look at the barriers and enablers for uptake by Aboriginal Health Services of COAG reforms; to set benchmarks, for example, in education.

Research

What is the impact of the `new workforce'? What is the role of AHWs? Which service models facilitate successful workforce approaches?

Workforce planning

Workforce focus within health services research—to fix things you always come back to workforce. What are the skills enhancement needed? There is no evidence to justify the resources going into general practice. The issue of workforce needs was not discussed adequately with the National Aboriginal Community Controlled Health Organisation (NACCHO) and ACCHOs.

Challenges in workforce policy and planning Mr Romlie Mokak

Pathways and pipeline; the new workforce = outreach, tobacco and lifestyle workers. They are, in a sense, a parallel workforce to the ACCHO workforce. So where are we on the mainstream agenda?

Relationship with National Health Practitioners Regulation Authority, Health Workers Australia and Aboriginal and Torres Strait Islander Workforce Strategic Framework—there should be no cherry-picking by mainstream. We need a collective health lobby that brings together the peak bodies and the professional association. The Indigenous VET sector has offered alternative pathways with RPL and articulation; vertical integration of medical and education training, supporting and connecting health leadership.

Accountability frameworks required for the non-Indigenous systems to be accountable. The strategies for retention in our area has been the connection between the Aboriginal Medical Services and tertiary institutions. Cultural safety was non-negotiable. The AMA included the working of sovereignty. We are all evidence-building in this work—where there isn't evidence articulated.



Supporting workers – What's the long-term view Mr Tom Brideson

Presentation to discuss the acute areas at community level in relation to community mental health teams in NSW. There are 30 staff members in the Far Western Health District. There is a 'Psychiatry Monitoring project' that has disaster plans layered over cultural frameworks; see <www.health.nsw.gov.au>.

Aboriginal mental health worker workplace learning placements through the university are part of strategy to grow workforce locally, which contributes to recruitment and retention. The award is a two-way process educating mental health staff about Aboriginal history and issues, celebrating success, defining the workforce. We want to be proactive rather than reactive and on the back foot.



General Discussion

After the presentations, a general discussion took place around suggestions for possible research. The following themes were agreed for discussion within small breakout groups:

- 1. pipeline and pathways
- 2. new workforce existing workforce
- 3. workforce planning
- 4. workplace learning.

The breakout groups were asked to develop their theme into a research proposal and then into a marketing proposal to be presented to the main meeting. Roundtable participants were asked to vote on the best research proposal.

1. Group Presentation

Theme: Pipeline and Pathways

Topic: How do we measure the

effectiveness of Aboriginal knowledge on patient care?

Presented by Alwin Chong (2 participants)

Rationale:

Limited workforce – may not fill the demand

Experienced health workers are in demand by other sectors

The drainage of workers is not being replaced

Registration with definite roles/

responsibilities.



Who:

 $Inclusive - State, \, NGOs, \, ACCHOs, \, AMIC, \, SEWB \, \& \, \, Mental \, \, Health$

What would you investigate?

Well thought through career pathways

What is the future of the ACCHOs?

How do you know if the employment strategy is working?

Evaluate effectiveness.

Outcomes:

How would this knowledge be agreed?

Measure the effectiveness of Aboriginal knowledge on patient care

Develop career pathways.

2. Group Presentation

Theme: New workforce – Existing Workforce:

Topic: Impact of closing the gap – Initiating on the workforce for local health service

delivery to Aboriginal people

Presented by Christine Ross (5 participants)

Rationale:

Descriptive information of 'old' and 'new' workforce

Who are they?

Where are they?

Identify the unintended but foreseeable consequences of creating new workforce categories

Ensure future funding initiatives that build on the existing workforce i.e. don't create another position that already exists.

Outcomes:

Get rid of duplication with new initiatives.

3. Group Presentation

Theme: Workforce planning

Topic: How systems support effective workplace learning for effective Aboriginal and Torres Strait Islander Health

Presented by Janine Englehardt (5 participants)

Rationale:

- a) Identify the workforce to achieve equality in health outcomes for Aboriginal and Torres Strait Islander people.
- b) Elements to investigate:
 - investing in areas for optimal health gain
 - establishing a workforce model(s) in Primary Health Care, as well as acknowledging social and cultural determinants
 - financing frameworks that flexibly respond to community identified needs
 - connecting health education, training and service delivery horizontally and vertically with quality outcomes and focus
 - identification of Aboriginal and Torres Strait Islander workers in all collections
 - analysis and monitoring against targets.

Outcomes

In a timely fashion

Influence policy/programs effort across portfolios/agencies/politicians

Having agreed measures. Preferred indicators – accountability

Provide communities/services with and as an advocacy tool.

4. Group Presentation

Theme: Workplace Learning:

Topic: How systems support/effect workplace learning for effective Aboriginal and Torres

Strait Islander health

Presented by Jenny Brands (6 participants)

Rationale:

What would be investigated: Strengths based. Existing models, across jurisdictions, tertiary and primary disciplines?

Develop sustainability and continuous improvement models.

How applied:

Stage 2: applying to other settings and what is required to support that wider application.

Outcomes:

More appropriately skilled with better retention rates. Workforce to be more client-focused and less burn out. A more collaborative approach is needed.

Synthesis and checking of results

There was a general discussion and voting after each presentation, participants were then asked to vote by scoring their preferred topic with a gold dot (2 points) for their first preference and a red dot (1 point) for their second preference.

1. Pipelines and Pathways (2 gold, 1 red)	5 points
2. New Workforce and Existing Workforce (8 gold, 2 red)	18 points
3. Workforce Planning (5 gold, 8 red)	18 points
4. Workplace Learning (4 gold, 8 red)	16 points

The votes favored New Workforce and Existing Workforce (2) followed by Workforce Planning (3).

The Next Step

Judith explained the next step: Further discussions within the program area will now follow with a decision on what will be possible. Participants will receive the notes taken from the Roundtable including PowerPoint presentations.

- Once the research proposals are develop input from participants will be required.
- There will be a call within the Lowitja Institute partnership for expressions of interest to conduct the research.
 - The expression of interest document is available from the Lowitja Institute website at http://www.lowitja.org.au/announcements/call-expressions-interest-two-workforce-policy-projects.

Workshop closed: Leilani thanked everyone for attending and handed over to Alwin Chong to close the Roundtable; Alwin also thanked participants for their input. He thanked Leilani for facilitating and Vanessa Harris and Cheryl Cole for organising the Roundtable on behalf of himself and Judith.



Appendix 1: Presentations Slides

What do we need to know about workforce? Professor Cindy Shannon



Workforce Workshop 15 September 2011

Cindy Shannon

UQ Indigenous Strategy Workshop



For Consideration:

- The recent and current political context and implications for workforce
- The Aboriginal and Torres Strait Islander health workforce and implications for:
 - The entire health workforce
 - The training and employment of Aboriginal and Torres Strait Islander peoples in the health professions
 - The future of the Aboriginal and Torres Strait Islander health worker workforce
- The example of the Institute for Urban Indigenous Health



Workforce Shortfall

- AMA estimates (2004) based upon methodology developed by Access Economics:
 - Additional 880 health professionals needed to address critical shortages in Indigenous health (430 doctors and 450 other health professionals)
 - Estimated cost of \$36.5m/year (\$167m over 6 years)

UQ Indigenous Strategy Workshop

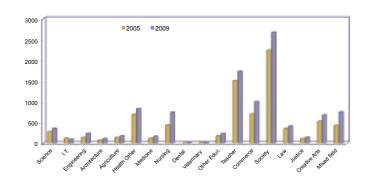


Indigenous worker shortage in the general workforce (AMA 2004):

	Numbers in 2001	Pro Rata	Gap
Medical Imaging	14	163	149
Dentists	13	174	161
Nurses	789	3359	2570
Pharmacists	10	285	275
Occupational Therapists	7	126	119
Optometrists	5	64	59
Physiotherapists	29	242	213
Aboriginal health workers	853	2000	1147



Number of all Aboriginal and Torres Strait Islander students by broad field of education, 2005-2009

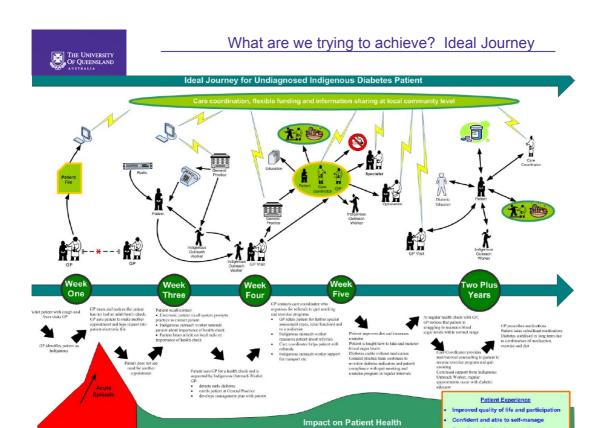


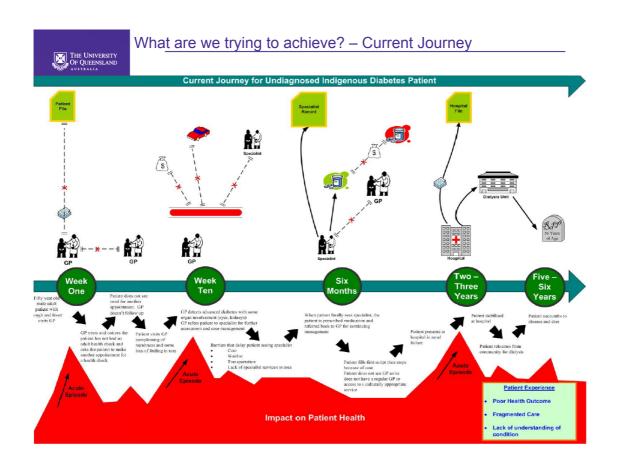
UQ Indigenous Strategy Workshop



Close the Gap: \$171million over 4 years

- Workforce Education and Training
- Expanding the Outreach and Service Capacity of Indigenous Health Services
- •Improving Indigenous Access to Mainstream Primary Health Care
- A National Recruitment Campaign
- Clinical practice guidelines for working with Aboriginal and Torres Strait Islander peoples

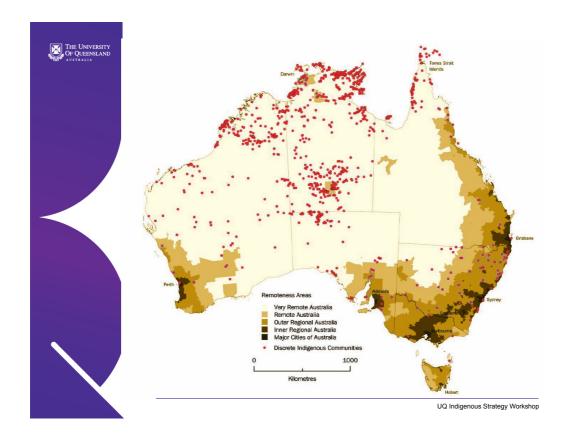






Role of the Aboriginal Health Worker

- Implications of Government policy
 - -Areas of specific policy development
 - -Role of workforce planning
 - -COAG reform agenda
- Implications of registration
 - -Clinical and non-clinical roles
 - -Urban/remote issues







Urban Indigenous populations Put into perspective....

- The Aboriginal and Torres Strait Islander population of SEQ is:
 - o Greater than the entire Indigenous population of Victoria
 - Greater than the entire Indigenous population of SA
 - About 2/3 the total Indigenous population of the NT
 - More than half the total Indigenous population of WA



Workforce Comparisons

Service	Pop Base	Dr : Ind Pop	Nurse : Ind Pop	AHW : Ind Pop
TAIHS*	5846	1:191	1:2973	1:2973
SCAMSAC*	1204	1:1204	1:1204	1:1204
NHC*	2833	1:1416	1:118	1:104
IUIH 1	27059	1:6440	1:3656	1:3006
IUIH 2	5382	1:2691	1:2691	1:1345

*Based on 2001/02 data

UQ Indigenous Strategy Workshop



What was needed in SEQ

- Map current status of Indigenous Health and Education within UQ Faculty of Health Sciences
- Set targets / aims of Indigenous Health and Education within the curricula of UQ Faculty of Health Sciences for what we would like to achieve
- Identify and implement evidenced-based strategies to implement, monitor and review Indigenous Health and Education within the Faculty of Health Sciences
- Funding for the employment of a workforce coordinator with IUIH



What will be achieved

- Capacity Planning and Programming
 - Establish multi-campus teaching centre (Inala first node)
 - Establish Clinical guidelines
- Workforce Recruitment and Development
 - Establish additional registrar posts and nursing placements in Indigenous health services
- Workforce Research
 - Research programs on workforce perceptions, barriers and expectations
 - Establish appropriate workforce benchmarks for urban services

UQ Indigenous Strategy Workshop



Student Recruitment and Retention targets for clinical placements within Aboriginal and Torres Strait Islander Medical Services in South East Queensland – The University of Queensland

Field	Rotations	No. Students	Total	Year
Medicine	4	2	8	2010
	4	4	16	2011
	4	6	24	2012
Allied	2	4	8	2010
Health				
	2	8	16	2011
	2	12	24	2012
Dental	2	2	4	2010
	2	4	8	2011
	2	6	12	2012
Total:	24	48	120	



In terms of research:

- Impact of the "new workforce"
- Continuing role of the Aboriginal health worker
- Service models that facilitate successful workforce approaches
- · Appropriate models for workforce planning
- Workforce focus within health services research

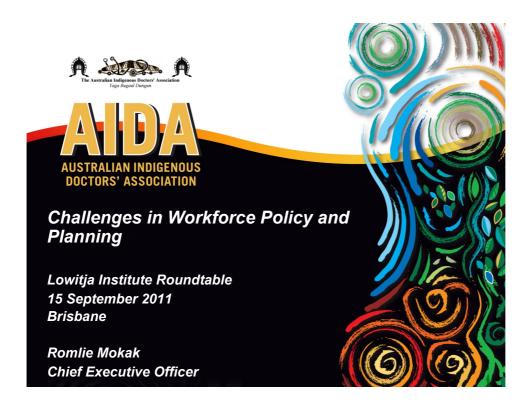
UQ Indigenous Strategy Workshop



Thank You

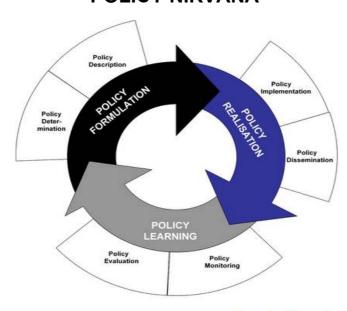
c.shannon@uq.edu.au

Challenges in workforce policy and planning Mr Romlie Mokak





POLICY NIRVANA





REFORM BUFFET

- Primary Care Strategy
- National Preventative Health Taskforce
- National Health and Hospital Reform Commission
- National Health and Hospitals Network
- Medical Locals
- Local Hospital Networks
- · Closing the Gap
- NIRA/NPAs
- And the rest....

Leadership, Partnership, Scholarship



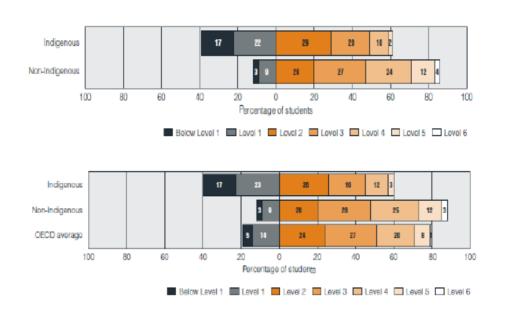
HEALTH WORKFORCE SMORGASBORD

- Health Workforce Australia
- Australian Health Practitioners Regulation Authority
- National Aboriginal and Torres Strait Islander Training Package
- NIHEC Workforce Forums
- National Aboriginal and Torres Strait Islander Health Workforce Strategic Framework
- Aboriginal and Torres Strait Islander Professional Associations
- Indigenous Education Action Plan
- Indigenous Economic Development Strategy

 Leadership, Partnership, Scholarship



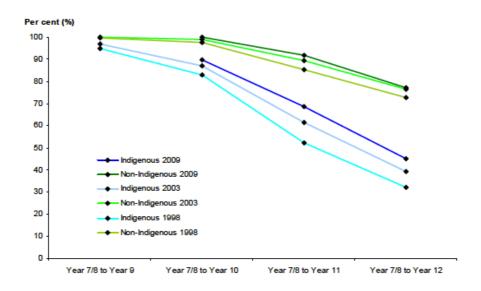
PISA 2006 MATHS/SCIENCE LITERACY



Leadership, Partnership, Scholarship

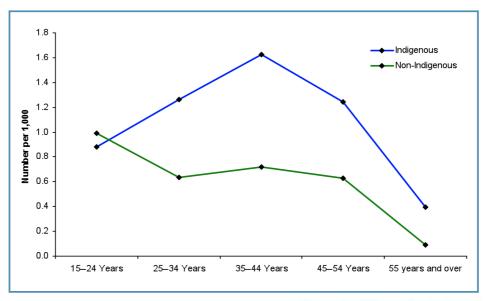


7-12 RETENTION





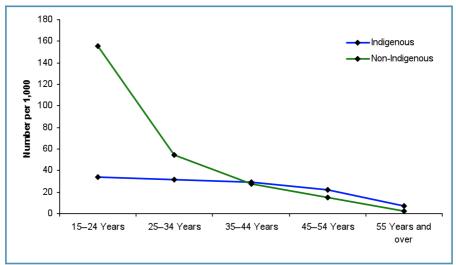
HEALTH RELATED VET SECTOR COMPLETIONS, 2007



Leadership, Partnership, Scholarship

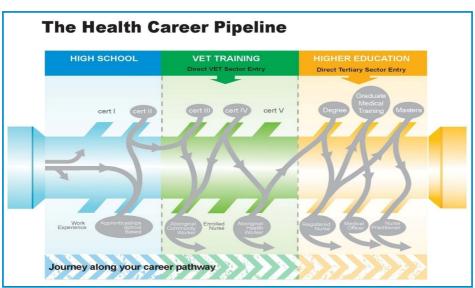


HIGHER EDUCATION HEALTH RELATED COURSE ENROLMENTS 2006





HEALTH WORKFORCE PIPELINE



Leadership, Partnership, Scholarship



ABORIGINAL AND TORRES STRAIT ISLANDER DOCTORS

- Professor Helen Milroy first Aboriginal doctor, 1983 (century after Maori, Native American etc..)
- By 1993, only another 7 graduate medicine
- In 2010:
 - 150 graduates
 - 160 students
- Most in General Practice (over 45 in training)
 - Surgeon x 1
 - Psychiatrist x 2
 - Obstetrician x 1

 - Cardiologist x 1 Paediatrician x 0 Ophthalmologist x 0
- Vertical integration med ed/
- Supporting/connecting orgs in health leadership
- Accountability frameworks







KEY INTERVENTION POINTS

- Build the secondary school pipeline
- Build the articulation between the VET sector, health workforce & higher education
- Increase higher education completions
- Performance measurement
- Health system strategies for retention



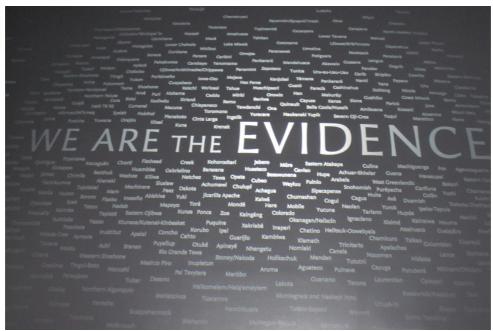
NGANGKARI AT MOADOPH



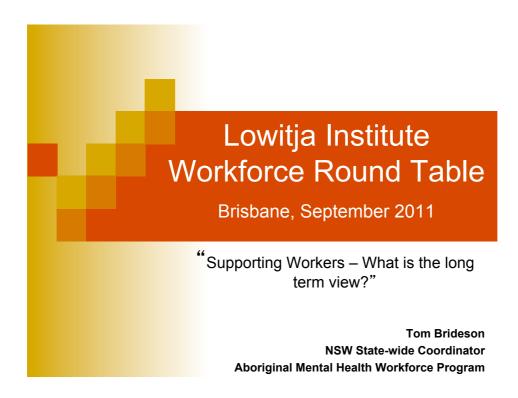
Leadership, Partnership, Scholarship



ENDURING EVIDENCE



Supporting workers – What is the long-term view? Mr Tom Brideson





Overview

- Who am I, my motivations and the struggle
- Evidence building where it doesn't exit
- Aboriginal Health environment
- Changing the landscape
- Workforce dreaming



Aboriginal Health Workforce

- In 2006 Indigenous Australians were underrepresented in almost all health-related occupations and comprised 1% of the health workforce.
- Indigenous students were also underrepresented among those completing graduate courses in health (approx 1%).

ABS 2008



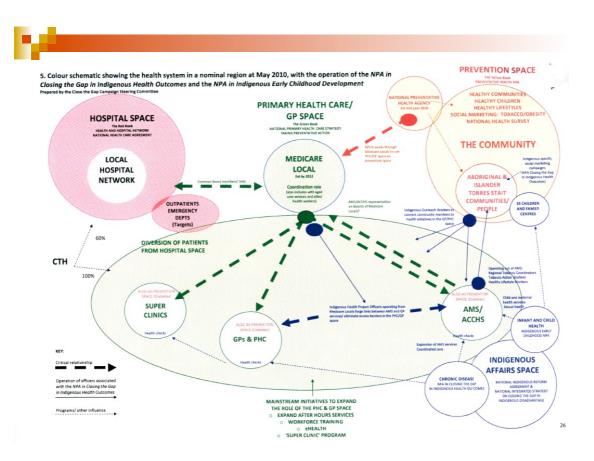
Expectations Consumers/Carers

- What should Aboriginal consumers and carers expect from MH Professionals?
 - ☐ The best possible treatment
 - □ Respectfulness
 - □ A genuine understanding
 - □ Choice and timeliness
 - □ Help to meet their needs



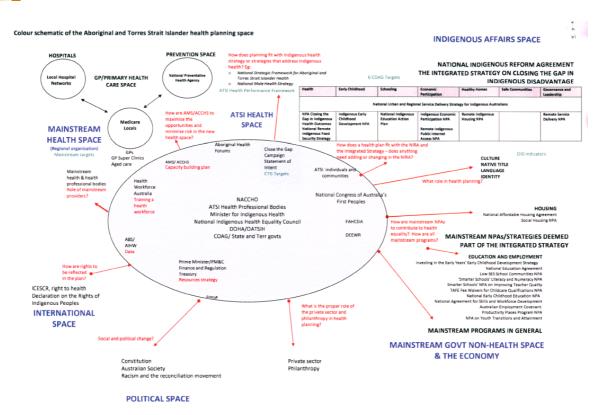


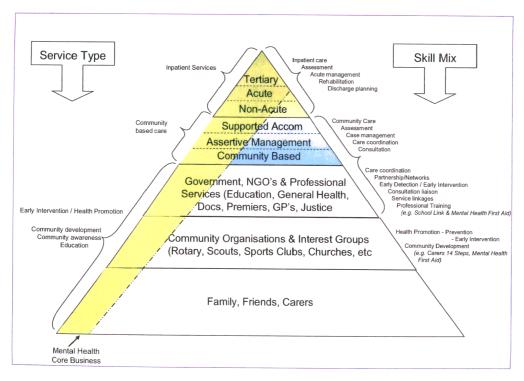












. Figure 6: Greater Western AHS MHDA Core Business (Roberts, 2007)



Program Publications



Jones, Carmel and Brideson, Tom (2009) 'Using policy and workforce development to address Aboriginal mental health and wellbeing', Australasian Psychiatry, 17:1, S72 — S74



Watson, Carol and Harrison, Nea (2009) New South Wales Aboriginal Mental Health Worker Training Program: Implementation Review. Cooperative Research Centre for Aboriginal Health and NSW Health

http://www.lowitja.org.au/files/crcah_docs/NSW%20Training%20Manual%20interactive.pdf



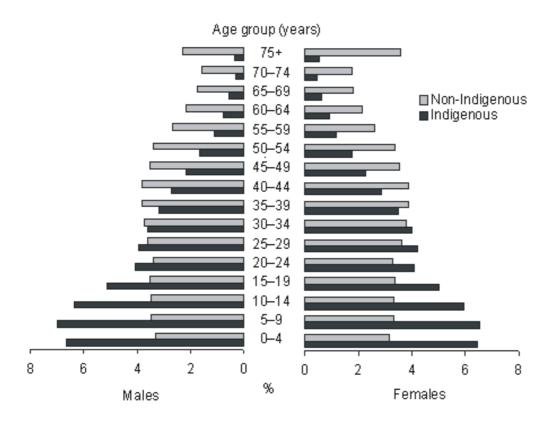
Watson, Carol and Harrison, Nea with Brideson, Thomas and Greenwood, Catherine (2010) Walk Together, Learn Together, Work Together: A Practical Guide for the Training of Aboriginal Mental Health Professionals in New South Wales. Cooperative Research Centre for Aboriginal and Torres Strait Islander Health

http://crrmh.com.au/Aboriginal-Mental-Health-Workers-Training-Program/



Limited Statistics that we know

- Higher levels of psycho social distress
- Higher levels of Suicide and Self Harm
- Higher levels of acute MH admissions (x3)
- Higher levels of
 - □ Health problems
 - □ Social disadvantage
- Lower levels of
 - □ Life expectancy
 - Educational outcomes





Changing the landscape

- There has to be a better story
- Linking with existing services/programs
- Making sustainable relationships
- Making the story relevant
- Building evidence where it doesn't exist
- Supporting existing programs through an evidence base



Western and Far Western Local Health Districts, NSW

- Aboriginal publication agenda
 - □ Responding to adversity
 - Psychiatry mentoring project
 - □ Aboriginal Management Committee
 - □ Practical Guide development (NSW)
 - □ Aboriginal managers of MH Services
 - □ Older Aboriginal Persons project



Example One

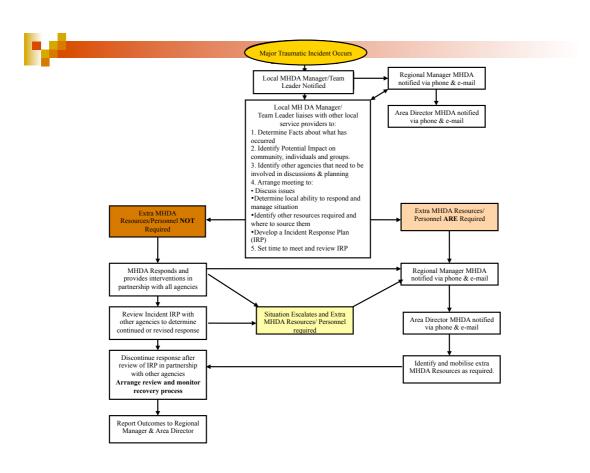


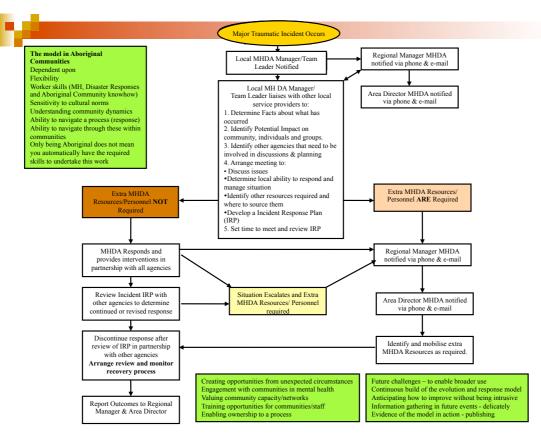
Community Incidents

Community 1	Community 2	Community 3
Death of a child	Multiple Suicides	House fire
Multiple Family issues	People related	Grandfather/Grandchild
Complex set of issues	Limited services	Lots of witnesses
Known to service	Reasonably isolated	Limited services
High Aboriginal population	High Aboriginal population	High Aboriginal population

Common issues/threads

High numbers and/or % of Aboriginal people in Communities
Beyond the usual incident, highly emotive and stretches local capacity
Local (Aboriginal) workers immersed in community and incidents
Support was required for services to do what they need to do







Why use the Disaster Plan?

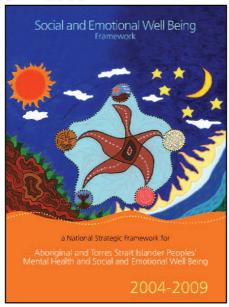
- By aligning this model to existing formalities of a mental health service response (disaster plans exist in every service) it enables the service to play a very important and active role at a local level which assists communities to deal with the incident during a very stressful time
 - ☐ It requires thought, planning, support and commitment
 - ☐ It gives services a framework to become involved which once activated engages the whole system
 - Communities and services want to connect better
 - ☐ It may be a point of future community intervention
 - □ It is a simple concept, sustainable and cost effective



Example Two

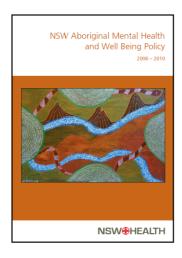


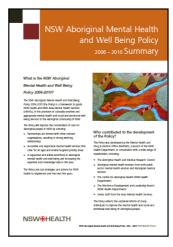
National Strategic Framework for Aboriginal and Torres Strait Islander Mental Health and Social and Emotional Well Being 2004 – 2009

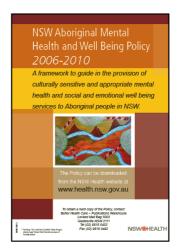




NSW Aboriginal Mental Health and Well Being Policy 2006 - 2010







Copies Better Heath Care – Publications Warehouse 02 9816 0452 www.health.nsw.gov.au



Workforce Program directions

- Increase the Aboriginal mental health workforce;
- 2. Increase the quality of the workforce;
- Increase the accessibility, responsiveness and effectiveness of mental health services;
- 4. Increase the number of Aboriginal people accessing mental health services; and,
- Improve treatment outcomes for Aboriginal people who have mental health problems.



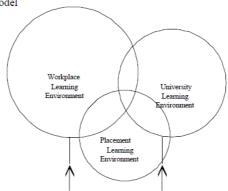
Program - Key Points

'At a Glance'

- Identified positions
- Funded as enhancements
- Trainees employed in all AHS's
- AHS's Recruit and Develop Trainees
- On the Job Training
- Linked to University Degree
- AHEO Award non Graduate
- 3 year Traineeship
- Successful Completion Ongoing Employment
- Transfer to Graduate AHEO or HP Award
- Success dependent upon AHS Leadership
- Practical Guide provides agreed implementation for Program
- Coordination & Implementation is monitored S/W Coordinator



Aboriginal Mental Health and Drug and Alcohol Training Program Learning Model



Mental Health Competencies (Based on National Practice Standards for Mental Health Workforce 2002)



Aboriginal MHW are clinicians

- Almost 50 Trainees
- Negotiating a relevant award
- National Practice Standards MHW's
- Sustainability
- This is about the pointy end of care
- The role as a specialist role
- All 5 MH Professions have a poor record
- Growing a workforce 'locally'



Need and requirements

- NSW target is 1:1000
- We have the potential to make 850 in NSW over 51 years with no extra effort
- Culture is not the only criteria for this work
- The model is about recruitment/retention
- 4 cousins x 4 kids x 4 kids = 64 (how will the current effort respond to these kids?



Imagination?

- Breaking Down Barriers
- AMH Committee's of Relevance
- Cross Fertilisation
- Professional Marketability
- Complimentary v Supplementary
- Understanding Language
- Portable Skills



...Continued

- Building Worker Capacity
- Building a Critical Mass
- Boosting Organisations
- Professional Networks
- Educating the Workplace on community
- Educating the Community on MH
- Creating Better MH Responses



Future workforce dreaming

- Articulation Professional Pathways
- Sustainable Long Term Solutions
- Building a Critical Mass
- Adequate Funding/Resoucing
- Quality Programs & Students
- Improved Supervision & Support
- A Variety of Models and Choice
- Meaningful career pathways



We should be thinking through

- What do we want in 20, 30, 50 years
- We need to honour the people before us
- Are there other ways of looking at this
- When do we celebrate success
- Building the value of existing programs
- Defining the workforce we want
- Working towards that goal



2.5%

CLOSE | | = GAP

National Indigenous Health Equality Targets

Outcomes from the National Indigenous Health Equality Summit Canberra, March 18–20, 2008

= 2.5%



Aboriginal and Torres Strait Islander Social Justice Commiss and the Steering Committee for Indigenous Health Equality





Contact

Tom Brideson, State-wide Coordinator Social and Emotional Wellbeing Centre Bloomfield Hospital Forest Rd Orange NSW 2800

Thomas.Brideson@gwahs.health.nsw.gov.au

Phone 02 6360 7891 Fax 02 6362 8924

Appendix 2: Workshop Attendance List

PRESENT

Dianne Walker
Vanessa Harris
Elizabeth Orr
Freda Masina
John Willis
Michelle Winters

The Lowitja Institute
La Trobe University
Mamu Health Service
St Vincent's Hospital

Della Yarnold Northern Territory Clinical School

Robert Dann Aboriginal Health Council of South Australia Inc.

Pat Maher Health Workforce Australia

Christine Ross Western Australia Department of Education
Barbara Pitman Human Service Training Advisory Council

Janine Englehardt National Aboriginal Community Controlled Health Organisation
Renee Williams National Aboriginal Community Controlled Health Organisation

Harry Miller Port Lincoln Aboriginal Health Service

Karen Mounsey Apunipima Health Service

Alison Nelson Institute for Urban Indigenous Health Deborah Askew Inala Indigenous Health Service

Chris Eldridge Queensland Aboriginal and Islander Health Council

Jenny Brands Menzies School of Health Research

Liz Izquierdo The Lowitja Institute

Cheryl Cole The Lowitja Institute (note taker)

APOLOGIES

Bronwyn Fredericks Faculty of Health, Queensland University
Chris Sara Queensland University of Technology

Clare Anderson Australia Health Workforce Ministerial Council
Gail Garvey Queensland Institute of Medical Research

Ruth Wallace Pawinee Yahun

Eileen Willis School of Medicine, Flinders University

Ian Crittenden Health Workforce Australia
Mark Cormack Health Workforce Australia

Anthony West Aboriginal and Torres Strait Islander Health Brisbane
Haylene Grogan Aboriginal and Torres Strait Islander Health Brisbane
Selwyn Button Queensland Aboriginal and Islander Health Council

Braiden Abala NT Department of Health Cleveland Fagan Apunipima Health Service

Judith McKay Human Services Training Advisory Council NT



Incorporating the Cooperative Research Centre for Aboriginal and Torres Strait Islander Health

The Lowitja Institute PO Box 650 Carlton South VIC 3053 Australia

T: + 61 3 8341 5555 **F:** +61 3 8341 5599

E: admin@lowitja.org.au **W:** www.lowitja.org.au