

The Grey Matters National Conference: Preventing and Responding to Alcohol & Other Drug Problems Among Older Australians



The ageing of populations is poised to become the next global public health challenge for the first time in history, people aged 65 years and older in the world will outnumber children aged younger than 5 years.

Advances in medicine and socioeconomic development have reduced mortality and morbidity rates.

These demographic and epidemiological changes, coupled with urbanisation, modernisation, globalisation, and changes in risk factors and lifestyles, have increased the prominence of chronic conditions.
Suzman, R., et al. Lancet (2015).

Wednesday 1 April 2015

The Education Development Centre

4 Milner St, Hindmarsh SA

9am – 5pm

Contact NCETA: 08 8201 7535

www.nceta.flinders.edu.au

nceta@flinders.edu.au



See over page
for details

Registrations are now open to attend the National Centre for Education and Training on Addiction's (NCETA) National Grey Matters Conference.

The Conference aims to:

- ◆ Promote better understanding, and raise awareness of, alcohol and other drug issues as they impact older Australians
- ◆ Clarify the implications, for the aged care sector and the alcohol and other drug prevention / treatment sector, of trends in alcohol and drug use among older Australians
- ◆ Identify possible ways forward for cross-sectoral initiatives and response strategies.

Areas of Focus

The conference will feature presentations on:

- ◆ Changing demographics | Polypharmacy | Ageing and the brain | Sleep
- ◆ Pain | Mental Health | Services and support needs.

Who should attend?

- ◆ Aged care service providers (community and residential) and policy staff
- ◆ Alcohol and other drug prevention, treatment and policy staff
- ◆ Primary care workers with a role in meeting the health and welfare needs of older Australians

CONFERENCE DETAILS

Wednesday 1 April 2015

Education Development Centre

4 Milner Street, Hindmarsh SA

Cost: \$195-00 (incl GST).

This includes a resource package, morning and afternoon tea and lunch.

Registration Details:

Registering for the *Grey Matters* conference involves 2 steps:

1. **Complete the online registration form** at <http://nceta.flinders.edu.au/general/news/grey-matters-national-conference/>
2. **Pay your registration fees.** The preferred method of payment is using the Flinders University's online IPAY system. Please click on <http://nceta.flinders.edu.au/general/news/grey-matters-national-conference/> and go to the payment options section.

Registrations will only be complete after payment has been received and processed. NCETA will send an email confirming your full registration once payment is received.

The closing date for registrations is **20 March 2015** and numbers are limited so please register early to avoid missing out.

Please contact nceta@flinders.edu.au or phone: (08) 201 7535 if you require further assistance and/or have any questions about the registration and payment process.



NCETA
Australia's National Research Centre
on AOD Workforce Development

Provisional

Program

9:00 AM 9:10 AM

Official Opening: Professor Ann Roche

9:10 AM 9:20 AM

Welcome to Country: Uncle Steve Goldsmith

9:20 AM 9:50 AM

Professor Ann Roche

The changing face of ageing

9:50 AM 10:20 AM

Professor Brian Draper

Alcohol and drugs and the ageing brain

10:20 AM 10:40 AM

MORNING TEA

10:40 AM 11:10 AM

Professor Paul Haber

Alcohol and other drug treatment and prevention perspectives

11:10 AM 11:40 AM

Dr Stephen Bright

Screening for alcohol and other drug problems among older populations

11:40 AM 12:10 PM

A/Professor Craig Whitehead

Polypharmacy plus alcohol and other drugs: Implications for older people

12:10 PM 12:40 PM

A/Professor Debra Rowett

Older people and harms from medicines: A pharmacy perspective

12:40 PM 1:20 PM

LUNCH

1:20 PM 1:50 PM

Professor Leon Lack

Sleep, older people, alcohol and other drugs

1:50 PM 2:20 PM

Professor Malcolm Battersby

Posttraumatic stress disorder and alcohol and drug problems: A focus on military veterans

2:20 PM 2:50 PM

Dr Tim Semple

Pain, older people and opioids and over the counter medicines

2:50 PM 3:10 PM

AFTERNOON TEA

3:10 PM 3:40 PM

Professor Mary Luszcz

Trends in medicine use among older Australians

3:40 PM 4:10 PM

Mr Ian Yates

Alcohol, medicines and other drugs: The rights of older Australians

4:10 PM 4:40 PM

Professor Margaret Hamilton

Bringing it all together: Potential cross-sectoral responses

4:40 PM

Close