

# National Centre for Education and Training on Addiction (NCETA) and Family Drug Support (FDS)

## Walking a Tightrope

Alcohol and other drug use and violence:  
A guide for families



### Alcohol- and Other Drug-related Violence

Alcohol and other drug use and family violence often occur together. Families already coping with a family member who uses alcohol and drugs can also be exposed to violent behaviours.

Living with a family member who uses alcohol or other drugs and who is violent can be frightening. It can feel like walking a tightrope. Specialist support and medical attention may be helpful.

This guide may also help you develop strategies to take care of yourself and your family.

## Invite you to the launch of Walking a Tightrope

*Walking a Tightrope* is a comprehensive resource for people who have a family member who uses both alcohol and other drugs (AOD) and violence in their relationships.

The Hon. Kevin Humphries, MP will launch this new resource at

**12.45pm, Monday 14 April, 2014**

**Parliament House Theatre**

**6 Macquarie St, Sydney**

The launch is followed by a **FREE workshop commencing at 2.00pm** covering:

- why the resource was developed
- the prevalence of co-occurring AOD use and family violence
- the challenges of working with AOD and family violence
- how the resource can be used in a range of situations
- strategies and guidance on working with clients with co-occurring AOD and family violence issues.

**To book please RSVP by email to [nceta@flinders.edu.au](mailto:nceta@flinders.edu.au) indicating attendance at the launch, workshop or both by 7 April, 2014.**

*Please include the name, organisation and phone number of all attendees.*

### Walking a Tightrope Workshop Presenters:

**Tony Trimmingham OAM**, CEO, Family Drug Support. Tony is the CEO of FDS an organisation he founded to assist families after the fatal overdose of his son Damien. FDS is primarily a volunteer organisation that supports families affected by AOD problems.

**Michael White**, Senior Project Manager - Workforce Development, NCETA. Michael has more than 20 years' experience in the community sector implementing workforce development strategies.

**Electronic copies** of the resource may be downloaded from the NCETA website: [www.nceta.flinders.edu.au](http://www.nceta.flinders.edu.au)

**Order hard copies** by email from [nceta@flinders.edu.au](mailto:nceta@flinders.edu.au), by phone on 08 8201 7535, or fax 08 8201 7550, or on the web at [nceta.flinders.edu.au/nceta/publications-and-presentations/order-publications/](http://nceta.flinders.edu.au/nceta/publications-and-presentations/order-publications/) or through Family Drug Support at [www.fds.org.au](http://www.fds.org.au)

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